

Join The Team

Become a Warrior To End HIV

**HIV
Prevention**

**PrEP
Education**

**HIV
Suppression**



**Arm yourself with knowledge at a
3-session risk reduction workshop**

**Tuesday, March 14, 21 and 28
12:30pm-2pm**

Being Alive—7531 Santa Monica Blvd., WeHo

**Light
Lunch**

**Gift
Cards**

**Bus
Tokens**

**Fun
Prizes**

**RSVP to Becky Hardin at 323-874-4322
Space is limited!**

Funding by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs.

March 2017 Calendar



Being Alive

**7531 Santa Monica Blvd #100 West Hollywood, CA 90046
(323) 874-4322 Monday - Friday: 10:00am to 6:00pm
www.beingalivelife.org**



Acupuncture*

Mondays 1:00p to 4:30p
Wednesdays 1:30p to 4:30p

Ceramics at Specs Appeal
7976 Santa Monica Blvd

Saturdays 1:00p to 5:00p
Sundays 1:00p to 5:00p
Mondays 1:00p to 5:00p

Chiropractic

Fridays 1:00p to 4:00p
No Appointment Required

New members and those who haven't been to the Chiro Clinic in over a year must arrive before 3pm to complete paperwork.

Hypnotherapy with Dean Williams

Thursday 12:00p to 8:00p
Call for Appointment (562) 331-6088

Psychotherapy*

In partnership with Antioch University, counseling is provided by appointment after an intake specialist conference. Couples counseling is also available. Please call (323) 874-4322 for details on our **Antioch Alive** program.

Facial Rejuvenation Clinic*

In partnership with Robert H. Cohen, MD of Westside Aesthetics, Sculptra treatment is provided by appointment and approval only. Call 323-874-4322 for more information.

Yoga

Saturdays 10:30am-12:00pm
At Palm View Apartments
Partnering with the Actors Fund, contact Being Alive for more information.

ADAP / OA-HIPP Enrollment

Being Alive can now assist you with your ADAP needs. Please call for more information.

New 2017 Commitment Fees

Due to the large number of NO SHOWS and last minute CANCELLATIONS, we are instituting a commitment fee for most services.

For example, our therapists could have seen members for **780** more sessions if everyone attended as scheduled.

Beginning January 3, 2017, the following services will require a nonrefundable appointment commitment fee:

Acupuncture = \$2

Dinner and a Movie = \$2

Ticketed Events & Field Trips (in advance) = \$2

Mental Health Therapy = \$5

Sculptra = \$5

Payment is required at the time of service. No Shows will have to pay for missed appointments before being rescheduled.

There is a wait list for many services at Being Alive. Cancellations and no shows prevent other members from receiving services.

***Reservations Required: Contact Being Alive (or provider)**

See wellness & support pages for details.



30th Anniversary Gala Event
Gala Volunteer Committee Meetings
Every Friday: 5:00pm to 7:00pm

*Want to attend the gala for free?
Only those who join our working gala committee will get in.
This is a working plan committee.
The following volunteer positions are needed:*

Bidding Paddle Monitors
Marketing & Press Releases
Silent Auction & Guest Table Hosts
Guest Registration
Design, Decorating & Staging Team
Entertainment & Stage Coordinators
Program Team
Awards Coordinators
Volunteer Coordinator
Silent Auction Team
Event Logistics Captain



Contact Jamie or Garry if you are interested. A limited number of volunteers will be allowed so sign up today.
(323) 874-4322 or email jamie@beingalivela.org



March 2017 at
Being Alive!

2—Medical Update
11—American Youth Sym.
14—HIV Warrior Workshop
18—Resiliency Workshop
24—LA Philharmonic
25—Sample Saturday WeHo
30—Fat vs. VAT Luncheon

Coming in
April 2017

2—Off Sunset Festival
13—Convergence Healing

Coming in
May 2017

20 & 21—Long Beach Pride



**A cure for
millions
begins with
a single
volunteer.**

UCLA HIV Research Study
Volunteer Project is looking
for individuals who are
HIV positive and negative,
men and women,
trans and cis,
over the age of 18.

SIGN UP TODAY
310-557-3675
www.hivrsvp.ucla.edu

BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

PUBLICATION	ONLINE
<p>Being Alive Month Calendar of March 2017</p> <p>Editor: Garry Bowie Publisher: Jamie Baker 7531 Santa Monica Blvd #100 West Hollywood CA 90046 323-874-4322</p>	<p>Client-members are encouraged to use the Being Alive website for the latest information and updates.</p> <p>www.beingalivela.org</p> <p>Help us reduce our mailing expenses by letting us know if you prefer to get your information via the website.</p>

APPOINTMENT & CANCELLATION POLICY

Many events, activities, clinics and some groups require reservations.

All items requiring reservations will have a footnote reference.

Please call Being Alive to make a reservation (or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL

NO SHOWS for Wellness Center require a \$5 fee to reschedule.

NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.

NO SHOWS for events where food is provided may be restricted from signing up for future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742

Donations are greatly appreciated.
Consider be part of our new donor wall.

Prevention for Positives Program

Got Questions? Worried? Need Help?

Our trained Health Educators are here to listen, help you learn the latest in health information, and help you develop a personal plan.

We can offer emotional support, prevention and referrals when needed.

Six no-cost sessions. Receive incentives during sessions.

Call Becky or Sam at (323) 874-4322 for more information.

Funding by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs.

Los Angeles Philharmonic

at Walt Disney Concert Hall.

Friday, March 24th, 8pm

Program Includes:

Dvorak—Violin Concerto, Carnival Overture

Brahms—Piano Quartet in G minor

RSVP—Only 20 Tickets Available

(\$2 Commitment Fee)





A Weekly Support Group For HIV+ M

Every Friday Night !

7:00 pm—9:00 pm

1151 N. La Brea Ave.

West Hollywood, CA

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ men who can support each other in a compassionate and uplifting way.

Join facilitator Gary O'Brien who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.

Sponsored by Being Alive

Contact Jamie@beingalivela.org

Or call 323-874-4322 for more information



Support / Social Groups

All of our peer groups provide a non-judgmental, safe and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email jamie@beingalivela.org or (323) 874-4322

Mondays

"Dinner & A Movie" - 7:00pm-9:00pm (*Being Alive Offices*)

NEW! A fun movie paired with "light fare" themed to the movie. Bring a pillow, dress in themed attire if you so desire, and enjoy some laughs and fun. Since "light fare" is provided (snacks), you must RSVP by Friday at 6pm! Being Alive cancellation policy applies. Call 323-874-4322 to RSVP. Space is limited.

Tuesdays

Shameless: Dirty, Sexy and Fun - 6:00pm-7:30pm (*Being Alive Offices*)

A weekly drop-in therapy group that takes the shame and stigma out of sex for HIV+ individuals or sero-discordant couples. New topics weekly!

Let's "Taco 'Bout It" - 7:30pm-9:00pm (*Micky's WeHo*) This open social group meets at Micky's for "Taco Tuesday." \$5 all you can eat tacos. Get out of your rut and meets some new friends!

Wednesdays

Wise Guys - 7:00pm to 9:00pm - (*Being Alive Meeting Room*)

An empowering drop-in social group for men and women over 35. The theme is discussing issues related to aging with HIV and meeting long term survivors dealing with HIV.

Thursdays

Positively New - 7:30pm to 9:30pm (*Being Alive Meeting Room*)

A fun support group for those newly diagnosed or "newly-identified" under 35 with an emphasis on coping skills, education, emotional well-being and referrals. This group is facilitated by Brian Risley.

Fridays

Friday Night Lite - 7:00pm to 9:00pm (*1151 N. La Brea, W. Hollywood 90038*)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ men who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Gary O'Brien.

AA Meetings - 7:00pm to 9:00pm (*Being Alive Meeting Room*)

A 12-step group for those with dependency issues..



Did You Know?

Being Alive is now an ADAP / OA HIPP Enrollment Site?

AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication. Individuals are eligible for ADAP if they:

- are a resident of California;
- are HIV infected;
- are 18 years of age or older;
- has a Modified Adjusted Gross Income of not more than 500% of Federal Poverty Level (FPL), based on household income (e.g., \$59,400 for a household of one);
- have a valid prescription from a licensed California physician; and
- do not qualify for no-cost Medi-Cal.

OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Have an HIV/AIDS diagnosis
- Be a California resident
- Be at least 18 years old
- Have a Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size (Effective June 24, 2015)

Same day appointments available. Please have CA ID, insurance card, utility bill, labs with CD4 and viral load, / diagnosis form, and proof of income (tax return or 3 months of pay stubs).

Call 323-874-4322 for more details and to schedule your appointment



Is it FAT or VAT?

If you have HIV, it's important to know the difference

Visceral adipose tissue (VAT) isn't just "regular" fat. VAT is a hard fat that can be found around organs, mostly in the abdomen (stomach) area.

In excess, VAT may be associated with serious health issues.
Learn why it may be important to manage.

Come to a Luncheon Discussion to find out more!

Thursday, March 30th, 2017

Noon to 1:00pm

Plummer Park Community Center

RSVP to 323-874-4322 or
jamie@beingalivela.org

Presented by Gayle Rutherford of Thera Technologies



Let's Taco 'bout it!



Taco Tuesday Social Group

Tuesdays at 7:30pm

**At Mickys—8857 Santa Monica
West Hollywood**

\$5 AYCE Tacos & Drink Specials

Coordinated by Anthony B.

Come socialize, meet new friends,
and have some tacos.

A Being Alive Social Activity



Encourages you to attend the following:

Resiliency; Self Care & Advocacy in Troubled Times

A Free Half-day Workshop in West Hollywood

March 18, 2017

10 am – 4 pm

Space is Limited!

Produced by  Life Group LA

KEY NOTE SPEAKERS



Mark Edgar Stephens
Professional
Development Coach



Garry Bowie
Being Alive
Executive Director



John Sovoc
MA, LMFT

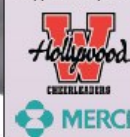


C. Nathan Bergeron
LMFT, L.Ac.



Dr. Neva Chauppette
Psy.D

Supported in part by:



The LGBTQ & Allies community has a long history of standing up in the face of societal & cultural opposition to fight for our right to safety, openness, healthcare & freedom. Whether it was the Stonewall riots, the response to the AIDS crisis, or the fight for marriage equality, we have come together to as a community to support each other & manifest change.

In today's turbulent & uncertain environment, we once again have an opportunity to ignite our powerful community in the name of mutual support & activism.

Join us March 18 to connect, empower & grow with our workshops:

Bounce Back – Learn to battle the downward spiral of negative messages & create a more powerful outlook on your daily life

Activism 101 – The nuts & bolts of how you can be an activist in your community

Staying In Your Resiliency Zone – Powerful tools to manage stress

Seeing Through the Alternative Reality – How to defend & sustain yourself against messages of distorted reality & thrive in times of civil unrest

Snacks, Beverages, and Lunch Provided

Advanced Registration Required for Attendance

To register call 888-208-8081
or online LifeGroupLA.org/workshop

March 1	Wednesday 1:30p – 4:30p Acupuncture with Claudia & Friends 7p – 9p Wednesday Wiseguys
2	Thursday 12p—1p Meditation with Linda 12p—8p Hypnotherapy with Dean 5p—6p Zumba with Rachel 6:30p—8p Medical Update: Triumeq 7:30p—9:30p Positively New
3	Friday 1p – 4p NO CHIROPRACTIC CLINIC TODAY 7p – 9p Friday Night Lite 7p – 9p AA Meeting
4	Saturday 10:30a – 12p Yoga with Maya at Palm View Apts. 1p – 5p Ceramics Studio 1p—3p Acting Out Workshop 3:30—4:30 Writers Workshop
5	Sunday 1p—5p Ceramics Studio
6	Monday 1p – 4:30p Acupuncture with Emperor's College 1p – 5p Ceramics Studio 7p – 9p Dinner & A Movie: Singin' In The Rain (1952) see pg. 15
7	Tuesday 10a—12p Facial Rejuvenation Clinic 6p—7:30p Shameless: Dirty, Sexy & Fun Group 7:30p—? Taco Tuesday Social Group
8	Wednesday 1:30p – 4:30p Acupuncture with Claudia & Friends 7p – 9p Wednesday Wiseguys
9	Thursday 12p—8p Hypnotherapy with Dean 5p—6p Zumba with Rachel 7:30p - 9:30p Positively New
10	Friday 1p – 4p NO CHIROPRACTIC CLINIC TODAY 7p – 9p Friday Night Lite 7p – 9p AA Meeting
11	Saturday 10:30a – 12p Yoga with Maya at Palm View Apts. 11a—1p American Youth Symphony (Sold out) 1p – 5p Ceramics Studio 1p—3p Acting Out Workshop 3:30—4:30 Writers Workshop



Being Alive Presents
A Special Therapy Group

(i) P O T U S

**Inspiring, Politically Objective Therapy
for Understanding and Support**



3 Session Group Therapy
Thursdays, March 16, 23, and 30
2:30pm—4pm

**Led by MFT Intern Suzy Unger and
MFT Trainee Lira Ravenel.**

RSVP to Jamie at 323-874-4322
Jamie@beingalivela.org



LOS ANGELES BALLET

Balanchine

Master of the Dance

Sunday, March 26th at 2pm

UCLA Royce Hall

Program Includes:

Divertimento No. 15—Mozart



Prodigal Son—Prokofiev

Who Cares? - Gershwin

RSVP for tickets to 323-874-4322 or
email jamie@beingalivela.org

Tickets are very limited, so hurry!
(\$2 commitment fee)



March 12	Sunday—Daylight Savings Begins 1p—5p Ceramics Studio	
13	Monday 1p – 4:30p Acupuncture with Emperor's College 1p – 5p Ceramics Studio 7p – 9p Dinner & A Movie: Moulin Rouge (2001) see pg. 15	
14	Tuesday 10a—12p Facial Rejuvenation Clinic 12:30p—2p Get Real Warrior Workshop #1 6p—7:30p Shameless: Dirty, Sexy & Fun Group 7:30p—? Taco Tuesday Social Group	
15	Wednesday 1:30p – 4:30p Acupuncture with Claudia & Friends 7p – 9p Wednesday Wiseguys	
16	Thursday 12p—1p Meditation with Linda 12p—8p Hypnotherapy with Dean 2:30p—4 iPOTUS Group Therapy (RSVP) 5p—6p Zumba with Rachel 7:30p—9:30p Positively New	
17	Friday—St Patrick's Day 1p – 4p Chiropractic Clinic 7p – 9p Friday Night Lite 7p – 9p AA Meeting	
18	Saturday 10a—4p Resilience; Self Care & Advocacy Workshop 10:30a – 12p Yoga with Maya at Palm View Apts. 1p – 5p Ceramics Studio 1p—3p Acting Out Workshop 3:30—4:30 Writers Workshop	
19	Sunday 1p—5p Ceramics Studio	
20	Monday—First Day of Spring 1p – 4:30p Acupuncture with Emperor's College 1p – 5p Ceramics Studio 7p – 9p Dinner & A Movie: The Sound of Music (1965) see pg. 15	
21	Tuesday 10a—12p Facial Rejuvenation Clinic 12:30p—2p Get Real Warrior Workshop #2 6p—7:30p Shameless: Dirty, Sexy & Fun Group 7:30p—? Taco Tuesday Social Group	

Share Your Story!

Peer Support with Art Therapy

Exclusively for Being Alive Client Members Only



**We need 30
Ceramic/Fused Glass
Musical Lighted Globes
for the
30th Anniversary Gala
as table centerpieces.**

Share your journey in wellness at Being Alive with these special event musical globes. Members have the opportunity to share their story by creating one-of-a-kind globes as the featured centerpiece for each table at our 30th Anniversary Gala.

Create your globe with ceramic and/or fused glass items inside. We'll provide the glass globe, lights, music box, the bisque base, glaze, clay, fused glass and storycard to complete this unique centerpiece that will be featured at the gala.

A total of 30 globes are needed. You'll also be invited to be the table host with your globe at the Gala. All globe must be completed by May!

Being Alive Ceramics Studio

at Specs Appeal (back studio)

7976 Santa Monica Blvd.

Drop-in Studio Hours:

**Sat, Sun & Mon
1:00pm to 5:00pm**

Facilitators: Jim and Brian



IMAGINE HELPING ALL THESE BUTTS




**ANAL CANCER IS MUCH MORE EASILY
TREATED WHEN CAUGHT EARLY,
BEFORE SYMPTOMS DEVELOP.**

**WE NEED HIV+ VOLUNTEERS OF ALL
GENDERS WHO ARE 35+ TO TAKE PART IN A
NATIONAL ANAL CANCER PREVENTION STUDY.**

**VISIT THE WEBSITE ANCHORSTUDY.ORG
OR CALL UCLA CARE CENTER AT 310.557.9027**



**the
ANCHOR
study.org**



Positively New

An Educational Support Group for Anyone
Newly Diagnosed with HIV (within first two years)



*A Safe Space to Meet Your Peers, Get Support,
and Learn About Your HIV and Healthcare Options*

WHEN:
THURSDAYS
7:30 – 9:30 PM

WHERE:
BEING ALIVE, in WEHO
7531 SANTA MONICA BOULEVARD, SUITE 100
WEST HOLLYWOOD, CA 90046

Please call Brian for more information at 323.365.5600

SPONSORED BY

March 22	Wednesday 1:30p – 4:30p Acupuncture with Claudia & Friends 7p – 9p Wednesday Wiseguys
23	Thursday 12p—8p Hypnotherapy with Dean 2:30p—4 iPOTUS Group Therapy (RSVP) 5p—6p Zumba with Rachel 7:30p - 9:30p Positively New
24	Friday 1p – 4p Chiropractic Clinic 7p – 9p Friday Night Lite 7p – 9p AA Meeting 8p—10p LA Philharmonic Concert—Tickets Limited!
25	Saturday 10:30a – 12p Yoga with Maya at Palm View Apts. 12p—4p Sample Saturday in WeHo 1p – 5p Ceramics Studio 1p—3p Acting Out Workshop 3:30—4:30 Writers Workshop
26	Sunday 1p—5p Ceramics Studio 2p—4p Los Angeles Ballet (RSVP)
27	Monday 1p – 4:30p Acupuncture with Emperor's College 1p – 5p Ceramics Studio 7p – 9p Dinner & A Movie: Dreamgirls (2006) Pg. 15
28	Tuesday 10a—12p Facial Rejuvenation Clinic 12:30p—2p—Get Real Warrior Workshop 6p—7:30p Shameless: Dirty, Sexy & Fun Group
29	Wednesday 1:30p – 4:30p Acupuncture with Claudia & Friends 7p – 9p Wednesday Wiseguys
30	Thursday 12p—1p Meditation with Linda 12p—1p FAT or VAT Medical Update, Plummer Park 12p—8p Hypnotherapy with Dean 2:30p—4 iPOTUS Group Therapy (RSVP) 5p—6p Zumba with Rachel 7:30p - 9:30p Positively New
31	Friday 1p – 4p Chiropractic Clinic 7p – 9p Friday Night Lite 7p – 9p AA Meeting



ACTING OUT

A POSITIVELY LIVING WORKSHOP

Turn your story of living with HIV into short plays for educational performances. Some of these plays will be used as public educational outreach in schools and public programs for HIV prevention education.

Saturdays 1:00pm to 3:00pm
Share Your Inner Voice
Open to Everyone



RSVP to Jamie Baker
(323)874-4322

For more information
email Richard at
b.osten@yahoo.com



Being Alive Members—Pioneers in medical research!

UCLA Research Study

Are you interested in participating in a study focused on improving heart health?

If yes, you may be able to join a study where you add an FDA-approved medication to your HIV-regimen to help prevent cardiovascular disease (CVD).



This study is for HIV-positive people who are taking antiretroviral therapy and are interested in strategies to reduce heart disease

Statins are a group of medicines used to lower cholesterol and triglycerides (fat in the blood) and to prevent problems related to heart disease, such as heart attacks in persons with high risk for heart attacks.

To join you must be:

- Between the ages of 40 and 75
- HIV-positive
- On antiretroviral therapy for at least 6 months
- T-cell count at or above 100

For more information contact the UCLA CARE Center at careoutreach@mednet.ucla.edu or via phone 310-557-9062

There are limitations to the confidentiality of email communications. Do not include any sensitive health information if you choose to contact the study team via email.



A Place of Miracles

The Donor Legacy Wall

*"Some people come into our lives and quickly go.
Some people stay for a while and leave footprints
on our hearts, and we are never, ever the same."*

- Flavia Weedn



*Gold engraved glass tile
placed 1.5" on stand-off.*



*Silver engraved glass tile
placed 1" on stand-off.*



*Bronze engraved glass tile
placed 1/2" on stand-off.*

We're building our Donor Legacy Wall. The first blocks are being created today. Leave your footprints forever and help support Being Alive that has helped thousands of men & women over the last 30 years.



Future Donor Legacy Wall

Leave a lasting footprint

**Glass Engraved Tile
Corporate Giving Plaque
Annual Giving Display
360 Club**

*You can end up on the Donor Legacy
Wall for a little as \$88 a month.*

**Contact Garry Bowie for more information.
garry@beingalivela.org (323) 874-4322**

Being Alive

In Partnership With

Philosopher's Stone Poets Society

Present

Writers Workshop



3:30pm to 4:30pm at Being Alive

7531 Santa Monica Blvd., #100, West Hollywood, CA 90046

Call Jamie at 323-874-4322 with questions.

Pspoets.weebly.com



Musical March



Monday Nights at Being Alive

Dinner and A Movie!

7:00pm—Be on time!



A fun movie paired with a light meal.

Reservations Required

(\$2 - Being Alive cancellation policy applies)

Get In Shape For Spring!

Come Dance For Joy!

ZUMBA®

Thursday Afternoons

5:00pm—6:00pm



At Being Alive

Zumba involves dance and aerobic movements performed to energetic music. The choreography incorporates hip-hop, soca, samba, salsa, merengue and mambo.

Come ready to MOVE!
Beginners,
Intermediate
Advanced
All are welcome!
Bring a towel

**Join instructor Rachel for some invigorating
Zumba dance fitness.**

Space limited—RSVP to 323-874-4322

Get Into The Meditation Zone

With the amazing Linda Barnes-Fenty

RSVP to –323-874-4322

Meditation

change your mind, change your life

Thursday, March 2, 16, & 30

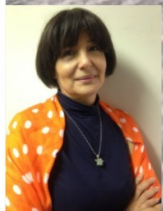
12:00PM—1:00PM

at *Being Alive!*

Include meditation as part of your
wellness journey.

Bring A Friend

Stretch, relax, breathe, meditate, journal



Led By
Linda Barnes-Fenty



March 6: **Singin' In The Rain** (1952) - Dateline Hollywood 1927, Don Lockwood and Lina Lamont are a famous on-screen romantic pair. Lina, however, mistakes the on-screen romance for real love. With the help of his partner, Cosmo, Don has worked hard to get where he is today. When Don and Lina's latest film is transformed into a musical, Don has the perfect voice for the songs. But Lina - well, even with the best efforts of a diction coach, they still decide to dub over her voice. Kathy Selden is brought in, an aspiring actress, and while she is working on the movie, Don falls in love with her. Starring Gene Kelly, Debbie Reynolds, and Donald O'Connor, this dazzling musical is number 5 on American Film Institute's Best Films List.

March 13: **Moulin Rouge** (2001) - There was a boy...a very strange, enchanted boy... The year is 1899, and Christian, a young English writer, has come to Paris to follow the Bohemian revolution taking hold of the city's underworld. And nowhere is the thrill of the underworld more alive than at the Moulin Rouge, a night club where the rich and poor men alike come to be entertained by the dancers, but things take a wicked turn for Christian as he starts a deadly love affair with the star courtesan of the club, Satine. But her affections are also coveted by the club's patron: the Duke. A dangerous love triangle ensues as Satine and Christian attempt to fight all odds to stay together, but a force that not even love can conquer is taking its toll on Satine...Come see the visual feast that closes Baz Luhrman's cinematic Red Curtain Trilogy.

March 20: **Sound of Music** (1965) Do you *REALLY* need a synopsis of this one? Here goes: A nun goes to a rich, widowed naval captain's house to serve as governess to way too many kids. The children wear curtains and sing through the streets of Salzburg. Meanwhile, a conniving rich woman of dubious intentions tries to get the captain's money to marry her money. The governess falls in love with the (future Klingon) captain, they hide from the Nazis, a little Hitler youth blows a whistle to rat them out, nuns perform sabotage, and the singing family walks from Austria to Stowe, Vermont to open a ski lodge. Done. Bring a pillow for your butts, it's a wonderful, but long, journey.

March 27: **Dreamgirls** (2006) - In early 1960's Detroit, a car salesman breaks into the music business with big dreams. He signs a trio of young women, the Dreamettes, gets them a job backing an R&B performer, James "Thunder" Early, establishes his own record label and starts wheeling and dealing. When Early flames out, Curtis makes the Dreamettes into headliners as The Dreams, but not before demoting their hefty big-voiced lead singer, Effie White, and putting the softer-voiced looker, Deena Jones, in front. Soon after, he fires Effie, sends her into a life of proud poverty, and takes Deena and The Dreams to the top. Taking strong inspiration from Motown's history with The Supremes, see the film that made Jennifer Hudson an award-winning star. We're your Dreamgirls - boy, we'll make you happy.

Free Swag, Free Information, Free Shakes!
Stop by Being Alive's booth and say hello.
Sample Saturday—March 25th!



Capitol Drugs
www.capitoldrugs.com

**WEST HOLLYWOOD
WHCC
CHAMBER OF COMMERCE**

HEALTH FAIR
1000+ PRODUCTS ON SALE

OVER 100 VENDORS
SPORTS NUTRITION
HOMEOPATHY
MEDICAL

POWERZONE

CAPITOL DRUGS & POWERZONE PRESENTS

SAMPLE SATURDAY
MARCH 25TH 12-4PM

FREE PROTEIN SHAKES!

MARKETING PARTNERS
L.A.S.C | BASECAMP FITNESS | APAIT
BACK TO TOTAL HEALTH | MUSCLE MECHANICS
PELTON CYCLE | BOOM-SIZZLE

SPONSORED BY **BSN™**

VALIDATED 30 MIN PARKING

#BOOM! **Being Alive!** **COS CEDARS-SINAI** **KLEAN TREATMENT CENTERS** **APLA AIDS Project Los Angeles** **LOS ANGELES LGBT CENTER**

8578 SANTA MONICA BLVD WEST HOLLYWOOD, CA 90069 | 310.289.1125

SHAMELESS: Dirty, Sexy and Fun

Finally, a drop-in sex therapy group that takes the shame and stigma out of sex for HIV+ individuals.

**Every Tuesday
6:00 to 7:30 pm**

Exclusively at:



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