

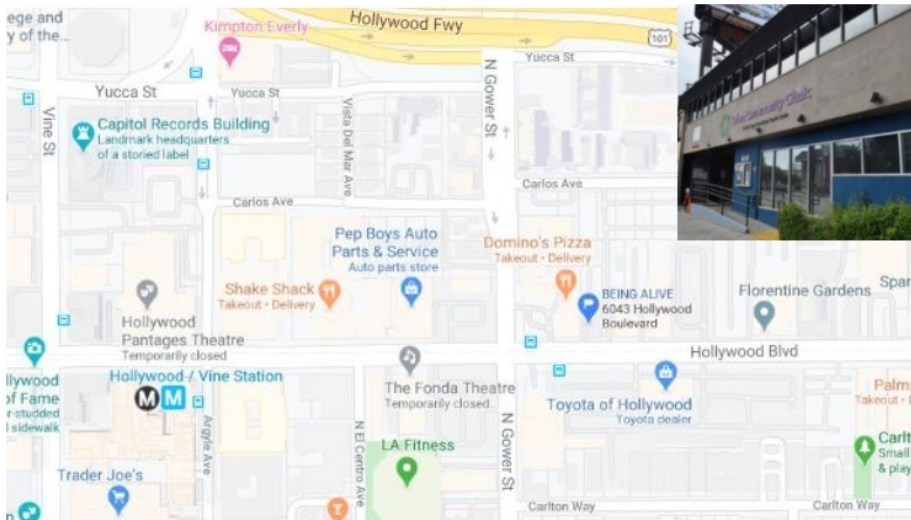


NEW ADDRESS!

**6043 Hollywood Blvd., Suite B (2nd Floor)
Los Angeles, CA 90028
323-874-4322**

**July Office Hours: BY APPOINTMENT ONLY
Tuesday, Wednesday, Thursday 10AM—2PM
Available via email M-F 10AM—6PM
(Starting July 6th)**

**Masks must be worn for all appointments
Temperature screenings required to enter
Clients must be escorted to 2nd floor
No walk-in appointments**



July 2020



Being Alive

**6043 Hollywood Blvd., Suite B - Los Angeles, CA 90028
(323) 874-4322 Monday - Friday: By Appointment Only
www.beingalivela.org**



Acupuncture*

Mondays TBA
 Tuesdays 12:00p to 5:00p
 Wednesdays TBA

Ceramics at Specs Appeal
 7976 Santa Monica Blvd

Saturdays 1:00p to 5:00p
 Sundays 1:00p to 5:00p
 Mondays 1:00p to 5:00p

Chiropractic

Fridays TBA
 By Appointment Only

New members and those who haven't been to the Chiro Clinic in over a year must arrive 30 minutes prior to appointment time to complete paperwork.

Psychotherapy*

Mental Health counseling is provided by appointment after an intake specialist conference. Couples counseling is also available. Please call (323) 874-4322 for details on our **Dignity Plus** mental health program.

Facial Rejuvenation Clinic*

In partnership with Robert H. Cohen, MD of Westside Aesthetics, Sculptra treatment is provided by appointment and approval only. Call 323-874-4322 for more information.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your ADAP and OA-HIPP needs. Please call for more information.

Reiki*

Tuesdays TBA

Condolences

Long time client and friend of Being Alive, Irene Soderberg passed away on May 31st.

Always ready with a song or a saucy tale, Irene graced us at many an event. Who can forget her as Mrs. Santa at the Being Alive holiday parties?

She brought us joy, laughter, and even a few gasps every now and then.

Here's to you, Irene.

Thank you for the laughter—thank you for the music.



***Reservations Required: Contact Being Alive**
 See wellness & support pages for details.

MEDICAL UPDATE

Mytesi[®]
(crofelemer) 125 mg
delayed-release tablets

Please join us for an informative and interactive discussion.....

HIV and the GI Tract: Emerging Evidence of HIV's Attack On The Gut

DATE: Wednesday, July 22nd 2020

TIME: 12:30 pm PST

Click The Link Below



LOCATION: <https://napo.zoom.us/j/95037567523>

Meeting ID: 950 3756 7523

Password: 992518



SPEAKER: Peter Anderson, NP
Representing Napo Pharmaceuticals

RSVP to kbugle@napopharma.com (please feel free to join even if you don't RSVP)

One participant will win a free IHOP Gift Card.
Only those who view the entire program will be eligible.

Gift card provided by Being Alive.

Sponsored by:

Kristina Bugle



July 2020

3—Closed
4—Independence Day
21—Acupuncture Resumes
22—Medical Update
Mytesi—Virtual



Reminder:

**Masks must be
worn when visiting
Being Alive.**



HIV Navigation Services Servicios de navegacion de VIH

Medication Questions?
Preguntas sobre medicamentos?

Paperwork Issues?

Problemas de papeleo?

Need Referrals?

Necesita referencias?

Our trained HIV Navigators are
here to help!
Nuestros capacitados navegadores de
VIH estan aqui para ayudar.

4 FREE sessions
4 sesiones GRATIS

Receive GIFT CARDS
during sessions.
Recibira tarjetas de regalo.

Call Becky or Silvia at
(323) 874-4322
for more information.

*Funding by the U.S. Centers for Disease Control
and Prevention and the County of Los Angeles,*

Department of Public Health,

Division of HIV and STD Programs.



BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

PUBLICATION	ONLINE
<p>Being Alive Month Calendar of July 2020</p> <p>Publisher: Jamie Baker 6043 Hollywood Blvd., #B Los Angeles, CA 90028 323-874-4322</p>	<p>Client-members are encouraged to use the Being Alive website for the latest information and updates.</p> <p>www.beingalivela.org</p> <p>Or follow us on</p> 

APPOINTMENT & CANCELLATION POLICY

Many events, activities, clinics and some groups require reservations.

All items requiring reservations will have a footnote reference.

Please call Being Alive to make a reservation (or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!

NO SHOWS for Wellness Center require a \$5 fee to reschedule.

NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.

NO SHOWS for events where food is provided may be restricted from signing up for future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742

Donations are greatly appreciated.

Consider being a part of our new donor wall.

Get Creative!

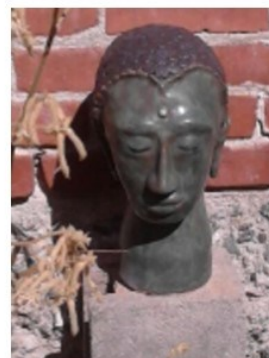
Peer Support through Art



Ceramics and Fused Glass Studio

at *Specs Appeal*

7976 Santa Monica Blvd—WeHo



Exclusively for Being Alive client-members

CLOSED FOR JULY!

REOPENING IN AUGUST.

Facilitators: Jim and Brian

Contact Being Alive for additional questions

CLOSED DURING INCLEMENT WEATHER

Now In Effect

Being Alive is committed to maintaining access to the high-quality supportive care that the community has counted on for the last 33 years. However, costs have increased substantially, and contributions have declined. In order to maintain services, we must begin to charge nominal fees for service. Support groups, navigation services, and ADAP/HIPP enrollment will continue to operate on a no-fee basis.

The following is the new fee structure* as of April 1, 2019

Acupuncture = \$5

Chiropractic = \$5

Ticketed Events = \$5 per ticket

Field Trips (in advance) = \$5 per person

Sculptra Treatment = \$20

Mental Health Therapy = \$20

- Payment is required at time of service.
- No shows will have to pay for missed appointments before being rescheduled.
- Cancellations less than 24 hours will be considered “no shows.”
- Please be on time for appointments.

*Fees may be negotiated on a per-client basis based on income



Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email jamie@beingalivela.org or (323) 874-4322

Tuesdays

Shameless: Dirty, Sexy and Fun - 6:00pm-7:00pm (*Virtual on ZOOM*)

A weekly drop-in group that takes the shame and stigma out of sex for HIV+ individuals or sero-discordant couples. New topics weekly! Email TZembek@beingalivela.org to join.

Let's "Taco 'Bout It" - 7:30pm-9:00pm (*Micky's WeHo*) This open social group meets at Micky's for "Taco Tuesday." \$6 all you can eat tacos. Get out of your rut and meet some new friends! Email anthonybraga@yahoo.com for information and updates.

Wednesdays

Wise Guys - 7:00pm to 9:00pm - (*Virtual on ZOOM*)

An empowering drop-in social group for men and women over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email alasdairburton@gmail.com to join.

Thursdays

Positively New - 7:00pm to 8:30pm - (*Virtual on ZOOM*)

A fun support group for those newly diagnosed or "newly-identified" under 35 with an emphasis on coping skills, education, emotional well-being, and referrals. This group is facilitated by Brian Risley. Call Brian for more information at 323-365-5600. Email Brian at brisley@apla.org to join.

Fridays

Friday Night Lite - 7:00pm to 9:00pm (*Virtual on ZOOM*)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Gary O'Brien.

Saturdays

CMA Meeting - 8:00pm to 9:00pm (*Virtual on ZOOM*)

Crystal Meth Anonymous is a non-profit, 12-step fellowship, for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs. ZOOM link is <https://us04web.zoom.us/j/210128137>



ADAP / HIPP Enrollment

AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication.

To be eligible for the ADAP program, a client must:

- Be a resident of California;
- Have a positive HIV/AIDS diagnosis;
- Be at least 18 years old;
- Have an annual Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size and income;
- Not be fully covered by Medi-Cal or any other third party payers.

OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Be enrolled in comprehensive health care coverage
- Not be fully covered by Medi-Cal

MDPP / MEDIGAP

The Medicare Part D Premium Payment Program (MDPP) pays Part D and Medigap insurance premiums for persons living with HIV/AIDS who are enrolled in the AIDS Drug Assistance Program (ADAP) and a Medicare Part D prescription drug plan. Individuals that are enrolled in MDPP are also eligible for the medical out-of-pocket (MOOP) cost. To be eligible for Medicare Part D premium assistance, clients must:

- Be enrolled in ADAP (see [ADAP eligibility criteria](#))
- Be enrolled in a Medicare Part D Prescription Plan
- Not be receiving 100% assistance from Medicare's Extra Help/Full Low Income Subsidy (LIS)

EB-HIPP

Employer Based-HIPP is a subsidy program that provides premium assistance for an ADAP client's portion of their employer based insurance premiums. EB-HIPP pays the client's portion of their monthly medical and dental premiums, if eligible. If a vision premium is included in the medical or dental premium, the client will have their vision premiums subsidized.

PrEP AP

The PrEP-AP provides assistance with PrEP-related medical out-of-pocket costs and access to medications on the PrEP-AP formulary for the prevention of HIV and treatment of sexually transmitted infections. The PrEP-AP provides assistance to both uninsured and insured individuals at risk for, but not infected with HIV.

Please have CA ID, insurance card, utility bill, diagnosis form, and proof of income (tax return or 3 months of pay stubs). If any items are missing, applications cannot be completed and appointments will be rescheduled.

Call 323-874-4322 for more details and to schedule your appointment



A Weekly Support Group For HIV+ M

Every Friday Night !

7:00 pm—9:00 pm

Now on ZOOM!

Email for the link to join garygobrien@gmail.com

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Gary O'Brien who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.

Sponsored by Being Alive

Contact Jamie@beingalivela.org

Or call 323-874-4322 for more information





Medical Update

HIV and Mental Health

Joseph Leahy, presenter

Thursday, July 16, 2020

3:00pm—4:30pm

VIRTUAL ZOOM MEETING

RSVP to Jamie@beingalivela.org for the zoom link

One participant will win a free IHOP Gift Card.
Only those who view the entire program will be eligible.

Gift card provided by Being Alive.

Sponsored by

Joseph Leahy—Janssen Therapeutics



It's Back!



Email Timothy to join the watch party!
tzembek@beingalivela.org

Sundays from 5pm—7pm

Zoom room will open at 4:45pm

(No movie July 5th—holiday weekend)

**Participants who sign in by 5pm and stay
for the discussion will earn a
\$10 e-gift card
for a dinner of your choice!**

July Movies TBA



July 1	Wednesday 7p – 9p Wednesday Wise Guys on ZOOM
2	Thursday 7p—8:30p Positively New on ZOOM
3	Friday Being Alive Offices closed in observance of Independence Day 7p – 9p Friday Night Lite on ZOOM
4	Saturday—Independence Day 8p—9p CMA Meeting on ZOOM
5	Sunday
6	Monday 10a—6p Staff available via email
7	Tuesday 10a—2p Appointments with Staff available 6p—7p Shameless: Dirty, Sexy & Fun Group on ZOOM 7:30p—? Taco Tuesday Social Group
8	Wednesday—National Blueberry Day 10a—2p Appointments with Staff available 7p – 9p Wednesday Wise Guys on ZOOM
9	Thursday 10a—2p Appointments with Staff available 7p—8:30p Positively New on ZOOM
10	Friday 10a—6p Staff available via email 7p – 9p Friday Night Lite on ZOOM
11	Saturday 8p—9p CMA Meeting on ZOOM



**SHAMELESS:
Dirty, Sexy and Fun**

Finally, a drop-in sex therapy group that takes the shame and stigma out of sex for HIV+ individuals.

**Every Tuesday
6:00pm—7:00pm**

New Topics Weekly

Enroll at: Being Alive! 7531 Santa Monica Blvd #100, West Hollywood, CA 90046
(323) 874-4322 www.beingalivela.org

Now Meeting Weekly on ZOOM

**Email TZembek@beingalivela.org
for the link to join the meeting.**

Wise Guys

Every Wednesday



7:00pm—9:00pm

Email for the ZOOM link

Alasdairburton@gmail.com

“Wise Guys” is an empowering, drop-in social group for men and women over 35 who are long-term survivors living with HIV. Themes include issues related to aging and meeting others to share experiences.



July 12	Sunday 5p—7p Dinner and A Movie
13	Monday 10a—6p Staff available via email
14	Tuesday—Bastille Day 10a—2p Appointments with Staff available 6p—7:00p Shameless: Dirty, Sexy & Fun Group on ZOOM 7:30p—? Taco Tuesday Social Group 
15	Wednesday 10a—2p Appointments with Staff available 7p—9p Wise Guys
16	Thursday 10a—2p Appointments with Staff available 7p—8:30p Positively New on ZOOM
17	Friday 10a—6p Staff available via email 7p – 9p Friday Night Lite on ZOOM
18	Saturday 8p—9p CMA Meeting on ZOOM
19	Sunday—National Ice Cream Day 5p—7p Dinner and A Movie 
20	Monday 10a—6p Staff available via email
21	Tuesday 10a—2p Appointments with Staff available 12p—5:00p Acupuncture with Emperor’s College 6p—7:00p Shameless: Dirty, Sexy & Fun Group on ZOOM 7:30p—? Taco Tuesday Social Group

July 22	Wednesday 10a—2p Appointments with Staff available 7p—9p Wise Guys on ZOOM
23	Thursday 10a—2p Appointments with Staff available 7p—8:30p Positively New on ZOOM
24	Friday 10a—6p Staff available via email 7p – 9p Friday Night Lite on ZOOM
25	Saturday 8p—9p CMA Meeting on ZOOM
26	Sunday 5p—7p Dinner and A Movie
27	Monday 10a—6p Staff available via email
28	Tuesday 10a—2p Appointments with Staff available 12p—5p Acupuncture with Emperor's College 6p—7p Shameless: Dirty, Sexy & Fun Group on ZOOM 7:30p—? Taco Tuesday Social Group
29	Wednesday 10a—2p Appointments with Staff available 7p—9p Wise Guys on ZOOM
30	Thursday—International Day of Friendship 7p—8:30p Positively New on ZOOM
31	Friday 10a—6p Staff available via email 7p – 9p Friday Night Lite on ZOOM



Chiropractic Clinic
(To resume in late July)

Fridays
10 AM—12 PM

and

1 PM—4 PM

BY APPOINTMENT ONLY
to ensure social distancing guidelines.

Masks required

New chiropractic clients must arrive 30 minutes before appointment to complete paperwork



Positively New

An Educational Support Group for Anyone Newly Diagnosed with HIV (within first two years)
A Safe Space to Meet Your Peers, Get Support, and Learn About Your HIV and Healthcare Options

WHERE:

THURSDAYS
7:00-8:30 PM

Meetings are virtual.
Email Brian for log-in
brisley@apla.org

Please call Brian for more information at 323.365.5600

SPONSORED BY



Let's Taco 'bout it!



Taco Tuesday Social Group

Tuesdays at 7:30pm

Mickys—8857 Santa Monica

West Hollywood

\$6 AYCE Tacos & Drink Specials

Come socialize, meet new friends,
and have some tacos.



Email anthonybraga@yahoo.com
for more information



Contributors

Being Alive thanks the individuals, families and institutions who, through gifts or contributions made our important services available for our clients.

* Legacy Circle Donor Wall Plaque Contributor

Gifts of \$20,000 and up

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