

March 2022



Do We Need
Booster Shots
for the COVID-19
Vaccine?



Yes You Do

Si tu puedes

‘Ae Hana ‘oe

Oui, vous le

예 당신은

ใช่คุณทำ

हाँ आप कीजिए

Sim você faz

Да, ты делаешь

是的你是

Record of your COVID-19 booster must be on file at Being Alive to continue to receive in-person services or attend events.

Deadline: March 1, 2022

Do your part to keep our community safe!



Being Alive

6043 Hollywood Blvd., Suite B - Los Angeles, CA 90028
(323) 874-4322 Monday - Friday: By Appointment Only
www.beingalivela.org



ACUPUNCTURE

Have you been on pins and needles waiting for an acupuncture appointment?

APPOINTMENTS NOW AVAILABLE
TWICE EACH WEEK



Acupuncture*

Wednesdays 10:00a to 2:00p
Thursdays 10:00a to 2:00p
By Appointment Only

Ceramics at Specs Appeal

7976 Santa Monica Blvd

Saturdays 12:00p to 4:00p
Sundays 12:00p to 4:00p
Mondays 12:00p to 4:00p

Chiropractic

Mondays 11:00a to 3:00p
By Appointment Only

New Chiropractic Clinic patients must arrive 15 minutes prior to appointment time to complete paperwork.

Psychotherapy*

Mental Health counseling is provided by appointment after an intake specialist conference. Couples counseling is also available. Please call (323) 874-4322 for details on our **Dignity Plus** mental health program.

Facial Rejuvenation Clinic*

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen, MD, Sculptra treatment is provided by appointment and approval only. Call 323-874-4322 for more information.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your ADAP and OA-HIPP needs. Please call for more information.

WEDNESDAYS 10AM-2PM
THURSDAYS 10AM-2PM
By Appointment Only!

Call 323-874-4322 for an appointment.



COVID Vaccination must be on file.
Clean, well-fitting masks are required.

***Reservations Required: Contact Being Alive**

See wellness & support pages for details.

Are you a job seeker looking for career services, support and resources?

WeHoWorks is here for you!



In partnership with the City of West Hollywood, the **WeHoWorks** Career Center collaborates with job seekers who live or work in West Hollywood, providing free job search skills training and job placement assistance.

WeHoWorks also collaborates with employers, and hosts employer recruitments. **WeHoWorks** is located in the Career Center in the West Hollywood Public Library.

JVS **WeHoWorks** offers job seekers the choice of programs, intensive career and job search services, workshops and/or self-service options that include access to computers, phones and current job listings at no cost to eligible applicants.

More info at: <https://www.jvs-socal.org/program/wehoworks/>



March 2022

- 11—Virtual CROI Update
- 13—Daylight Savings Starts
- 20—Spring Equinox
- 22—Virtual Field Trip



April 2022

- 7—In Person Field Trip
- TBA—Medical Update

Reminder:

Masks must be worn when visiting Being Alive.

Bring your COVID vaccination records!

Don't forget to get your booster!



HIV Navigation Services

Servicios de navegacion de VIH

Medication Questions?
Preguntas sobre medicamentos?
Paperwork Issues?
Problemas de papeleo?
Need Referrals?
Necesita referencias?

Our trained HIV Navigators are here to help!
Nuestros capacitados navegadores de VIH estan aqui para ayudar.

4 FREE sessions
4 sesiones GRATIS

Receive **GIFT CARDS** during sessions.
Recibira tarjetas de regalo.

Call **Becky or Silvia** at
(323) 874-4322
for more information.



Funding by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles,

*Department of Public Health,
Division of HIV and STD Programs.*



BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

| PUBLICATION | ONLINE |
|--|--|
| <p>Being Alive Month Calendar of March 2022</p> <p>Publisher: Being Alive 6043 Hollywood Blvd., #B Los Angeles, CA 90028 323-874-4322</p> | <p>Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates.</p> <p>www.beingalivela.org</p> <p>Or follow us on</p>   |

APPOINTMENT & CANCELLATION POLICY

Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation
(or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!

NO SHOWS for Wellness Center require a \$5 fee to reschedule.
NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.
NO SHOWS for events where food is provided may result in restriction from future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

LATE POLICY—If you are more than 10 minutes late for an appointment, you may not be seen and will have to reschedule for a future date.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742

Donations are greatly appreciated.
Consider being a part of our new donor wall.

April 7, 2022*

IN PERSON FIELD TRIP

Huntington Gardens



10:00am Departure (Lunch Provided)

11:30am Self Guided Tour of Gardens

3:30pm Depart for Being Alive

**Surgical, KN95, or N95 masks and
proof of booster required**

***Tentative and subject to change**

Register by emailing

becky@beingalivela.org



Friday Night Lite!

A Weekly Support Group For HIV+ M



Every Friday Night !
7:00 pm—9:00 pm

Now on ZOOM!
Email for the link to join
garygobrien@gmail.com

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Gary O'Brien who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.

Sponsored by Being Alive

Contact Jamie@beingalivela.org

Or call 323-874-4322 for more information



Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email becky@beingalivela.org or (323) 874-4322

Mondays

New Groups Coming Soon!

Do you have an idea for a new support group? Let us know!

Tuesdays

Queen Bees - 6:00pm—7:30pm (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by therapist trainees Jennifer and Jessica. Email becky@beingalivela.org for more information.

Wednesdays

Wise Ones - 7:00pm to 9:00pm - (Virtual on ZOOM)

An empowering drop-in social group for men and women over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email alasdairburton@gmail.com to join.

Thursdays

Dinner and A Movie - 7:00pm to 9:00pm - (Virtual on ZOOM)

A fun and interactive movie experience that includes vibrant discussions following the movie. This group is open to all, but registered Being Alive clients will be eligible for a \$10 gift card if they are selected (2 gift cards per movie) Email Timothy at tzembek@beingalivela.org for the zoom link.

Fridays

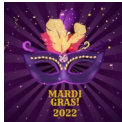


Friday Night Lite - 7:00pm to 9:00pm (Virtual on ZOOM)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Gary O'Brien.

Saturdays

CMA Meeting - 8:00pm to 9:00pm (Virtual on ZOOM)

Crystal Meth Anonymous is a non-profit, 12-step fellowship, for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs. ZOOM link is <http://us04web.zoom.us/j/3603940919>

| | | |
|---|---|--|
| March | Tuesday—Mardi Gras/Fat Tuesday 9a—1p Syringe Service Program at Saban Hollywood 10a—12p Facial Rejuvenation Clinic 6p—7:30p The Queen Bees Women’s Group |  |
| 1 | | |
| 2 | Wednesday—Ash Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM | |
| 3 | Thursday 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Dinner and A Movie: <u>Encanto</u> | |
| 4 | Friday 9a—1p Syringe Service Program at Saban Hollywood 7p – 9p Friday Night Lite on ZOOM | |
| 5 | Saturday 12p—4p Ceramics Studio open. <u>Masks are required!</u> 4p—7p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM | |
| 6 | Sunday—Dentists’ Day 12p—4p Ceramics Studio open. <u>Masks are required!</u> |  |
| 7 | Monday 11a—3p Chiropractic Clinic. By Appointment Only! 12p—4p Ceramics Studio open. <u>Masks are required!</u> | |
| 8 | Tuesday 9a—1p Syringe Service Program at Saban Hollywood 10a—12p Facial Rejuvenation Clinic 6p—7:30p The Queen Bees Women’s Group | |
| 9 | Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM | |
|  | Thursday—International Women and Girls HIV Awareness Day 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Dinner and A Movie: <u>Nightmare Alley</u> | |
| 11 | Friday 9a—1p Syringe Service Program at Saban Hollywood 7p – 9p Friday Night Lite on ZOOM | |

Introducing...

The Queen Bees!

Women’s Support Group

Tuesdays
6pm—7:30pm
On ZOOM

Email
Becky@beingalivela.org
for more information

Open to all who express or identify
“female” or “woman”

Get Creative!

Peer Support through Art



Ceramics and Fused Glass Studio

at *Specs Appeal*

7976 Santa Monica Blvd—WeHo



Exclusively for Being Alive client-members

Drop-in Hours:





Sat, Sun & Mon - **12:00pm to 4:00pm**

Facilitators: Jim and Brian

Contact Being Alive for additional questions

CLOSED DURING INCLEMENT WEATHER

Masks are required.

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| <p>March 12</p> | <p>Saturday 12p—4p Ceramics Studio open. <u>Masks are required!</u> 4p—7p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM</p> |
|  | <p>Sunday—Daylight Savings Time Begins 12p—4p Ceramics Studio open. <u>Masks are required!</u></p> |
| <p>14</p> | <p>Monday—National Pi Day 11a—3p Chiropractic Clinic. By Appointment Only! 12p—4p Ceramics Studio open. <u>Masks are required!</u></p> |
| <p>15</p> | <p>Tuesday—Ides of March 9a—1p Syringe Service Program at Saban Hollywood 10a—12p Facial Rejuvenation Clinic 6p—7:30p The Queen Bees Women’s Group</p> |
| <p>16</p> | <p>Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM</p> |
|  | <p>Thursday—Purim Begins, St. Patrick’s Day 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Dinner and A Movie: <u>The Power of the Dog</u></p>  |
| <p>18</p> | <p>Friday 9a—1p Syringe Service Program at Saban Hollywood 7p – 9p Friday Night Lite on ZOOM</p> |
| <p>19</p> | <p>Saturday 12p—4p Ceramics Studio open. <u>Masks are required!</u> 4p—7p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM</p> |
| <p>MARCH 20 NATIONAL NATIVE HIV/AIDS AWARENESS DAY</p>  | <p>Sunday—Spring Equinox 12p—4p Ceramics Studio open. <u>Masks are required!</u> Native American/Indigenous People HIV Awareness Day</p> |
| <p>21</p> | <p>Monday—National LGBTQ Health Awareness Week 11a—3p Chiropractic Clinic. By Appointment Only! 12p—4p Ceramics Studio open. <u>Masks are required!</u></p> |

| | |
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| March 22 | Tuesday 9a—1p Syringe Service Program at Saban Hollywood 10a—12p Facial Rejuvenation Clinic 1p—2:30p Virtual Field Trip to Kansas 6p—7:30p The Queen Bees Women's Group |
| 23 | Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM |
| 24 | Thursday 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Dinner and A Movie: <u>Don't Look Up</u> |
| 25 | Friday 9a—1p Syringe Service Program at Saban Hollywood 7p – 9p Friday Night Lite on ZOOM |
|  | Saturday—Live Long and Prosper Day 12p—4p Ceramics Studio open. <u>Masks are required!</u> 4p—7p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM |
| 27 | Sunday 12p—4p Ceramics Studio open. <u>Masks are required!</u> |
| 28 | Monday 10a—2p Chiropractic Clinic. By Appointment Only! 12p—4p Ceramics Studio open. <u>Masks are required!</u> |
| 29 | Tuesday 9a—1p Syringe Service Program at Saban Hollywood 10a—12p Facial Rejuvenation Clinic 6p—7:30p The Queen Bees Women's Group |
|  | Wednesday—National Doctor's Day 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM |
| 31 | Thursday 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Dinner and A Movie: <u>West Side Story (2022)</u> |

Being Alive's Syringe Servicing Program

Four Locations to Serve You

Saban Community Clinic
6043 Hollywood Blvd.
Los Angeles, CA 90028

Tuesdays & Fridays
9:00 a.m. - 12:00 p.m.

Minority AIDS Project
5149 W. Jefferson Blvd.
Los Angeles, CA 90018

Wednesdays
9:00 a.m. - 12:00 p.m.

APAIT
3055 Wilshire Blvd.
Los Angeles, CA 90108

Thursdays
9:30 a.m. - 12:30 p.m.

AHF Pharmacy
8212 Santa Monica Blvd.
West Hollywood, CA 90046

Saturdays
4:00 p.m. - 7:00 p.m.

www.beingalivela.org/syringe-service-program/
www.facebook.com/BeingAliveLA/
Instagram: @BeingAlive_LA



**Aging, Comorbidities, & HIV:
 CROI Update**



JOIN US!! Topics will Include:

- HIV Comorbidities in Women
- HIV and the Heart
- Frailty and Osteoporosis
- HIV Treatment and Fat Gain
- Diabetes in people with HIV
- HIV, Comorbidities and COVID-19
- Immunology of Aging
- Cognitive Dysfunction in HIV

Contact Hours available to: Nurses, CASAC, CAADE, Addiction Professionals, and Social Workers! ****Must log-in and view entire lecture to receive hrs.****

This nursing continuing professional development activity was approved by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Hours are approved for 2.0 hrs.

Friday, March 11th, 2022

Log-in time: 1:30pm EST / Presentation ends at: 3:30pm EST

Webinar will consist of a 60min lecture followed by a 45min interactive Q & A discussion

Speaker: Todd Brown, M.D. Ph.D.

Professor of Medicine, Johns Hopkins University, Baltimore, MD
 Expertise: Diabetes, Dyslipidemia Endocrinology, Lipid Disorders

To register, please follow the link in the calendar email or go to :

https://event.webcasts.com/starthere.jsp?ei=1518394&tp_key=231458b0f5

Event starts at 10:30AM Pacific

THE WISE ONES



Every Wednesday

7:00pm—9:00pm

Email for the ZOOM link

Alasdairburton@gmail.com

“The Wise Ones” is an empowering, drop-in social group for men and women over 35 who are long-term survivors living with HIV. Themes include issues related to aging and meeting others to share experiences.



MOVIE NIGHT



JOIN US ON OUR NEW NIGHT AND TIME
THURSDAYS, 7:00 P.M. - 9:00 P.M.
ZOOM ROOM WILL OPEN AT 6:50 P.M.

REGISTERED BEING ALIVE CLIENTS WHO ATTEND THE MOVIE AND STAY FOR THE DISCUSSION WILL BE ELIGIBLE FOR A \$10 TARGET GIFT CARD (TWO CARDS AWARDED PER MOVIE NIGHT).

EMAIL TIMOTHY AT TZEMBEK@BEINGALIVELA.ORG FOR THE ZOOM DETAILS

Chiropractic is **BACK!**



New Times Start Feb. 7th

MONDAYS 11am—3pm
BY APPOINTMENT ONLY
Very Limited Availability
No Walk-Ins



Call 323-874-4322
for an appointment
Properly fitting masks required.
Bring your proof of vaccination!

One Last Virtual Field Trip!

To the exotic land of

KANSAS



Tuesday, March 22, 1p—2:30p.

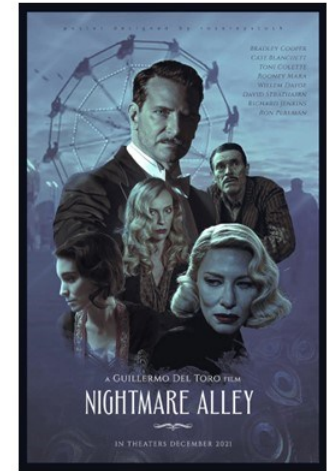
One lucky client-tourist will be awarded a \$20 Target gift card.

RSVP to Jamie@beingalivela.org

In recognition of Women's History Month, we are honoring women in film—both in front of and behind the camera.



March 3



March 10



March 17



March 24



March 31



ADAP / HIPP Enrollment

AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication.

To be eligible for the ADAP program, a client must:

- Be a resident of California;
- Have a positive HIV/AIDS diagnosis;
- Be at least 18 years old;
- Have an annual Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size and income;
- Not be fully covered by Medi-Cal or any other third party payers.

OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Be enrolled in comprehensive health care coverage
- Not be fully covered by Medi-Cal

MDPP / MEDIGAP

The [Medicare Part D](#) Premium Payment Program (MDPP) pays Part D and Medigap insurance premiums for persons living with HIV/AIDS who are enrolled in the AIDS Drug Assistance Program (ADAP) and a Medicare Part D prescription drug plan. Individuals that are enrolled in MDPP are also eligible for the medical out-of-pocket (MOOP) cost. To be eligible for Medicare Part D premium assistance, clients must:

- Be enrolled in ADAP (see [ADAP eligibility criteria](#))
- Be enrolled in a Medicare Part D Prescription Plan
- Not be receiving 100% assistance from Medicare's Extra Help/Full Low Income Subsidy (LIS)

EB-HIPP

Employer Based-HIPP is a subsidy program that provides premium assistance for an ADAP client's portion of their employer based insurance premiums. EB-HIPP pays the client's portion of their monthly medical and dental premiums, if eligible. If a vision premium is included in the medical or dental premium, the client will have their vision premiums subsidized.

PrEP AP

The PrEP-AP provides assistance with PrEP-related medical out-of-pocket costs and access to medications on the PrEP-AP formulary for the prevention of HIV and treatment of sexually transmitted infections. The PrEP-AP provides assistance to both uninsured and insured individuals at risk for, but not infected with HIV.

Please have CA ID, insurance card, utility bill, diagnosis form, and proof of income (tax return or 3 months of pay stubs). If any items are missing, applications cannot be completed and appointments will be rescheduled.

Call 323-874-4322 for more details and to schedule your appointment



**FRIDAY
MARCH 18
APRIL 22
12PM - 3PM**

CDU-TRAP MEDICINE POPUP WELLNESS UNIT WITH ATTENDING PHYSICIAN

Trap Medicine

- Community health workers providing needs assessment
- Covid testing
- Covid Education
- Free PPE
- Housing
- Food
- Legal support
- Colon cancer screening home kits
- And more...

Charles R. Drew Street Medicine

- General Medical history and Physical exams
- Covid vaccinations
- Blood glucose screening
- Blood pressure screening
- Cholesterol screening
- Prescription refills

All services FREE

5147 W. Jefferson Blvd. | Los Angeles, CA 90016

323-936-4949 www.minorityaidsproject.org

SCAN ME