A Gathering of Long-Term HIV Survivors

with readings from

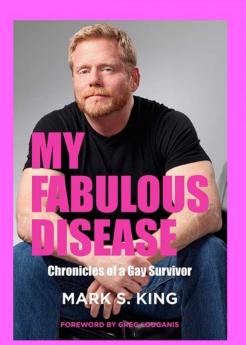
My Fabulous Disease

Monday, April 8, 2024 7:00pm - 8:30pm

(Doors open at 6:30pm)
West Hollywood Library Community Meeting Room

Speakers Include:

Mark S. King, Sandra Rogers, Russell Alexander-Orozco, Brian Thomas, Sherri Lewis, Michelle Simek, Dean Testerman, and Karl Schmid.



About the Author:

Mark S. King is an LGBTQ activist and the writer behind My Fabulous Disease, a GLAAD Media Award-winning blog chronicling his life as an HIV positive gay addict in recovery.

Sponsors:





The event is free, open to the public, and no RSVP needed.

Contact Jamie at 323-874-4322 for more info.

April 2024





Being Alive

7080 Hollywood Blvd., Suite 450 - Los Angeles, CA 90028 (323) 874-4322 Monday - Friday: By Appointment Only www.beingalivela.org





Wednesdays 10:00a to 2:00p Thursdays 10:00a to 2:00p By Appointment Only

Ceramics at Specs Appeal 7976 Santa Monica Blvd

Saturdays 1:00p to 5:00p Sundays 1:00p to 5:00p Mondays 1:00p to 5:00p

Chiropractor*

Mondays 10:30a to 4:00p By Appointment, Walk-Ins appointments available for returning clients.

New Chiropractic Clinic patients must arrive 15 minutes prior to appointment time to complete paperwork.

Neuro Emotional Technique*

Thursdays 10:00a to 2:00p By Appointment Only

Psychotherapy*

Mental Health counseling is provided by appointment. Couples counseling is also available. Please call Becky at (323) 874-4322 for details about Being Alive's mental health program.

Facial Rejuvenation Clinic*

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen, MD, Sculptra treatment is provided by appointment and approval only. Call Silvia at 323-874-4322 for information.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your ADAP and OA-HIPP needs. Please call 323-874-4322 for more information.

Reiki with Wade*

Mondays 11:00a to 2:00p By Appointment Only



Being Alive's Wellness Center is partially funded by a generous grant from the City of West Hollywood.

*Appointments Required: Contact Being Alive

See wellness & support pages for details.



ACUPUNCTURE

Get to the point and schedule your acupuncture appointment today!



WEDNESDAYS 10AM-2PM

with Acupuncturist Dr. Lana, DAOM, LAc and Acupuncturist Patrick, LAc

By Appointment Only!

Call 323-874-4322 for an appointment.

Masking optional but encouraged.

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Every Friday Night!

7:00 pm—9:00 pm

Now on ZOOM! Email for the link to join garygobrien@gmail.com

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Gary O'Brien who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.

Sponsored by Being Alive

Contact Jamie@beingalivela.org

Or call 323-874-4322 for more information





April 2024

5 - NATAP CROI Update
8 - Long-term Survivors Event
10 - Safer Weho Event
17 - Meditation for Beginners
26 - Warrior Class



May 2024

12 - Mothers Day 18-19 - Long Beach Pride 27 - Memorial Day

REMINDER: If you are feeling ill, please cancel your appointment. We will be happy to reschedule your appointment without any penalty or cancellation fee.

Stay home if you feel ill!



HIV Navigation Services

Medication Questions? Paperwork Issues? Need Referrals?

Our trained HIV Navigators are here to help!

4 FREE sessions

Receive GIFT CARDS during sessions.

Servicios de navegacion de VIH

Pregunatas sobre medicamentos? Problemas de papeleo? Necesita referencias?

Nuestros capacitados navegadores de VIH estan aqui para ayudar.

4 sesiones GRATIS

Recibira tarjetas de regalo.

Call Deira or Geovanni at (323) 874-4322 for more information.

Funding by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles,

Department of Public Health,

Division of HIV and STD Programs.



BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

PUBLICATION	ONLINE
Being Alive Month Calendar of April 2024	Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates.
Publisher: Being Alive 7080 Hollywood Blvd., Ste. 450 Los Angeles, CA 90028 323-874-4322	www.beingalivela.org
	Or follow us on
	f

APPOINTMENT & CANCELLATION POLICY

Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation (or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!

NO SHOWS for Wellness Center require a \$5 fee to reschedule. NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule. NO SHOWS for events where food is provided may result in restriction from future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

LATE POLICY—If you are more than 10 minutes late for an appointment, you may not be seen and will have to reschedule for a future date.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742

Donations are greatly appreciated. Consider being a part of our new donor wall.



Being Alive's Syringe Servicing Program

Four Locations to Serve You

AHF Flagship Pharmacy

4905 Hollywood Blvd. Los Angeles, CA 90028

Tuesdays & Fridays

11:00 a.m. - 3:00 p.m.

APAIT 3055 Wilshire Blvd. Los Angeles, CA 90010

Thursdays 11:00 a.m. - 3:00 p.m.

BeingAliveLA



@BeingAlive1986

Minority AIDS Project 5149 W. Jefferson Blvd. Los Angeles, CA 90018

Wednesdays 10:00 a.m. - 2:00 p.m.

AHF Pharmacy

8212 Santa Monica Blvd. West Hollywood, CA 90046

Saturdays

2:30 p.m. - 6:30 p.m.





www.beingalivela.org/syringe-service-program/

Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are clients of Being Alive. Call or email Being Alive for details on any support group. Email becky@beingalivela.org or (323) 874-4322

Mondays

If you have ideas for a group you would like to see at Being Alive, let us know!

Tuesdays

Queen Bees - 6:00pm—-7:30pm (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by Becky. Email becky@beingalivela.org for more information.

Wednesdays

Wise Ones - 7:00pm to 9:00pm - (Virtual on ZOOM - Every 4th Wednesday in person)
An empowering drop-in social group for men and women <u>over</u> 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email alasdairburton@gmail.com to join.

Thursdays

Write Out Proud - 6:30pm—-9:30pm (In Person at Being Alive)

A new LGBTQIA+ writers group open to any ability level. Email info@writeoutproud.com for more information.

Movie Night- 7:00pm to 9:00pm - (Virtual on ZOOM)

A fun and interactive movie experience that includes vibrant discussions following the movie. Email Timothy at tzembek@beingalivela.org for the zoom link.

Fridays

Friday Night Lite - 7:00pm to 9:00pm (Virtual on ZOOM)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Gary O'Brien.

Saturdays

CMA "Hollywood Stars" - 7:00pm to 8:00pm (IN PERSON at Being Alive)

This meeting is both HIV / LGBTQIA + affirmative. With Keith K. and Jason C. Masks required. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028 Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.

Sundays

CMA Una Nueva Herencia (en español) - 10:00am to 11:00am (EN PERSONA)

Este grupo CMA es en español. Contactar a Gustavo en Gustavo@venerarte.us para mas informacion. Mascaras requeridas. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028

April 1	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 12p - 4p Ceramics Studio open
2	Tuesday 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
3	Wednesday 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM
4	Thursday 11a - 3p Syringe Service Program at APAIT 10a - 2p NET Clinic. By Appointment Only 6:30p - 9:30p Write Out Loud Writers Workshop 7p - 9p Movie Night: Maestro
5	Friday - National Dandelion Day 10a - 12p NATAP Zoom Conference: CROI Update 11a - 3p Syringe Service Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM
6	Saturday 12p - 4p Ceramics Studio open 2:30p - 6:30p Syringe Service Program at AHF West Hollywood 7p - 8p CMA "Hollywood Stars"
7	Sunday 10a - 11a CMA Una Nueva Herencia 1p - 5p Ceramics Studio open
8	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio open 7p - 8:30p Long-Term Survivors Event
9	Tuesday - Eid al Fitr 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
NATIONAL YOUTH HIV AIDS AWASENESS DAY	Wednesday - Nat'l Youth HIV/AIDS Awareness Day 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM
11	Thursday 11a - 3p Syringe Service Program at APAIT 10a - 2p NET Clinic. By Appointment Only 6:30p - 9:30p Write Out Loud Writers Workshop 7p - 9p Movie Night: The Holdovers
	6 Paine Aliero Amril 2024

MEDITATION FOR BEGINNERS

April 17, 2024

3:30pm - 4:30pm

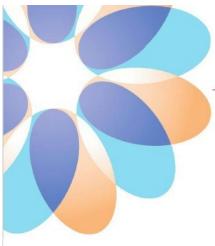
Patrick Mansfield, MTOM, LAc, is a licensed acupuncturist and doctoral fellow in Traditional Chinese Medicine at Emperor's College. Patrick has been a student of meditation and qigong at Ling Gui International Healing Qigong School since 2019.

Email or call Becky to register

Becky@beingalivela.org

323-874-4322





HIV STUDY

ATRISTRY 1 is a clinical study for adult men and women who are currently on a complex treatment regimen of 2 or more pills per day for HIV due to genetic resistance, prior sensitivies, or drug-to-drug interactions. This open-label, randomized study provides a fixed dose, 1 pill per day option of BIC/LEN for patients who have been Non-Detectable for the past 12 months.

TO BE ELIGIBLE:

- Must Have Been on Complex Regimen for at least 6 months
- · Non-Detectable HIV RNA for the past 12 months
- No Prior Exposure to Lenacapavir
- No documented resistance to Bictegravir

For more information, please contact:

Victor Guerrero, CCRC Pacific Oaks Medical Group 150 N. Robertson Blvd #300 Beverly Hills, CA 90211 Phone: 949-284-5715 Email: vguerrero@pacificoaks.com

If you are eligible to enroll in ARTISTRY-1 study, you will receive study-related exams, lab tests, transportation, and study medication at no cost. This is also a paid participation study; please contact for more information.

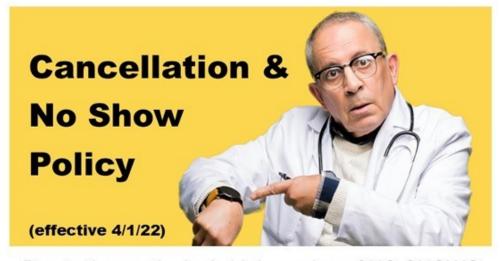




Please contact Victor at Pacific Oaks if you're interested!

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April 12	Friday 11a - 3p Syringe Service Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM
13	Saturday 1p - 5p Ceramics Studio open 2:30p - 6:30p Syringe Service Program at AHF West Hollywood 7p - 8p CMA "Hollywood Stars"
14	Sunday - National Dolphin Day 10a - 11a CMA Una Nueva Herencia 1p - 5p Ceramics Studio open
15	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio open.
16	Tuesday 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
17	Wednesday 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 3:30p - 4:30p Meditation for Beginners 7p - 9p Wise Ones on ZOOM
18	Thursday- International Juggler's Day 11a - 3p Syringe Service Program at APAIT 10a - 2p NET Clinic. By Appointment Only 6:30p - 9:30p Write Out Loud Writers Workshop 7p - 9p Movie Night: Killers of the Flower Moon
19	Friday 11a - 3p Syringe Service Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM
20	Saturday 12p - 4p Ceramics Studio open 2:30p - 6:30p Syringe Service Program at AHF West Hollywood 7p - 8p CMA "Hollywood Stars"
21	Sunday 10a - 11a CMA Una Nueva Herencia 1p - 5p Ceramics Studio open

April 22	Monday - Passover Begins 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 11p - 5p Ceramics Studio open
23	Tuesday 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
24	Wednesday 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones IN PERSON at Being Alive
25	Thursday 11a - 3p Syringe Service Program at APAIT 10a - 2p NET Clinic. By Appointment Only 6:30p - 9:30p Write Out Loud Writers Workshop 7p - 9p Movie Night: Poor Things
26	Friday - Hug An Australian Day (not a Dingo) 11a - 3p Syringe Service Program at AHF Hollywood Flagship 12p - 4p Warrior to End HIV Class 1p - 3p Technology and Health Care Workshop 7p - 9p Friday Night Lite on ZOOM
27	Saturday 1p - 5p Ceramics Studio open. 2:30p - 6:30p Syringe Service Program at AHF West Hollywood 7p - 8p CMA "Hollywood Stars"
28	Sunday 10a - 11a CMA Una Nueva Herencia 1p - 5p Ceramics Studio open
29	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 11p - 5p Ceramics Studio open
30	Tuesday - International Jazz Day 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
May 1	Wednesday 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on Zoom



Due to the continuingly high number of NO SHOWS for acupuncture and chiropractic appointments, a fee of \$5 will be charged prior to scheduling your next appointment. This includes last minute cancellations (less than 48 hours).

NO SHOW FEE = \$5 LATE CANCELLATION FEE = \$5

3 NO SHOWS/LATE CANCELLATIONS MAY RESULT IN LOSS OF FUTURE APPOINTMENTS.

(NO SHOWS FEE FOR SCULPTRA =\$100 AND MOVED TO NEXT AVAILABLE APPOINTMENT (1 YEAR WAIT)

Free does not mean valueless. When clients miss appointments, clinicians lose training hours. Being Alive loses numbers for grant reporting, and staff loses valuable time to find someone to fill the spot.

8 Being Alive April 2024 21

Write Out Proud

LGBTQIA+ Writing Workshop

Have a story to tell? This is a rolling enrollment, drop in, no cost, workshop so you can come when you feel like it. All are welcome. No experience needed or come jump start your writing practice. When we Write Out Proud. we share the love of who we are for the world to see. so the world can become better at

loving us back.

Always wanted to write

email info@WriteOutProud.com
or dm 16 @writeoutproud
or Text 310-903-0401

Made possible by a grant from the Picerne Foundation.



ADAP / HIPP Enrollment

AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication.

To be eligible for the ADAP program, a dient must:

- Be a resident of California:
- Have a positive HIV/AIDS diagnosis;
- Be at least 18 years old;
- Have an annual Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size and income;
- Not be fully covered by Medi-Cal or any other third party payers.

OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Be enrolled in comprehensive health care coverage
- Not be fully covered by Medi-Cal

MPPP / Medigap

The Medicare Premium Payment Program (MPPP) pays Part C/D and Medigap insurance premiums for persons living with HIV/AIDS who are enrolled in the AIDS Drug Assistance Program (ADAP) and a Medicare Part C or D plan. Individuals that are enrolled in MPPP are also eligible for the medical out-of-pocket (MOOP) cost. To be eligible for Medicare Part D premium assistance, clients must:

- Be enrolled in ADAP (see ADAP eligibility criteria)
- Be enrolled in a Medicare Part C or D Plan
- Be eligible for MPPP

FB-HIPP

Employer Based-HIPP is a subsidy program that provides premium assistance for an ADAP client's portion of their employer based insurance premiums. EB-HIPP pays the client's portion of their monthly medical and dental premiums, if eligible. If a vision premium is included in the medical or dental premium, the client will have their vision premiums subsidized.

PrFP AP

The PrEP-AP provides assistance with PrEP-related medical out-of-pocket costs and access to medications on the PrEP-AP formulary for the prevention of HIV and treatment of sexually transmitted infections. The PrEP-AP provides assistance to both uninsured and insured individuals at risk for, but not infected with HIV.

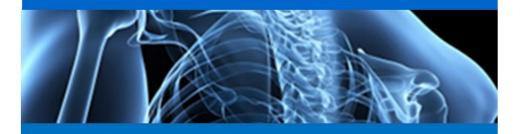
Please have CA ID, insurance card, utility bill, diagnosis form, and proof of income (tax return or 3 months of pay stubs). If any items are missing, applications cannot be completed and appointments will be rescheduled.

Call 323-874-4322 to schedule your appointment

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CHIROPRACTIC CARE



Mondays 10:30AM - 4PM By appointment <u>and</u> walk-in!



Call 323-874-4322 for an appointment or info.

Introducing A New

Buddy Program!

What is the buddy program? Buddy programs for people living with HIV/AIDS have been a vital part of HIV/AIDS services for decades. Now, as the majority of people living with HIV/AIDS are 50+ years old, isolation and the need for personal and social support has seen a resurgence. Being Alive was approached to start a new generation of a buddy program to address not only the needs of a population aging with HIV, but also to assist newly diagnosed people on a shorter-term basis to adjust to their new diagnosis.

If you're interested in HAVING a buddy, please email Ross at rmeredith@beingalivela.org to be put on the list.

If you're interested in BEING a buddy, also reach out to Ross at rmeredith@beingalivela.org

Our buddy program coordinator will be reaching out to follow up with those interested.

Participants will receive fantastic support, gift cards, and invitations to special activities.





A new program funded by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs to End the HIV Epidemic.

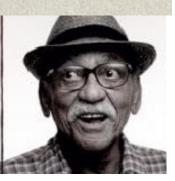
10 Being Alive April 2024

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Every Wednesday
7:00pm-9:00pm

Email for the ZOOM link Alasdairburton@gmail.com

Now In Person on the 4th Wednesday of the month

"The Wise Ones" is an empowering, drop-in social group for men and women over 35 who are long-term survivors living with HIV. Themes include issues related to aging and meeting others to share experiences.







MENTAL HEALTH

- Individual and Couples Therapy
- In-person, Virtual, or Flex Appointments
- English and Spanish Options Available
- Extremely Low-Cost or Free (if eligible)
- No Limit to Number of Sessions

Clients must commit to one session per week. If virtual, client must have a private setting for sessions.

Contact Becky@BeingAliveLA.org or 323-874-4322 for more info.

Being Alive therapists are trainees or interns under direct supervision of a licensed MFT or PsyD in accordance with the requirements of the CA Board of Behavioral Sciences.





Mondays 11am - 2pm by Appointment Only



Enjoy the gentle and highly powerful natural system of energy healing. Reiki is focused through the hands to create communication with your body's intuitive wisdom, allowing one to balance physically, mentally, emotionally and spiritually.

Email Becky@beingalivela.org
or call 323-874-4322 to book an appointment.

For more information about Reiki Master Wade Cook, visit WadeEmpowers.com





Webinar Amazon Gift Card Raffle Prizes!

HIV Treatment Strategies & Prevention; CROI 2024



JOIN US!! Topics will Include:

- Advances in HIV prevention
- Updates on existing and new HIV therapies
- · Aging well with HIV
- COVID-19, Updates on new therapies

Contact Hours available to: Nurses, CASAC, CAADE, Addiction Professionals, and Social Workers! **Must log-in and view entire lecture to receive hrs.**

This nursing continuing professional development activity is pending by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Hours are approved for 1.5 hrs.

Friday, April 5th, 2024

Log-in time: 1:00pm EST / Presentation ends at: 2:30pm EST

Webinar will consist of a 45min lecture followed by a 45min interactive Q & A discussion

Speaker: David Wohl, MD

Institute of Global Health and Infectious Diseases/HIV Prevention & Treatment Clinical Trials Unit/Viral Hemorrhagic Fevers Research Working Group University of North Carolina - Chapel Hill

This promises to be a GREAT presentation.

Go to: natap.org to register.

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Warrior To End HIV

An interactive class to learn about options for HIV prevention and care

Friday, April 26, 2024 12:00pm—4:00pm

In Person at Being Alive 7080 Hollywood Blvd., Suite 450

Participants will earn \$50 in gift cards.

Lunch is included.

Email to register: dfuentes@beingalivela.org gbotticella@beingalivela.org

Limited to the first 20 who register!

If you participated in the November event, you cannot attend.

 $Funding\ by\ the\ U.S.\ Centers\ for\ Disease\ Control\ and\ Prevention\ and\ the\ County\ of\ Los\ Angeles,$

Department of Public Health,

Division of HIV and STD Programs.

Get Creative!

Peer Support through Art



Ceramics Studio

7976 Santa Monica Blvd—WeHo (In the back yard)







Exclusively for Being Alive client-members

Drop-in Hours:

Sat, Sun & Mon - 1:00pm to 5:00pm

Facilitators: Jim and Brian

Contact Being Alive for additional questions

CLOSED DURING INCLEMENT WEATHER (Rain, extreme heat, high winds, etc.)

April Movies









April 11



April 18



April 25