

# January 2024

**W/ HEATHER & AUTUMN**

**SATURDAY, JAN. 20, 2024**

## 12PM - 4PM AT BEING ALIVE

EMAIL BECKY@BEINGALIVELA.ORG TO ATTEND

LIMITED TO THE FIRST 12 WHO REGISTER.

**BASIC SUPPLIES WILL BE PROVIDED. PLEASE BRING ANY SPECIAL ITEMS TO INCLUDE WITH YOU**

(NOTE: NO RSVPs WILL BE ACCEPTED BEFORE 1/1/24 AT 7AM)



happy new year



# Being Alive

**7080 Hollywood Blvd., Suite 450 - Los Angeles, CA 90028**

**(323) 874-4322   Monday - Friday: By Appointment Only**

**www.beingalivela.org**



### Acupuncture\*

Wednesdays 10:00a to 2:00p  
Thursdays 10:00a to 2:00p  
By Appointment Only

### Ceramics at Specs Appeal

7976 Santa Monica Blvd

Saturdays 12:00p to 4:00p  
Sundays 12:00p to 4:00p  
Mondays 12:00p to 4:00p

### Chiropractor\*

Mondays 11:00a to 4:00p  
By Appointment, Walk-Ins appointments  
available for returning clients.

New Chiropractic Clinic patients must  
arrive 15 minutes prior to appointment  
time to complete paperwork.

### Neuro Emotional Technique\*

Thursdays 10:00a to 2:00p  
By Appointment Only

### Psychotherapy\*

Mental Health counseling is provided  
by appointment. Couples counseling is  
also available. Please call Becky at  
(323) 874-4322 for details about Being  
Alive's mental health program.

### Facial Rejuvenation Clinic\*

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen,  
MD, Sculptra treatment is provided by  
appointment and approval only. Call  
Silvia at 323-874-4322 for information.

### ADAP / OA-HIPP Enrollment

Being Alive can assist you with your  
ADAP and OA-HIPP needs. Please  
call 323-874-4322 for more information.

### Reiki with Wade\*

Mondays 11:00a to 2:00p  
By Appointment Only



Being Alive's Wellness Center is partially funded by a  
generous grant from the City of West Hollywood.

**\*Appointments Required: Contact Being Alive**

*See wellness & support pages for details.*

BA BEING  
ALIVE!

# ACUPUNCTURE

Have you been on pins and needles  
waiting for an acupuncture appointment?

APPOINTMENTS NOW AVAILABLE  
TWICE EACH WEEK



## WEDNESDAYS 10AM-2PM

with Acupuncturist Dr. Lana, DAOM, LAc  
and Acupuncturist Patrick, LAc

## THURSDAYS 10AM-2PM

with Acupuncturist Dr. Chira, DAOM, LAc

**By Appointment Only!**

Call 323-874-4322 for an appointment.

Masking optional but encouraged.





A Weekly Support Group For HIV+ M

Every Friday Night !  
7:00 pm—9:00 pm

Now on ZOOM!  
Email for the link to join  
[garygobrien@gmail.com](mailto:garygobrien@gmail.com)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Gary O'Brien who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.

Sponsored by Being Alive

Contact [Jamie@beingalivela.org](mailto:Jamie@beingalivela.org)

Or call 323-874-4322 for more information



## January 2024

1 - Happy New Year!  
15 - Martin Luther King Jr. Day  
20 - Vision Board Workshop



## February 2024

19 - Presidents Day  
More to come!!!

REMINDER: If you are feeling ill, please cancel your appointment. We will be happy to reschedule your appointment without any penalty or cancellation fee.

Stay home if you feel ill!



## HIV Navigation Services

Medication Questions?  
Paperwork Issues?  
Need Referrals?

Our trained HIV Navigators are here to help!

4 FREE sessions

Receive GIFT CARDS during sessions.

## Servicios de navegacion de VIH

Preguntas sobre medicamentos?  
Problemas de papeleo?  
Necesita referencias?

Nuestros capacitados navegadores de VIH estan aqui para ayudar.

4 sesiones GRATIS

Recibira tarjetas de regalo.

Call Deira or Giovanni at  
(323) 874-4322  
for more information.

Funding by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles,



Department of Public Health,

Division of HIV and STD Programs.



# BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

PUBLICATION	ONLINE
Being Alive Month Calendar of <b>January 2024</b>  Publisher: Being Alive 7080 Hollywood Blvd., Ste. 450 Los Angeles, CA 90028 323-874-4322	Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates.  <a href="http://www.beingalivela.org">www.beingalivela.org</a>  Or follow us on  

## APPOINTMENT & CANCELLATION POLICY

Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation  
(or call the number referenced, if listed).

### PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!

NO SHOWS for Wellness Center require a \$5 fee to reschedule.  
NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.  
NO SHOWS for events where food is provided may result in restriction from  
future events.

You may forfeit your right to make reservations if you fail to cancel three or  
more times. Failing to cancel for an event (field trips, ticketed events) may  
result in restrictions from future events.

LATE POLICY—If you are more than 10 minutes late for an appointment, you  
may not be seen and will have to reschedule for a future date.

## CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer  
time, or expertise. Being Alive sincerely appreciates all forms of  
contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

**Nonprofit Federal Tax ID # 95-4137742**

Donations are greatly appreciated.  
Consider being a part of our new donor wall.

# Introducing... The Queen Bees!

**Women's Support Group**

**Tuesdays  
6pm—7:30pm  
On ZOOM**

**Email  
[Becky@beingalivela.org](mailto:Becky@beingalivela.org)  
for more information**

**Open to all who express or identify  
“female” or “woman”**



# Being Alive's Syringe Servicing Program

## Four Locations to Serve You

**AHF Flagship Pharmacy**  
4905 Hollywood Blvd.  
Los Angeles, CA 90028

**Tuesdays & Fridays**  
11:00 a.m. - 3:00 p.m.

**Minority AIDS Project**  
5149 W. Jefferson Blvd.  
Los Angeles, CA 90018

**Wednesdays**  
10:00 a.m. - 2:00 p.m.

**APAIT**  
3055 Wilshire Blvd.  
Los Angeles, CA 90010

**Thursdays**  
11:00 a.m. - 3:00 p.m.

**AHF Pharmacy**  
8212 Santa Monica Blvd.  
West Hollywood, CA 90046

**Saturdays**  
2:30 p.m. - 6:30 p.m.



BeingAliveLA



BeingAlive\_LA



@BeingAlive1986



**BEING  
ALIVE!**

[www.beingalivela.org/syringe-service-program/](http://www.beingalivela.org/syringe-service-program/)

## Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email [becky@beingalivela.org](mailto:becky@beingalivela.org) or (323) 874-4322

### Mondays

**If you have ideas for a group you would like to see at Being Alive, let us know!**

### Tuesdays

**Queen Bees - 6:00pm—7:30pm** (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by Becky. Email [becky@beingalivela.org](mailto:becky@beingalivela.org) for more information.

**Write Out Proud - 6:30pm—9:30pm** (In Person at Being Alive)

A new LGBTQA+ writers group open to any ability level. Email [info@writeoutproud.com](mailto:info@writeoutproud.com) for more information.

### Wednesdays

**Wise Ones - 7:00pm to 9:00pm** - (Virtual on ZOOM)

An empowering drop-in social group for men and women over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email [alasdairburton@gmail.com](mailto:alasdairburton@gmail.com) to join.

### Thursdays

**Movie Night- 7:00pm to 9:00pm** - (Virtual on ZOOM)

A fun and interactive movie experience that includes vibrant discussions following the movie. Email Timothy at [tzembek@beingalivela.org](mailto:tzembek@beingalivela.org) for the zoom link.

### Fridays

**Friday Night Lite - 7:00pm to 9:00pm** (Virtual on ZOOM)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Gary O'Brien.

### Saturdays



**CMA "Hollywood Stars" - 7:00pm to 8:00pm** (IN PERSON at Being Alive)

This meeting is both HIV / LGBTQA + affirmative. With Keith K. and Jason C. Masks required. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028. Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.


### Sundays

**CMA Una Nueva Herencia (en español) - 10:00am to 11:00am** (EN PERSONA)

Este grupo CMA es en español. Contactar a Gustavo en [Gustavo@venerarte.us](mailto:Gustavo@venerarte.us) para mas informacion. Mascaras requeridas. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028

<b>January</b> <b>1</b>	<b><u>Monday - Happy New Year!</u></b> Being Alive is closed today.	
<b>2</b>	<b><u>Tuesday</u></b> 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p No Queen Bees tonight!	
<b>3</b>	<b><u>Wednesday</u></b> 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only! 7p - 9p Wise Ones on ZOOM	
<b>4</b>	<b><u>Thursday</u></b> 11a - 3p Syringe Service Program at APAIT 10a - 2p Acupuncture Clinic. By Appointment Only! 7p - 9p Movie Night: <u>Waiting for Guffman</u>	
<b>5</b>	<b><u>Friday</u></b> 11a - 3p Syringe Service Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM	
	<b><u>Saturday - Dia de los Reyes Magos - Epiphany</u></b> 12p - 4p Ceramics Studio open. 2:30p - 6:30p Syringe Service Program at AHF West Hollywood 7p - 8p CMA "Hollywood Stars"	
<b>7</b>	<b><u>Sunday</u></b> 12p - 4p Ceramics Studio open. 10a - 11a CMA Una Nueva Herencia	
<b>8</b>	<b><u>Monday</u></b> 11a - 2p Reiki with Wade. By Appointment Only! 11a - 4p Chiropractic Clinic. By Appointment and Walk In. 12p - 4p Ceramics Studio open.	
<b>9</b>	<b><u>Tuesday</u></b> 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group 6:30p - 9:30p Write Out Loud Writers Workshop	
<b>10</b>	<b><u>Wednesday</u></b> 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only! 7p - 9p Wise Ones on ZOOM	
<b>11</b>	<b><u>Thursday</u></b> 11a - 3p Syringe Service Program at APAIT 10a - 2p Acupuncture Clinic. By Appointment Only! 7p - 9p Movie Night: <u>Best In Show</u>	

# Cancellation & No Show Policy



**(effective 4/1/22)**

Due to the continually high number of NO SHOWS for acupuncture and chiropractic appointments, a fee of \$5 will be charged prior to scheduling your next appointment. This includes last minute cancellations (less than 48 hours).

NO SHOW FEE = \$5

LATE CANCELLATION FEE = \$5

3 NO SHOWS/LATE CANCELLATIONS MAY RESULT IN LOSS OF FUTURE APPOINTMENTS.

(NO SHOWS FEE FOR SCULPTRA = \$100 AND MOVED TO NEXT AVAILABLE APPOINTMENT (1 YEAR WAIT))

Free does not mean valueless. When clients miss appointments, clinicians lose training hours. Being Alive loses numbers for grant reporting, and staff loses valuable time to find someone to fill the spot.



# Write Out Proud

## LGBTQIA+ Writing Workshop

*This is a rolling enrollment, drop in, no cost, workshop so you can come when you feel like it. All are welcome. No experience needed or come jump start your writing practice. When we Write Out Proud, we share the love of who we are for the world to see, so the world can become better at loving us back.*

**Have a story to tell?**

**Always wanted to write?**

*6:30 pm  
Tuesdays*

*To join in:  
email [info@WriteOutProud.com](mailto:info@WriteOutProud.com)  
or dm IG @writeoutproud  
or Text 310-903-0401*

**Made possible by a grant from the Picerne Foundation.**

### January

**12**

#### **Friday - National Pharmacist Day**

11a - 3p Syringe Service Program at AHF Hollywood Flagship  
1p - 3p Narcan Training / Ending the HIV Epidemic  
7p - 9p Friday Night Lite on ZOOM



**13**

#### **Saturday**

12p - 4p Ceramics Studio open.  
2:30p - 6:30p Syringe Service Program at AHF West Hollywood  
7p - 8p CMA "Hollywood Stars"

**14**

#### **Sunday**

10a - 11a CMA Una Nueva Herencia  
12p - 4p Ceramics Studio open.



#### **Monday - Martin Luther King, Jr. Day**

Being Alive Closed.  
12p - 4p Ceramics Studio open.

**16**

#### **Tuesday**

11a - 3p Syringe Service Program at AHF Hollywood Flagship  
10a - 12p Facial Rejuvenation Clinic  
6p - 7:30p The Queen Bees Women's Group  
6:30p - 9:30p Write Out Loud Writers Workshop

**17**

#### **Wednesday**

10a - 2p Syringe Service Program at Minority AIDS Project  
10a - 2p Acupuncture Clinic. By Appointment Only!  
7p - 9p Wise Ones on ZOOM

**18**

#### **Thursday**

11a - 3p Syringe Service Program at APAIT  
10a - 2p Acupuncture Clinic. By Appointment Only!  
7p - 9p Movie Night: A Mighty Wind

**19**

#### **Friday**

11a - 3p Syringe Service Program at AHF Hollywood Flagship  
7p - 9p Friday Night Lite on ZOOM

**20**

#### **Saturday - National Cheese Lovers Day**


12p - 4p Ceramics Studio open.  
12p - 4p Vision Board Workshop  
2:30p - 6:30p Syringe Service Program at AHF West Hollywood  
7p - 8p CMA "Hollywood Stars"



**21**

#### **Sunday**

10a - 11a CMA Una Nueva Herencia  
12p - 4p Ceramics Studio open.

<b>January</b> <b>22</b>	<b>Monday</b> 11a - 2p Reiki with Wade. By Appointment Only! 11a - 4p Chiropractic Clinic. By Appointment and Walk In 12p - 4p Ceramics Studio open.
<b>23</b>	<b>Tuesday</b> 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group 6:30p - 9:30p Write Out Loud Writers Workshop
	<b>Wednesday - Compliment Day</b> 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only! 7p - 9p Wise Ones on ZOOM
<b>25</b>	<b>Thursday</b> 11a - 3p Syringe Service Program at APAIT 10a - 2p Acupuncture Clinic. By Appointment Only! 7p - 9p Movie Night: <u>For Your Consideration</u>
<b>26</b>	<b>Friday</b> 11a - 3p Syringe Service Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM
<b>27</b>	<b>Saturday</b> 12p - 4p Ceramics Studio open. 2:30p - 6:30p Syringe Service Program at AHF West Hollywood 7p - 8p CMA "Hollywood Stars"
<b>28</b>	<b>Sunday</b> 10a - 11a CMA Una Nueva Herencia 12p - 4p Ceramics Studio open.
<b>29</b>	<b>Monday - Bubble Wrap Appreciation Day</b> 11a - 2p Reiki with Wade. By Appointment Only! 11a - 4p Chiropractic Clinic. By Appointment and Walk In 12p - 4p Ceramics Studio open.
<b>30</b>	<b>Tuesday</b> 11a - 3p Syringe Service Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group 6:30p - 9:30p Write Out Loud Writers Workshop
<b>31</b>	<b>Wednesday</b> 10a - 2p Syringe Service Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only! 7p - 9p Wise Ones on ZOOM

## Introducing A New **Buddy Program!**

**What is the buddy program?** Buddy programs for people living with HIV/AIDS have been a vital part of HIV/AIDS services for decades. Now, as the majority of people living with HIV/AIDS are 50+ years old, isolation and the need for personal and social support has seen a resurgence. Being Alive was approached to start a new generation of a buddy program to address not only the needs of a population aging with HIV, but also to assist newly diagnosed people on a shorter-term basis to adjust to their new diagnosis.

If you're interested in **HAVING** a buddy, please email Ross at [rmeredith@beingalivelv.org](mailto:rmeredith@beingalivelv.org) to be put on the list.

If you're interested in **BEING** a buddy, also reach out to Ross at [rmeredith@beingalivelv.org](mailto:rmeredith@beingalivelv.org)

Our buddy program coordinator will be reaching out to follow up with those interested.

Participants will receive fantastic support, gift cards, and invitations to special activities.



*A new program funded by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles, Department of Public Health, Division of HIV and STD Programs to End the HIV Epidemic.*



# THE WISE ONES



**Every Wednesday**

**7:00pm–9:00pm**

**Email for the ZOOM link**

**Alasdairburton@gmail.com**

“The Wise Ones” is an empowering, drop-in social group for men and women over 35 who are long-term survivors living with HIV. Themes include issues related to aging and meeting others to share experiences.



## ADAP / HIPP Enrollment

### AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication.

To be eligible for the ADAP program, a client must:

- Be a resident of California;
- Have a positive HIV/AIDS diagnosis;
- Be at least 18 years old;
- Have an annual Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size and income;
- Not be fully covered by Medi-Cal or any other third party payers.

### OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Be enrolled in comprehensive health care coverage
- Not be fully covered by Medi-Cal

### MPPP / Medigap

The Medicare Premium Payment Program (MPPP) pays Part C/D and Medigap insurance premiums for persons living with HIV/AIDS who are enrolled in the AIDS Drug Assistance Program (ADAP) and a Medicare Part C or D plan. Individuals that are enrolled in MPPP are also eligible for the medical out-of-pocket (MOOP) cost. To be eligible for Medicare Part D premium assistance, clients must:

- Be enrolled in ADAP (see [ADAP eligibility criteria](#))
- Be enrolled in a Medicare Part C or D Plan
- Be eligible for MPPP

### EB-HIPP

Employer Based-HIPP is a subsidy program that provides premium assistance for an ADAP client's portion of their employer based insurance premiums. EB-HIPP pays the client's portion of their monthly medical and dental premiums, if eligible. If a vision premium is included in the medical or dental premium, the client will have their vision premiums subsidized.

### PrEP AP

The PrEP-AP provides assistance with PrEP-related medical out-of-pocket costs and access to medications on the PrEP-AP formulary for the prevention of HIV and treatment of sexually transmitted infections. The PrEP-AP provides assistance to both uninsured and insured individuals at risk for, but not infected with HIV.

Please have CA ID, insurance card, utility bill, diagnosis form, and proof of income (tax return or 3 months of pay stubs). If any items are missing, applications cannot be completed and appointments will be rescheduled.

**Call 323-874-4322 to schedule your appointment**





# CHIROPRACTIC CARE



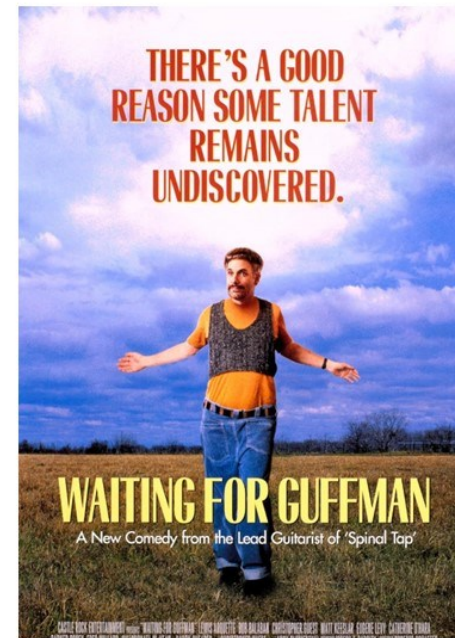
**Mondays 11AM - 4PM**

**By appointment and walk-in!**



**Call 323-874-4322**

**for an appointment or info.**



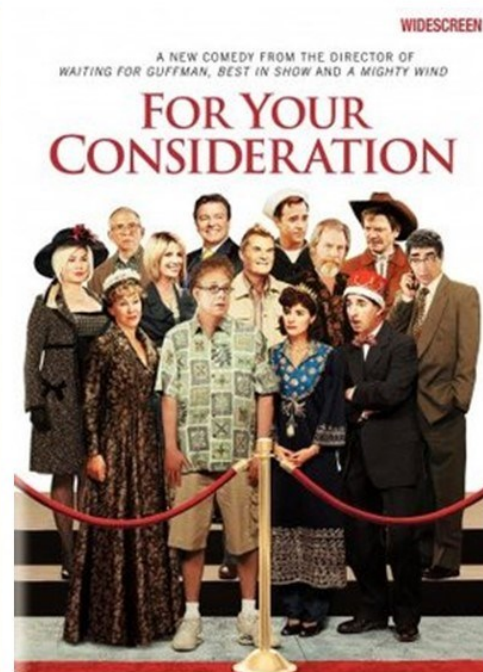
**January 4**



**January 11**



**January 18**



**January 25**



# January Movies – A Tribute to Christopher Guest

## MOVIE NIGHT



JOIN US ON OUR NEW NIGHT AND TIME  
**THURSDAYS, 7:00 P.M. - 9:00 P.M.**  
ZOOM ROOM WILL OPEN AT 6:50 P.M.

EMAIL TIMOTHY AT [TZEMBEK@BEINGALIVELA.ORG](mailto:TZEMBEK@BEINGALIVELA.ORG) FOR THE ZOOM DETAILS

LOS ANGELES LGBT CENTER  
SENIOR SERVICES

## PATHWAYS TO HOUSING



Thursday, January 4th  
3:00pm - 4:30pm  
Senior Center

1118 N. McCadden Place,  
Los Angeles, CA 90038

For more information, contact us at:  
[senior@lalgbtcenter.org](mailto:senior@lalgbtcenter.org) or  
(323) 993-7400

Are you over the age of 50 and need help finding affordable housing? Attend our workshop to learn tools and community resources to identify housing opportunities.

save the dates:

### Housing Readiness Workshop

6 week Series

THURSDAYS

10:00AM - 11:30AM

Starting 2/1/24

- Credit Repair
- Tenant Rights
- Employment
- Healthy Living
- & More!

SENIOR CENTER - 1118 N. MCCADDEN PLACE

LOS ANGELES LGBT CENTER  
SENIOR SERVICES

### Protecting your HOUSING RIGHTS

TUESDAY, JANUARY 9, 10:00AM - 11:30AM  
SENIOR CENTER  
1118 N. MCCADDEN PLACE  
LOS ANGELES, CA 90038

ARE YOU OVER THE AGE OF 50 AND HAVE QUESTIONS ABOUT YOUR HOUSING?  
AS A TENANT, YOU HAVE MANY RIGHTS WHEN RENTING A RESIDENTIAL UNIT. LEARN ABOUT THE BASICS OF TENANTS' HOUSING RIGHTS, HOUSING PROTECTIONS, AND THE EVICTION PROCESS AT THIS INFORMATIONAL WORKSHOP PRESENTED BY THE LEGAL SERVICES DEPARTMENT OF THE L.A. LGBT CENTER.

FOR MORE INFORMATION, CONTACT US AT: [senior@lalgbtcenter.org](mailto:senior@lalgbtcenter.org) OR (323) 993-7400





*Reiki*  
*With Wade*

**Mondays 11am - 2pm**

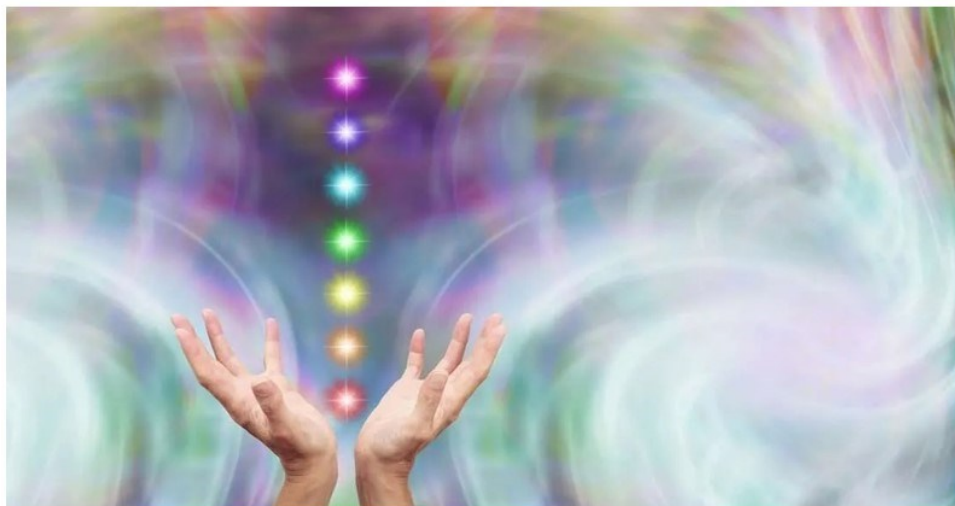
**by Appointment Only**

Enjoy the gentle and highly powerful natural system of energy healing. Reiki is focused through the hands to create communication with your body's intuitive wisdom, allowing one to balance physically, mentally, emotionally and spiritually.

*Email [Becky@beingalivela.org](mailto:Becky@beingalivela.org)*

*or call 323-874-4322 to book an appointment.*

For more information about Reiki Master Wade Cook,  
visit [WadeEmpowers.com](http://WadeEmpowers.com)



# Get Creative!

Peer Support through Art



## Ceramics and Fused Glass Studio

**7976 Santa Monica Blvd—WeHo  
(In the back yard)**



**Exclusively for Being Alive client-members**

**Drop-in Hours:**

**Sat, Sun & Mon - 12:00pm to 4:00pm**

Facilitators: Jim and Brian

Contact Being Alive for additional questions

**CLOSED DURING INCLEMENT WEATHER  
(Rain, extreme heat, high winds, etc.)**