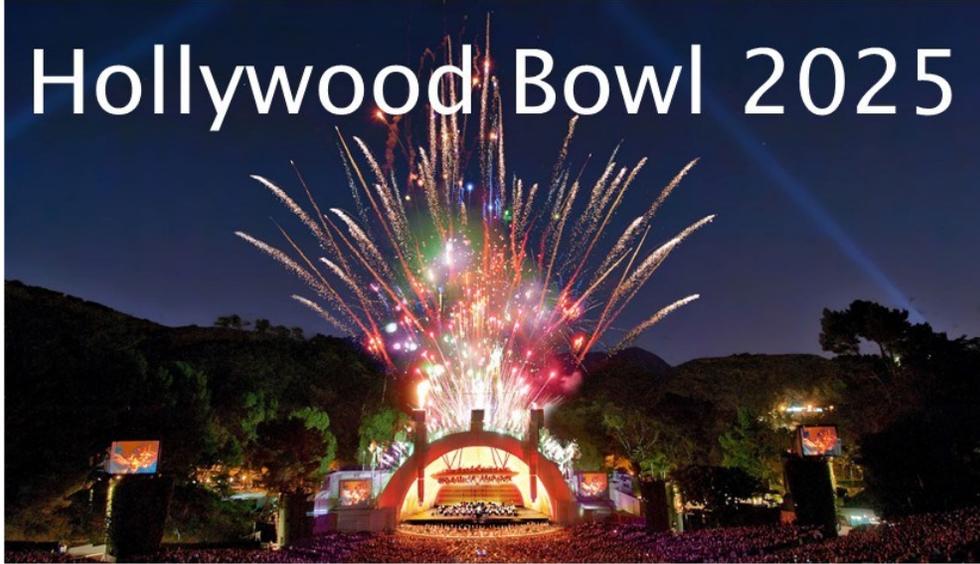


Hollywood Bowl 2025



Hollywood Bowl Vouchers are now available.

Please review:

- Outstanding late fees must be cleared before receiving vouchers.
 - Only 30 vouchers are available. Act fast!
 - Only one voucher per client.
- Each voucher is worth TWO tickets—either two tickets to one performance or one ticket to two performances.
 - We will need the name of your guest.
- You pick the performance (Tuesday and Thursday concerts only), and you redeem voucher at the box office.
- Vouchers must be picked up in person at Being Alive no later than Monday, July 14th at 5pm. Unclaimed vouchers will go to the next person on the waitlist.

More information and box office location/hours, will be provided to the lucky first 30 clients who get vouchers.

The list will open at 7:05am on July 1st.

Email becky@beingalivela.org or call Becky at **323-874-4322** to reserve your spot.

July 2025

BA BEING ALIVE!



Being Alive

7080 Hollywood Blvd., Suite 450 - Los Angeles, CA 90028

(323) 874-4322

Monday - Thursday 10am - 6pm; Friday by appointment only

www.beingalivela.org

Being Alive Harm Reduction Center

7976 Santa Monica Blvd. - West Hollywood, CA 90046

(323) 848-4445 Office: Monday-Saturday 10am - 6pm

Participant Hours: Tuesday - Saturday 1pm - 5pm



July 21st, 2025



Acupuncture*

Wednesdays 10:00a to 2:00p
By Appointment Only

Ceramics at BA Harm Reduction Ctr
7976 Santa Monica Blvd

Saturdays 1:00p to 5:00p
Sundays 1:00p to 5:00p
Mondays 1:00p to 5:00p

Chiropractor*

Mondays 10:30a to 4:00p
By Appointment, Walk-Ins appointments available for returning clients.

New Chiropractic Clinic patients must arrive at least 15 minutes prior to appointment time to complete paperwork.

Reiki with Wade*

Mondays 11:00a to 2:00p
By Appointment Only

Psychotherapy*

Mental Health counseling is provided by appointment. Couples counseling is also available. Please call Becky at (323) 874-4322 for details about Being Alive's mental health program.

Facial Rejuvenation Clinic*

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen, MD, Sculptra treatment is provided by appointment and approval only. Call Silvia at 323-874-4322 for information. As of December 2024, Galderma, the pharma company that makes Sculptra, has ended its patient assistance program. NO NEW APPLICATIONS are being accepted. Clients with existing product will be scheduled.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your ADAP and OA-HIPP needs. Please call 323-874-4322 for more information.

#ZEROHIVSTIGMADAY

www.iapac.org

www.naz.org.uk/zerohivstigmaday

www.poz.com/event/zero-hiv-stigma-day-2025



Being Alive's Wellness Center is partially funded by a generous grant from the City of West Hollywood.

***Appointments Required: Contact Being Alive**

See wellness & support pages for details.

THE QUIT alliance

Join us for a
**Smoking Cessation
Medical Update Luncheon**

**Thursday, July 24th
12 Noon - 1:30pm
at Being Alive**

Space is limited
Email Becky@beingalivela.org
to register



Presented by
Victor Crisanto
Cedar-Sinai Cancer Center



Events at a Glance

July 2025

- 4 - Independence Day Holiday
- 24 - Tobacco Cessation Luncheon
- 24 - NEW! Qi Gong w/ Trenton
- 30 - Yoga for Every Body



August 2025

- 25 - Yoga for Every Body

REMINDER: If you are feeling ill, please cancel your appointment.
We will be happy to reschedule your appointment without any penalty
or cancellation fee.

Stay home if you feel ill!

BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

PUBLICATION	ONLINE
<p>Being Alive Monthly Calendar</p> <p>July 2025</p> <p>Publisher: Being Alive 7080 Hollywood Blvd., Ste. 450 Los Angeles, CA 90028 323-874-4322</p>	<p>Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates.</p> <p>www.beingalivela.org</p> <p>Or follow us on</p> 

APPOINTMENT & CANCELLATION POLICY
Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation (or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!
NO SHOWS for Wellness Center require a \$5 fee to reschedule.
NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.
NO SHOWS for events where food is provided will incur a \$20 fee and may result in restriction from future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

LATE POLICY—If you are more than 10 minutes late for an appointment, you may not be seen and will have to reschedule for a future date.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742
Donations are greatly appreciated.



Being Alive quiere tu opinión!

Ayúdanos a descubrirlo:
Lo que le gustaría ver, brechas en el servicio, necesidades de la comunidad, nuevas ideas, etc.

¡Ayude a dar forma al futuro de los servicios a la comunidad!

Jueves 17 de julio de 12:00pm a 1:30pm (en español)
Being Alive Sala Principal

Almuerzo “Subway” incluido.

Regístrate enviando un correo electrónico a sjimenez@beingalivela.org

¡El espacio es limitado, así que regístrate temprano!





Being Alive wants your input!

Help us find out:

What you'd like to see, gaps in service, community needs, new ideas, etc.
 Help shape the future of services to the community!

Thursday, July 10th at 12 Noon to 1:30pm (English version)
 Being Alive Main Room

Subway lunch included.

Sign up by emailing jamie@beingalivela.org

Space is limited, so register early!



Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email becky@beingalivela.org or (323) 874-4322

Mondays

If you have ideas for a group you would like to see at Being Alive, let us know!

Tuesdays

Queen Bees - 6:00pm—7:30pm (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by Becky. Email becky@beingalivela.org for more information.

Wednesdays

Wise Ones - 7:00pm to 9:00pm - (Virtual on ZOOM - In Person on 4th Wednesdays)

An empowering drop-in social group for men and women over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email alasdairburton@gmail.com to join.

Thursdays

If you have ideas for a group you would like to see at Being Alive, let us know!

Fridays

Friday Night Lite - 7:00pm to 9:00pm (Virtual on ZOOM)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Richard. Email richardfnt@gmail.com to join.

Saturdays

CMA "Hollywood Stars" - 7:00pm to 8:00pm (IN PERSON at Being Alive)

This meeting is both HIV / LGBTQIA + affirmative. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028
 Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.

July 1	Tuesday - Canada Day 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group 
2	Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM
3	Thursday 11a - 3p Harm Reduction Program at APAIT
	Friday - Independence Day Holiday Being Alive Offices are closed
5	Saturday 1p - 5p Ceramics Studio open 1p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
6	Sunday 1p - 5p Ceramics Studio Open
7	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p - No Reiki Today 1p - 5p Ceramics Studio Open
	Tuesday - Cow Appreciation Day 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
9	Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM
10	Thursday 11a - 3p Harm Reduction Program at APAIT 12p - 1:30p Speak Up! Being Alive
11	Friday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM

Having trouble taking your HIV medication every day?

The CROWN study may be an option for you.

Oral antiretroviral therapy (ART) is effective HIV treatment when taken as prescribed. Most people can reduce their viral load enough to make it undetectable, meaning they stay healthy and won't transmit HIV to others.

But oral ART doesn't always work the same for everyone.

The CROWN study for HIV treatment
If daily HIV treatment is not working well for you, you are not alone.

The CROWN study is part of the effort to find more options for people whose HIV is not undetectable despite treatment.

Researchers are looking into a potential injectable HIV treatment option to see how effective it may be compared to oral ART that has not provided undetectable HIV. If you choose to join this clinical study, you will play a key role in advancing HIV research.

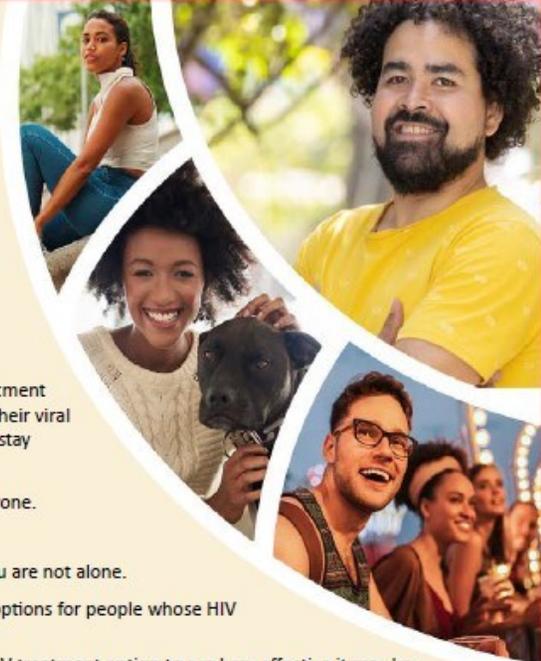
Who can participate?
You may be eligible to participate in the CROWN study if you are:

- 12 years of age or older
- Living with HIV that is not undetectable
- Currently being treated with oral ART

You will need to meet additional requirements. The study doctor will review these with you.

To learn more about this study and see if it may be right for you, please contact:

Victor Guerrero, Research Director at Pacific Oaks Medical Group
949-284-5715
vguerrero@pacificoaks.com

Contact Victor Guerrero at Pacific Oaks Medical Group
vguerrero@pacificoaks.com or 949-284-5715

FREE

TEEN ADVENTURE CAMP

AGES 13-17

JULY 27 - AUG. 2, 2025

LOS ANGELES, CA

Serving young key populations, at-promise youth, and youth impacted by HIV/AIDS.
Atendiendo a las poblaciones clave jóvenes, a los jóvenes con potencial y a los jóvenes afectados por el VIH.

- *LEADERSHIP-FOCUS/
ENFOQUE DE LIDERAZGO
- *CAREER EXPLORATION /
EXPLORACIÓN PROFESIONAL
- *MENTORSHIP/ MENTORÍA
- * LIFE SKILLS/APOYANDO
HABILIDADES PARA LA VIDA
- * COMMUNITY/ COMUNIDAD
- * EMPOWERMENT/
EMPODERAMIENTO
- * LIFELONG MEMORIES/
RECUERDOS PARA LA VIDA
- *CREATING AN AIDS FREE WORLD/
CREANDO UN MUNDO LIBRE DE SIDA
- * FUN/COMMUNITY/CONNECTION



For more details, visit:

www.Laurel-Foundation.org/Camp-Laurel

July 12	<p>Saturday 1p - 5p Ceramics Studio open 1p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"</p>
13	<p>Sunday 1p - 5p Ceramics Studio Open</p>
	<p>Monday - Bastille Day 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio Open</p>
15	<p>Tuesday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group</p>
16	<p>Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM</p>
17	<p>Thursday 11a - 3p Harm Reduction Program at APAIT 12p - 1:30p Hablar Alto! Being Alive</p>
18	<p>Friday - National Tropical Fruit Day 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM</p> 
19	<p>Saturday 1p - 5p Ceramics Studio open 1p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"</p>
20	<p>Sunday 1p - 5p Ceramics Studio Open</p>
	<p>Monday - HIV Zero Stigma Day 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio Open</p>

<p>July 22</p>	<p>Tuesday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group</p>
<p>23</p>	<p>Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 3:30p -4:30p Yoga for Every Body 7p - 9p Wise Ones IN PERSON at Being Alive</p>
	<p>Thursday - Amelia Earhart Day 11a - 3p Harm Reduction Program at APAIT 12p - 1:30p Smoking Cessation Luncheon 6:30p - 7:30p Qi Gong w/ Trenton</p>
<p>25</p>	<p>Friday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM</p>
<p>26</p>	<p>Saturday 1p - 5p Ceramics Studio Open 1p - 5p Harm Reduction Center WeHo Open 7p - 8p CMA "Hollywood Stars"</p>
<p>27</p>	<p>Sunday 1p - 5p Ceramics Studio Open</p>
	<p>Monday - Buffalo Soldiers Day 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p No Reiki Today 1p - 5p Ceramics Studio Open</p>
<p>29</p>	<p>Tuesday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group</p>
<p>30</p>	<p>Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 3:30p -4:30p Yoga for Every Body 7p - 9p Wise Ones IN PERSON at Being Alive</p>
<p>31</p>	<p>Thursday - National Avocado Day 11a - 3p Harm Reduction Program at APAIT 6:30p - 7:30p Qi Gong w/ Trenton</p> 



The Queen Bees!

Women's Support Group

Tuesdays
6pm—7:30pm
On ZOOM

Email
Becky@beingalivela.org
for more information

Open to all who express or identify
"female" or "woman"

Being Alive's Harm Reduction Program

Four Locations to Serve You



AHF Flagship Pharmacy
4905 Hollywood Blvd.
Los Angeles, CA 90028
Tuesdays & Fridays
11:00 a.m. - 3:00 p.m.

Minority AIDS Project
5149 W. Jefferson Blvd.
Los Angeles, CA 90016
Wednesdays
10:00 a.m. - 2:00 p.m.

APAIT
3055 Wilshire Blvd.
Los Angeles, CA 90010
Thursdays
11:00 a.m. - 3:00 p.m.

Harm Reduction Center
7976 Santa Monica Blvd.
West Hollywood, CA 90046

Tuesdays - Saturdays
1:00 p.m. - 5:00 p.m.

Sundays - Mondays
Closed



BeingAliveLA



BeingAlive_LA



@BeingAlive1986



323-848-4445

CHIROPRACTIC CARE



Mondays 10:30AM - 4PM
By appointment and walk-in!



Call 323-874-4322
for an appointment or info.



Reiki

With Wade

Mondays 11am - 2pm
by Appointment Only

Enjoy the gentle and highly powerful natural system of energy healing. Reiki is focused through the hands to create communication with your body's intuitive wisdom, allowing one to balance physically, mentally, emotionally and spiritually.

Email Becky@beingalivela.org

or call 323-874-4322 to book an appointment.

For more information about Reiki Master Wade Cook, visit WadeEmpowers.com



ACUPUNCTURE

Get to the point and schedule your acupuncture appointment today!



WEDNESDAYS 10AM-2PM

with Acupuncturist Dr. Lana, DAOM, LAc and interns Kristina and Camellia.

By Appointment Only!

Call 323-874-4322 for an appointment.

Masking optional but encouraged.

Friday Night Lite

A WEEKLY SUPPORT GROUP FOR PEOPLE LIVING WITH HIV

Every Friday Night ~ 7:00 - 9:00 PM

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Richard who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.



**Email Richard for the Zoom link to join
richardfnlt@gmail.com**

Sponsored by Being Alive
Contact Becky@BeingAliveLA.org
or call 323.874.4322 for more info



Get Creative!

Peer Support through Art



Ceramics Studio

**7976 Santa Monica Blvd—WeHo
(Behind the Harm Reduction Center)**



Exclusively for Being Alive client-members

Drop-in Hours:

Sat, Sun & Mon - 1pm to 5pm

Facilitated by Jim S. and Ken J.

Contact Being Alive with additional questions

**CLOSED DURING INCLEMENT WEATHER
(Rain, extreme heat, high winds, etc.)**

THE WISE ONES



Every Wednesday

7:00pm–9:00pm

**Email for the ZOOM link
Alasdairburton@gmail.com**

***Now In Person on the 4th
Wednesday of the month***

“The Wise Ones” is an empowering, drop-in social group for men and women over 35 who are long-term survivors living with HIV. Themes include issues related to aging and meeting others to share experiences.



YOGA

AT BEING ALIVE

YOGA FOR EVERY BODY

Last Wednesday of Every Month
3:30 – 4:30

WE WILL BE OFFERING:

- Yin Yoga
- Adaptive/Chair Yoga
- Pranayama (Breathwork) & Guided Meditations



Ross Meredith began his yoga journey at Being Alive in 2013 and has since deepened his practice through a 200-hour teacher training at YogaUSC and a 60-hour Yin certification from Hot8 Yoga.



Ross' classes will show the transformative power of yoga and emphasize feel-good movement, mindfulness, and breathwork.

Bring yoga mat, blocks, blanket, and water.



RSVP to Ross - 323.874.4322 or email RMeredith@beingalivelive.org

7080 Hollywood Blvd, Suite 450
Los Angeles, CA 90028

QI GONG

NEW at Being Alive!

Every Thursday starting July 24th

6:30pm - 7:30pm

In the Being Alive Main Room

Wear loose, comfortable clothing!

All abilities welcome!

Sign up with Becky@BeingAliveLA.org

Trenton, a Qi Gong practitioner, massage therapist with seven years of experience, is a current acupuncture student at Yo San University. Growing up on a ranch in Oregon, he developed a deep connection to nature, animals, and the rhythm of life, something that continues to shape him.

Qi Gong is often described as Chinese calisthenics with breath—gentle, flowing movements paired with intentional breathing to regulate emotions, improve balance, and support overall well-being. It's both ancient and deeply accessible. Whether seated or standing, at home or in class, Qi Gong meets you where you are. You will be guided to move within your own ability, comfort, and boundaries helping you reconnect with your body and restore harmony between mind, body, and spirit.

Health Benefits of Qi Gong:

Improves Mood

Improves Energy

Improves Cognition

Improves Balance



BEING ALIVE!

LIBRARY



Come borrow a **BOOK**.
WITH NO TIME LIMITS

Open **Wednesday** from
10am-1pm in the main
lobby. Or call to make
an appointment!





ADAP / HIPP Enrollment

AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication.

To be eligible for the ADAP program, a client must:

- Be a resident of California;
- Have a positive HIV/AIDS diagnosis;
- Be at least 18 years old;
- Have an annual Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size and income;
- Not be fully covered by Medi-Cal or any other third party payers.

OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Be enrolled in comprehensive health care coverage
- Not be fully covered by Medi-Cal

MPPP / Medigap

The Medicare Premium Payment Program (MPPP) pays Part C/D and Medigap insurance premiums for persons living with HIV/AIDS who are enrolled in the AIDS Drug Assistance Program (ADAP) and a Medicare Part C or D plan. Individuals that are enrolled in MPPP are also eligible for the medical out-of-pocket (MOOP) cost. To be eligible for Medicare Part D premium assistance, clients must:

- Be enrolled in ADAP (see [ADAP eligibility criteria](#))
- Be enrolled in a Medicare Part C or D Plan
- Be eligible for MPPP

EB-HIPP

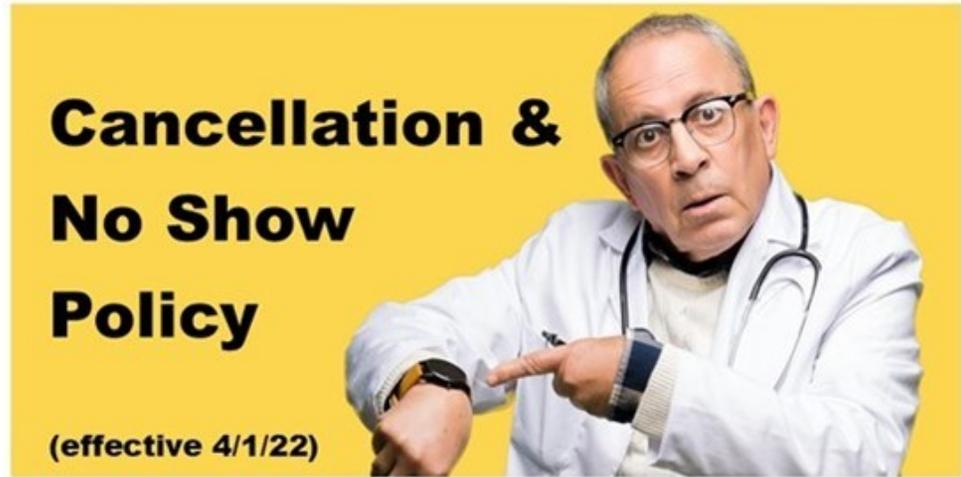
Employer Based-HIPP is a subsidy program that provides premium assistance for an ADAP client's portion of their employer based insurance premiums. EB-HIPP pays the client's portion of their monthly medical and dental premiums, if eligible. If a vision premium is included in the medical or dental premium, the client will have their vision premiums subsidized.

PrEP AP

The PrEP-AP provides assistance with PrEP-related medical out-of-pocket costs and access to medications on the PrEP-AP formulary for the prevention of HIV and treatment of sexually transmitted infections. The PrEP-AP provides assistance to both uninsured and insured individuals at risk for, but not infected with HIV.

Please have CA ID, insurance card, utility bill, diagnosis form, and proof of income (tax return or 3 months of pay stubs). If any items are missing, applications cannot be completed and appointments will be rescheduled.

Call 323-874-4322 to schedule your appointment



Due to the continually high number of NO SHOWS for acupuncture and chiropractic appointments, a fee of \$5 will be charged prior to scheduling your next appointment. This includes last minute cancellations (less than 48 hours).

NO SHOW FEE = \$5

LATE CANCELLATION FEE = \$5

3 NO SHOWS/LATE CANCELLATIONS MAY RESULT IN LOSS OF FUTURE APPOINTMENTS.

(NO SHOWS FEE FOR SCULPTRA =\$100 AND MOVED TO NEXT AVAILABLE APPOINTMENT (1 YEAR WAIT))

Free does not mean valueless. When clients miss appointments, clinicians lose training hours. Being Alive loses numbers for grant reporting, and staff loses valuable time to find someone to fill the spot.