

March 10

The rate of new HIV infections among **Black women is 10x** that of White women and 4x that of Latina women.

MARCH 10

National Women and Girls HIV/AIDS Awareness Day
Prevention and Testing at Every Age. Care and Treatment at Every Stage.



March 2025

BA BEING ALIVE!



National Native
HIV/AIDS
AWARENESS DAY



March 20



IT'S ALL RELATIVE,
OUR EXPERIENCE MAKES A DIFFERENCE

Being Alive

7080 Hollywood Blvd., Suite 450 - Los Angeles, CA 90028

(323) 874-4322

Monday - Thursday 10am - 6pm; Friday by appointment only

www.beingalivela.org

Being Alive Harm Reduction Center

7976 Santa Monica Blvd. - West Hollywood, CA 90046

(323) 848-4445 Office: Monday-Saturday 10am - 6pm

Participant Hours: Tuesday - Saturday 1pm - 5pm



Acupuncture*

Wednesdays 10:00a to 2:00p
By Appointment Only

Ceramics at BA Harm Reduction Ctr
7976 Santa Monica Blvd

Saturdays 12:00p to 4:00p
Sundays 12:00p to 4:00p
Mondays 12:00p to 4:00p

Chiropractor*

Mondays 10:30a to 4:00p
By Appointment, Walk-Ins appointments available for returning clients.

New Chiropractic Clinic patients must arrive at least 15 minutes prior to ap-
pointment time to complete paperwork.

Reiki with Wade*

Mondays 11:00a to 2:00p
By Appointment Only

Psychotherapy*

Mental Health counseling is provided by appointment. Couples counseling is also available. Please call Becky at (323) 874-4322 for details about Being Alive's mental health program.

Facial Rejuvenation Clinic*

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen, MD, Sculptra treatment is provided by appointment and approval only. Call Silvia at 323-874-4322 for information. As of December 2024, Galderma, the pharma company that makes Sculptra, has ended its patient assistance program. NO NEW APPLICATIONS are being accepted. Clients with existing product will be scheduled.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your ADAP and OA-HIPP needs. Please call 323-874-4322 for more information.



Being Alive's Wellness Center is partially funded by a generous grant from the City of West Hollywood.

***Appointments Required: Contact Being Alive**

See wellness & support pages for details.



Email
Becky@beingalivela.org
for more information

**Open to all who express or identify
"female" or "woman"**

Being Alive's Harm Reduction Program

Four Locations to Serve You



AHF Flagship Pharmacy
4905 Hollywood Blvd.
Los Angeles, CA 90028
Tuesdays & Fridays
11:00 a.m. - 3:00 p.m.

Minority AIDS Project
5149 W. Jefferson Blvd.
Los Angeles, CA 90016
Wednesdays
10:00 a.m. - 2:00 p.m.

APAIT
3055 Wilshire Blvd.
Los Angeles, CA 90010
Thursdays
11:00 a.m. - 3:00 p.m.

Harm Reduction Center
7976 Santa Monica Blvd.
West Hollywood, CA 90046

Tuesdays - Saturdays
1:00 p.m. - 5:00 p.m.

Sundays - Mondays
Closed



BeingAliveLA



BeingAlive_LA



@BeingAlive1986



323-848-4445



March 2025

6 - Medical Update - Truxtons
9 - Daylight Savings Begins
14 - EHE Presentation



April 2025

27 - Off Sunset Festival
More to come!

REMINDER: If you are feeling ill,
please cancel your appointment.
We will be happy to reschedule
your appointment without any
penalty or cancellation fee.

Stay home if you feel ill!



HIV Navigation Services

**Medication Questions?
Paperwork Issues?
Need Referrals?**

Our trained HIV Navigators are
here to help!

4 FREE sessions
Receive **GIFT CARDS**
during sessions.

Servicios de navegacion de VIH

**Preguntas sobre medicamentos?
Problemas de papeleo?
Necesita referencias?**

Nuestros capacitados navegadores de
VIH estan aqui para ayudar.
4 sesiones GRATIS

Recibira tarjetas de regalo.

Call Deira or Geovanni at
(323) 874-4322
for more information.

*Funding by the U.S. Centers for Disease Control
and Prevention and the County of Los Angeles,*

Department of Public Health,

Division of HIV and STD Programs.



BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

PUBLICATION	ONLINE
<p>Being Alive Monthly Calendar</p> <p>March 2025</p> <p>Publisher: Being Alive 7080 Hollywood Blvd., Ste. 450 Los Angeles, CA 90028 323-874-4322</p>	<p>Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates.</p> <p>www.beingalivela.org</p> <p>Or follow us on</p>  

APPOINTMENT & CANCELLATION POLICY
Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation (or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!
NO SHOWS for Wellness Center require a \$5 fee to reschedule.
NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.
NO SHOWS for events where food is provided will incur a \$20 fee and may result in restriction from future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.


LATE POLICY—If you are more than 10 minutes late for an appointment, you may not be seen and will have to reschedule for a future date.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742
Donations are greatly appreciated.



YOGA


AT BEING ALIVE

YOGA FOR EVERY BODY


Last Wednesday of Every Month
3:30 - 4:30

WE WILL BE OFFERING:

- Yin Yoga
- Adaptive/Chair Yoga
- Pranayama (Breathwork) & Guided Meditations




Ross Meredith began his yoga journey at Being Alive in 2013 and has since deepened his practice through a 200-hour teacher training at YogaUSC and a 60-hour Yin certification from Hot8 Yoga.



Ross' classes will show the transformative power of yoga and emphasize feel-good movement, mindfulness, and breathwork.

Bring yoga mat, blocks, blanket, and water.



RSVP to Ross - 323.874.4322 or email RMeredith@beingalivela.org

7080 Hollywood Blvd, Suite 450
Los Angeles, CA 90028



NEW TREATMENT
OPTIONS AND
DOXY PEP!

ENDING THE HIV EPIDEMIC

MARCH 14TH 2024
AT 7080 HOLLYWOOD BLVD
SUITE 450, LA CA 90028
12-4PM EDUCATIONAL
PROGRAM

HOSTED BY BEING ALIVE
CALL 323-874-4322
EMAIL:
GBOTTICELLA@BEINGALIVELA.ORG
OR DFUENTES@BEINGALIVELA.ORG

FUNDED BY THE U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION
AND THE COUNTY OF LOS ANGELES, DEPARTMENT OF PUBLIC HEALTH,
DIVISION OF HIV AND STD PROGRAMS.

Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email becky@beingalivela.org or (323) 874-4322

Mondays

If you have ideas for a group you would like to see at Being Alive, let us know!

Tuesdays

Queen Bees - 6:00pm—7:30pm (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by Becky. Email becky@beingalivela.org for more information.

Wednesdays

Wise Ones - 7:00pm to 9:00pm - (Virtual on ZOOM - In Person on 4th Wednesdays)

An empowering drop-in social group for men and women over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email alasdairburton@gmail.com to join.

Thursdays

If you have ideas for a group you would like to see at Being Alive, let us know!

Fridays




Friday Night Lite - 7:00pm to 9:00pm (Virtual on ZOOM)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Matt. Email mattfnl@yahoo.com to join.

Saturdays

CMA "Hollywood Stars" - 7:00pm to 8:00pm (IN PERSON at Being Alive)

This meeting is both HIV / LGBTQIA + affirmative. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028
Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.

March	
1	Saturday - Ramadan Begins 12p - 4p Ceramics Studio open 1p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
2	Sunday 12p - 4p Ceramics Studio Open 
3	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 12p - 4p Ceramics Studio Open
4	Tuesday - Mardi Gras/Fat Tuesday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
5	Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM
6	Thursday 11a - 3p Harm Reduction Program at APAIT 6p - 8p Medical Update at Truxton's. Registration Required
7	Friday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM
8	Saturday 12p - 4p Ceramics Studio open 1p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
9	Sunday - Daylight Savings Time Begins 1p - 5p Ceramics Studio Open 
	Monday - National Women and Girls HIV Awareness Day No Chiropractic Clinic Today 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio Open
11	Tuesday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group

ACUPUNCTURE



Get to the point and schedule your acupuncture appointment today!

WEDNESDAYS 10AM-2PM

with Acupuncturist Dr. Lana, DAOM, LAc
and Interns Esmerelda and Sarah

By Appointment Only!

Call 323-874-4322 for an appointment.

Masking optional but encouraged.

Friday Night Lite

A WEEKLY SUPPORT GROUP FOR PEOPLE LIVING WITH HIV

Every Friday Night ~ 7:00 - 9:00 PM

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.



Join facilitator Matt who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.



**Email Matt for the Zoom link to join
matt4fnl@yahoo.com**

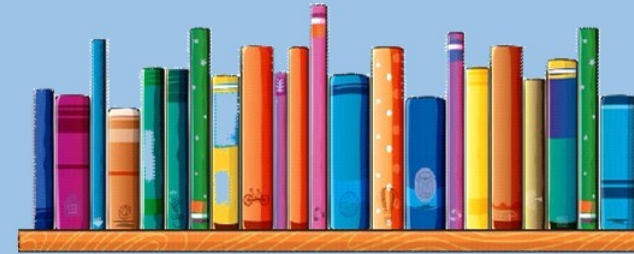
Sponsored by Being Alive
Contact Becky@BeingAliveLA.org
or call 323.874.4322 for more info



March 12	Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM
13	Thursday 11a - 3p Harm Reduction Program at APAIT
14	Friday - Holi 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 12p - 4p EHE Presentation at Being Alive 7p - 9p Friday Night Lite on ZOOM
15	Saturday - Ides of March & National Corn Dog Day (unrelated) 1p - 5p Ceramics Studio open 1p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
16	Sunday 1p - 5p Ceramics Studio Open
	Monday - St. Patrick's Day No Chiropractic Clinic Today 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio Open
18	Tuesday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
19	Wednesday 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 7p - 9p Wise Ones on ZOOM
20	Thursday - Nat'l Native HIV/AIDS Awareness Day 11a - 3p Harm Reduction Program at APAIT <i>hello Spring</i> 
21	Friday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM

March 22	Saturday 1p - 5p Ceramics Studio Open 1p - 5p Harm Reduction Center WeHo Open 7p - 8p CMA "Hollywood Stars"
23	Sunday 1p - 5p Ceramics Studio Open
24	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio Open
25	Tuesday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 10a - 12p Facial Rejuvenation Clinic 6p - 7:30p The Queen Bees Women's Group
26	Wednesday - Live Long and Prosper Day 10a - 2p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 3:30p - 4:30p Yoga for Every Body 7p - 9p Wise Ones IN PERSON at Being Alive 
27	Thursday 11a - 3p Harm Reduction Program at APAIT
28	Friday 11a - 3p Harm Reduction Program at AHF Hollywood Flagship 7p - 9p Friday Night Lite on ZOOM
29	Saturday 1p - 5p Ceramics Studio Open 1p - 5p Harm Reduction Center WeHo Open 7p - 8p CMA "Hollywood Stars"
30	Sunday 1p - 5p Ceramics Studio Open
	Monday - Dia del Taco (en Mexico) 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Ceramics Studio Open

BA BEING ALIVE!



LIBRARY

Starting **January 2025**, check out a book at our new

[Being Alive Library!](#)

You can borrow one book at a time.

NO TIME LIMIT ON RETURNS.

The Library will be open for Walk-Ins **Tues & Thurs** from **3pm-4pm** in the main lobby.

You can also call **(323)874-4322** or email:

gbotticella@beingalivela.org

for a **library appointment.**



YOUR ONE STOP PHARMACY
SI HABLAMOS ESPAÑOL
WE ARE HERE FOR YOU!

**GET
YOUR
PREP
PEP
DOXY PREP
APRETUDE**

(Prescription Required)



**WE ARE A FULL SERVICE PHARMACY
SOMOS UNA FARMACIA DE SERVICIO COMPLETO**

CAPITOL DRUGS
TU FARMACIA

8578 Santa Monica Blvd
West Hollywood, CA. 90069
310-289-1125

4454 Van Nuys, Blvd
Sherman Oaks, CA. 91403
818-905-8338

WE ACCEPT MOST INSURANCE: PRIVATE, ADAP, MEDI-CAL, CO-PAY ASSISTANCE CARDS

CHIROPRACTIC CARE



**Mondays 10:30AM - 4PM
By appointment and walk-in!**



**Call 323-874-4322
for an appointment or info.**



Reiki
With Wade

Mondays 11am - 2pm
by Appointment Only

Enjoy the gentle and highly powerful natural system of energy healing. Reiki is focused through the hands to create communication with your body's intuitive wisdom, allowing one to balance physically, mentally, emotionally and spiritually.

Email Becky@beingalivela.org

or call 323-874-4322 to book an appointment.

For more information about Reiki Master Wade Cook, visit WadeEmpowers.com



Cancellation & No Show Policy

(effective 4/1/22)



Due to the continually high number of NO SHOWS for acupuncture and chiropractic appointments, a fee of \$5 will be charged prior to scheduling your next appointment. This includes last minute cancellations (less than 48 hours).

NO SHOW FEE = \$5

LATE CANCELLATION FEE = \$5

3 NO SHOWS/LATE CANCELLATIONS MAY RESULT IN LOSS OF FUTURE APPOINTMENTS.

(NO SHOWS FEE FOR SCULPTRA = \$100 AND MOVED TO NEXT AVAILABLE APPOINTMENT (1 YEAR WAIT))

Free does not mean valueless. When clients miss appointments, clinicians lose training hours. Being Alive loses numbers for grant reporting, and staff loses valuable time to find someone to fill the spot.



ADAP / HIPP Enrollment

AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication.

To be eligible for the ADAP program, a client must:

- Be a resident of California;
- Have a positive HIV/AIDS diagnosis;
- Be at least 18 years old;
- Have an annual Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size and income;
- Not be fully covered by Medi-Cal or any other third party payers.

OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Be enrolled in comprehensive health care coverage
- Not be fully covered by Medi-Cal

MPPP / Medigap

The Medicare Premium Payment Program (MPPP) pays Part C/D and Medigap insurance premiums for persons living with HIV/AIDS who are enrolled in the AIDS Drug Assistance Program (ADAP) and a Medicare Part C or D plan. Individuals that are enrolled in MPPP are also eligible for the medical out-of-pocket (MOOP) cost. To be eligible for Medicare Part D premium assistance, clients must:

- Be enrolled in ADAP (see [ADAP eligibility criteria](#))
- Be enrolled in a Medicare Part C or D Plan
- Be eligible for MPPP

EB-HIPP

Employer Based-HIPP is a subsidy program that provides premium assistance for an ADAP client's portion of their employer based insurance premiums. EB-HIPP pays the client's portion of their monthly medical and dental premiums, if eligible. If a vision premium is included in the medical or dental premium, the client will have their vision premiums subsidized.

PrEP AP

The PrEP-AP provides assistance with PrEP-related medical out-of-pocket costs and access to medications on the PrEP-AP formulary for the prevention of HIV and treatment of sexually transmitted infections. The PrEP-AP provides assistance to both uninsured and insured individuals at risk for, but not infected with HIV.

Please have CA ID, insurance card, utility bill, diagnosis form, and proof of income (tax return or 3 months of pay stubs). If any items are missing, applications cannot be completed and appointments will be rescheduled.

Call 323-874-4322 to schedule your appointment

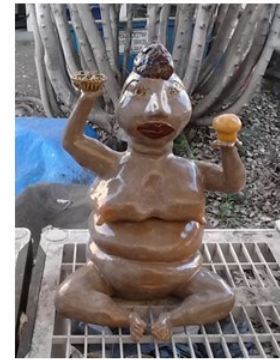


Get Creative! Peer Support through Art



Ceramics Studio

7976 Santa Monica Blvd—WeHo
(Behind the Harm Reduction Center)



Exclusively for Being Alive client-members

Drop-in Hours:

Sat, Sun & Mon - 1pm to 5pm

Facilitated by Jim S. and Ken J.

Contact Being Alive with additional questions

CLOSED DURING INCLEMENT WEATHER
(Rain, extreme heat, high winds, etc.)

THE WISE ONES



Every Wednesday

7:00pm—9:00pm

**Email for the ZOOM link
Alasdairburton@gmail.com**

***Now In Person on the 4th
Wednesday of the month***

“The Wise Ones” is an empowering, drop-in social group for men and women over 35 who are long-term survivors living with HIV. Themes include issues related to aging and meeting others to share experiences.



Medical Update

“Reviewing The Importance of HIV Treatment”

Dr. Ayana Elliott, presenter
Hosted by ViiV Healthcare

**Thursday, March 6th, 2025
6:00pm—8:00pm**

**Truxton’s American Bistro
8611 Truxton Ave.
Los Angeles, CA 90045**

(Near LAX - S. Sepulveda/Manchester)

**Email to register:
becky@beingalivela.org**

Limit 40 People
Free 2-hour parking on-site

