

A Second
COVID-19
Booster
Shot

Booster



September 2022

Being
Alive!

www.beingalivela.org

WE'RE MOVING!

WHY do I need another booster?

- The CDC and LA County Dept. of Public Health highly recommend it.
- COVID vaccination effectiveness decreases over time.
- Vaccinations and boosters greatly reduce symptoms if you get COVID.
- It helps protect your providers, family, friends, and those you love.
- It helps prevent new variants.
- My mom said so.

Record of your second COVID-19 booster must be on file at Being Alive to continue to receive in-person services or attend events.

Do your part to keep our community safe!

(As of October 1, 2022)



Being Alive

7080 Hollywood Blvd., Suite 450 - Los Angeles, CA 90028

(323) 874-4322 Monday - Friday: By Appointment Only

www.beingalivela.org



Acupuncture*

Wednesdays 10:00a to 2:00p
 Thursdays 10:00a to 2:00p
 By Appointment Only

Ceramics at Specs Appeal
 7976 Santa Monica Blvd

Saturdays 1:00p to 5:00p
 Sundays 1:00p to 5:00p
 Mondays 1:00p to 5:00p

Chiropractor*

Mondays 11:00a to 3:00p
 By Appointment Only

New Chiropractic Clinic patients must arrive 15 minutes prior to appointment time to complete paperwork.

Psychotherapy*

Mental Health counseling is provided by appointment after an intake specialist conference. Couples counseling is also available. Please call (323) 874-4322 for details on our **Dignity Plus** mental health program.

Facial Rejuvenation Clinic*

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen, MD, Sculptra treatment is provided by appointment and approval only. Call 323-874-4322 for more information.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your ADAP and OA-HIPP needs. Please call for more information.



Being Alive's Wellness Center is partially funded by a generous grant from the City of West Hollywood.

***Reservations Required: Contact Being Alive**

See wellness & support pages for details.



It's time for AIDS Walk 2022!

Join Team Being Alive LA to help us raise funds—100% of money raised comes back to Being Alive.

Or you can donate to our team to help us reach our goal of \$10,000 and END HIV!

Log in to AIDSWalkLA.org

Team name: Being Alive LA



Register and join our team or donate today!

AIDS WALK LA is in person this year on Sunday, October 16th. More info to come!



Medical Update

Aging with HIV

A special dinner presentation honoring National HIV/AIDS and Aging Awareness Day

Hosted by Melissa Cohen and Patrick Hemsworth

**Thursday, September 29, 2022
6:00pm—8:00pm
Fiesta Hall, Plummer Park**

7377 Santa Monica Blvd.
West Hollywood, CA 90046

Proof of COVID vaccination/booster is required to attend all Being Alive events at this time. Masks (surgical, N95, or KN95) are required except while eating.

**You must register to attend.
Email: Becky@beingalivela.org
to register.**



September 2022

- 5—Labor Day Closure
- 18—Nat'l HIV and Aging Awareness Day
- 22—TENTATIVE Medical Update
- 28—TENTATIVE Medical Update
- 29—TENTATIVE Medical Update



October 2022

- 15—Nat'l Latinx HIV/AIDS Awareness Day
- 31—Halloween

Reminder:

Masks must be worn when visiting Being Alive.

Bring your COVID vaccination and booster records!



HIV Navigation Services
Servicios de navegacion de VIH

Medication Questions?
Preguntas sobre medicamentos?
Paperwork Issues?
Problemas de papeleo?
Need Referrals?
Necesita referencias?

Our trained HIV Navigators are here to help!
Nuestros capacitados navegadores de VIH estan aqui para ayudar.

4 FREE sessions
4 sesiones GRATIS

Receive GIFT CARDS during sessions.
Recibira tarjetas de regalo.

Call Silvia and Deira at (323) 874-4322 for more information.



Funding by the U.S. Centers for Disease Control and Prevention and the County of Los Angeles,

*Department of Public Health,
Division of HIV and STD Programs.*



BEING ALIVE MISSION STATEMENT

To end HIV infections by eliminating stigma, engaging people in wellness, removing barriers to care, and restoring dignity.

PUBLICATION	ONLINE
<p>Being Alive Month Calendar of September 2022</p> <p>Publisher: Being Alive 7080 Hollywood Blvd., Ste. 450 Los Angeles, CA 90028 323-874-4322</p>	<p>Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates.</p> <p>www.beingalivela.org</p> <p>Or follow us on</p>  

APPOINTMENT & CANCELLATION POLICY

Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation (or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!

NO SHOWS for Wellness Center require a \$5 fee to reschedule.
NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.
NO SHOWS for events where food is provided may result in restriction from future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

LATE POLICY—If you are more than 10 minutes late for an appointment, you may not be seen and will have to reschedule for a future date.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742

Donations are greatly appreciated.
Consider being a part of our new donor wall.



Medical Update Lunch

U=U Presentation

A Special Lunch Presentation
Hosted by Joseph Leahy, Janssen

Wednesday, September 28th, 2022
12:00pm—2:00pm

West Hollywood Library
Location To Be Announced

This presentation has very limited availability. Proof of Covid-19 vaccination and booster must be on file to attend. Surgical, KN95, or N95 masks are required except while eating.

Parking available in the Library structure.

You must register to attend.
Email: becky@beingalivela.org to register for this event





Medical Update and Dinner



**Thursday, September 22, 2022
6:00pm—8:00pm
Fiesta Hall, Plummer Park**

7377 Santa Monica Blvd.
West Hollywood, CA 90046

Proof of COVID vaccination/booster is required to attend all Being Alive events at this time. Masks (surgical, N95, or KN95) are required except while eating.

**You must register to attend.
Email: Becky@beingalivela.org
to register.**



Hosted by:
Melissa Cohen and
Patrick Hemsworth

Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email becky@beingalivela.org or (323) 874-4322

Mondays

A new support group is coming soon! If you have ideas for a group you would like to see at Being Alive, let us know!

Tuesdays

Queen Bees - 6:00pm—7:30pm (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by Becky. Email becky@beingalivela.org for more information.

Wednesdays

Wise Ones - 7:00pm to 9:00pm - (Virtual on ZOOM)

An empowering drop-in social group for men and women over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email alasdairburton@gmail.com to join.

Thursdays

Dinner and A Movie - 7:00pm to 9:00pm - (Virtual on ZOOM)

A fun and interactive movie experience that includes vibrant discussions following the movie. This group is open to all, but registered Being Alive clients will be eligible for a \$10 gift card if they are selected (2 gift cards per movie) Email Timothy at tzembek@beingalivela.org for the zoom link.

Fridays


Friday Night Lite - 7:00pm to 9:00pm (Virtual on ZOOM)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Gary O'Brien.

Saturdays

CMA Meeting - 8:00pm to 9:00pm (Virtual on ZOOM)

Crystal Meth Anonymous is a non-profit, 12-step fellowship, for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs. ZOOM link is <http://us04web.zoom.us/j/3603940919> For information on other meetings (both virtual and in-person) in the LA area, please go to <https://www.cmainla.com/meetings/>

September	Thursday 9:30a—12:30p Syringe Service Program at APAIT 7p—9p Dinner and A Movie: <u>Lightyear</u> No Acupuncture today due to move NO IN-OFFICE CLIENT SERVICES—WE'RE MOVING!
1	
2	Friday 7p – 9p Friday Night Lite on ZOOM NO IN-OFFICE CLIENT SERVICES—WE'RE MOVING!
3	Saturday 1p—5p Ceramics Studio open. <u>Masks are required!</u> 2:30p—6:30p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM
4	Sunday 1p—5p Ceramics Studio open. <u>Masks are required!</u>
5	Monday—Labor Day Closure 1p—5p Ceramics Studio open. <u>Masks are required!</u>
6	Tuesday 9a—1p No SSP today 10a—12p Facial Rejuvenation Clinic. By Appointment Only! 6p—7:30p The Queen Bees Women's Group
7	Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM
8	Thursday 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Dinner and A Movie: <u>If These Walls Could Talk 2</u>
9	Friday 11a—3p Syringe Service Program at AHF Hollywood Flagship 7p – 9p Friday Night Lite on ZOOM
	Saturday—Mid-Autumn Moon Festival 1p—5p Ceramics Studio open. <u>Masks are required!</u> 2:30p—6:30p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM
11	Sunday 1p—5p Ceramics Studio open. <u>Masks are required!</u>



Introducing...

The Queen Bees!

Women's Support Group

Tuesdays
6pm—7:30pm
On ZOOM

Email
Becky@beingalivela.org
for more information

Open to all who express or identify
“female” or “woman”

Get Creative!

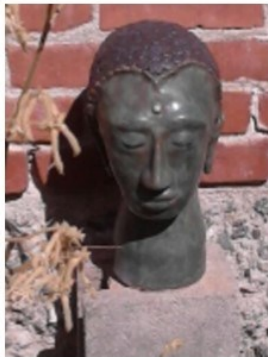
Peer Support through Art



Ceramics and Fused Glass Studio

at *Specs Appeal*

7976 Santa Monica Blvd—WeHo



Exclusively for Being Alive client-members

Drop-in Hours:



Sat, Sun & Mon - **1:00pm to 5:00pm**



Facilitators: Jim and Brian

Contact Being Alive for additional questions

CLOSED DURING INCLEMENT WEATHER

Masks are required.

September	Monday 11a—3p Chiropractic Clinic. By Appointment Only! 1p—5p Ceramics Studio open. <u>Masks are required!</u>
12	
13	Tuesday 11a—3p Syringe Service Program at AHF Hollywood Flagship 10a—12p Facial Rejuvenation Clinic 6p—7:30p The Queen Bees Women's Group
14	Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM
15	Thursday 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Dinner and A Movie: <u>Dumplin'</u>
	Friday—Mexican Independence Day 11a—3p Syringe Service Program at AHF Hollywood Flagship 7p – 9p Friday Night Lite on ZOOM
17	Saturday 1p—5p Ceramics Studio open. <u>Masks are required!</u> 2:30p—6:30p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM
	Sunday—Nat'l HIV and Aging Awareness Day 1p—5p Ceramics Studio open. <u>Masks are required!</u>
19	Monday—Int'l Talk Like A Pirate Day 11a—3p Chiropractic Clinic. By Appointment Only! 1p—5p Ceramics Studio open. <u>Masks are required!</u>
	
20	Tuesday 11a—3p Syringe Service Program at AHF Hollywood Flagship 10a—12p Facial Rejuvenation Clinic 6p—7:30p The Queen Bees Women's Group
21	Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 10a—2p Acupuncture Clinic. By Appointment Only! 7p—9p Wise Ones on ZOOM

September 22	Thursday—Autumnal Equinox 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 6p—8p Medical Update. See flyer 7p—9p Dinner and A Movie: <u>Cloudburst</u> 
23	Friday 11a—3p Syringe Service Program at AHF Hollywood Flagship 7p – 9p Friday Night Lite on ZOOM
24	Saturday 1p—5p Ceramics Studio open. <u>Masks are required!</u> 2:30p-6:30p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM
	Sunday—Rosh Hashanah (begins at sundown) 1p—5p Ceramics Studio open. <u>Masks are required!</u>
26	Monday 11a—3p Chiropractic Clinic. By Appointment Only! 1p—5p Ceramics Studio open. <u>Masks are required!</u>
27	Tuesday 11a—3p Syringe Service Program at AHF Hollywood Flagship 10a—12p Facial Rejuvenation Clinic 6p—7:30p The Queen Bees Women’s Group
28	Wednesday 9a—1p Syringe Service Program at Minority AIDS Project 12p—2p Medical Update. See flyer 7p—9p Wise Ones on ZOOM
29	Thursday 9:30a—12:30p Syringe Service Program at APAIT 10a—2p Acupuncture Clinic. By Appointment Only! 6p—8p Medical Update. See flyer 7p—9p Dinner and A Movie: <u>Chocolat</u>
30	Friday 11a—3p Syringe Service Program at AHF Hollywood Flagship 7p – 9p Friday Night Lite on ZOOM
October 1	Saturday 1p—5p Ceramics Studio open. <u>Masks are required!</u> 2:30p—6:30p Syringe Service Program at AHF West Hollywood 8p—9p CMA Meeting on ZOOM

ACUPUNCTURE

Have you been on pins and needles waiting for an acupuncture appointment?

APPOINTMENTS NOW AVAILABLE
TWICE EACH WEEK



WEDNESDAYS 10AM-2PM

with Acupuncturist Lana and intern

THURSDAYS 10AM-2PM

with Acupuncturist Chira

By Appointment Only!

Call 323-874-4322 for an appointment.



COVID Vaccination and boosters
must be on file.

Clean, well-fitting masks are required.



Friday Night Lite!

A Weekly Support Group For HIV+ M



Every Friday Night !
7:00 pm—9:00 pm

Now on ZOOM!
Email for the link to join
garygobrien@gmail.com

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Gary O'Brien who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.

Sponsored by Being Alive

Contact Jamie@beingalivela.org

Or call 323-874-4322 for more information



THE WISE ONES



Every Wednesday

7:00pm—9:00pm

Email for the ZOOM link
Alasdairburton@gmail.com

"The Wise Ones" is an empowering, drop-in social group for men and women over 35 who are long-term survivors living with HIV. Themes include issues related to aging and meeting others to share experiences.





ADAP / HIPP Enrollment

AIDS Drug Assistance Program

The AIDS Drug Assistance Program (ADAP) helps ensure that people living with HIV and AIDS who are uninsured and under-insured have access to medication.

To be eligible for the ADAP program, a client must:

- Be a resident of California;
- Have a positive HIV/AIDS diagnosis;
- Be at least 18 years old;
- Have an annual Modified Adjusted Gross Income (MAGI) that does not exceed 500% Federal Poverty Level based on household size and income;
- Not be fully covered by Medi-Cal or any other third party payers.

OA HIPP

Office of AIDS Health Insurance Premium Payment (OA HIPP) assists people who have a share of cost insurance premium with payment. To be eligible for the OA-HIPP program, a client must:

- Be enrolled in ADAP
- Be enrolled in comprehensive health care coverage
- Not be fully covered by Medi-Cal

MDPP / MEDIGAP

The Medicare Part D Premium Payment Program (MDPP) pays Part D and Medigap insurance premiums for persons living with HIV/AIDS who are enrolled in the AIDS Drug Assistance Program (ADAP) and a Medicare Part D prescription drug plan. Individuals that are enrolled in MDPP are also eligible for the medical out-of-pocket (MOOP) cost. To be eligible for Medicare Part D premium assistance, clients must:

- Be enrolled in ADAP (see [ADAP eligibility criteria](#))
- Be enrolled in a Medicare Part D Prescription Plan
- Not be receiving 100% assistance from Medicare's Extra Help/Full Low Income Subsidy (LIS)

EB-HIPP

Employer Based-HIPP is a subsidy program that provides premium assistance for an ADAP client's portion of their employer based insurance premiums. EB-HIPP pays the client's portion of their monthly medical and dental premiums, if eligible. If a vision premium is included in the medical or dental premium, the client will have their vision premiums subsidized.

PrEP AP

The PrEP-AP provides assistance with PrEP-related medical out-of-pocket costs and access to medications on the PrEP-AP formulary for the prevention of HIV and treatment of sexually transmitted infections. The PrEP-AP provides assistance to both uninsured and insured individuals at risk for, but not infected with HIV.

Please have CA ID, insurance card, utility bill, diagnosis form, and proof of income (tax return or 3 months of pay stubs). If any items are missing, applications cannot be completed and appointments will be rescheduled.

Call 323-874-4322 for more details and to schedule your appointment



MOVIE NIGHT

JOIN US ON OUR NEW NIGHT AND TIME
THURSDAYS, 7:00 P.M. - 9:00 P.M.
ZOOM ROOM WILL OPEN AT 6:50 P.M.

EMAIL TIMOTHY AT TZEMBEK@BEINGALIVELA.ORG FOR THE ZOOM DETAILS

Being Alive's Syringe Servicing Program

Four Locations to Serve You

AHF Flagship Pharmacy
4905 Hollywood Blvd.
Los Angeles, CA 90028

Tuesdays & Fridays
11:00 a.m. - 3:00 p.m.

Minority AIDS Project
5149 W. Jefferson Blvd.
Los Angeles, CA 90018

Wednesdays
9:00 a.m. - 12:00 p.m.

APAIT
3055 Wilshire Blvd.
Los Angeles, CA 90010

Thursdays
9:30 a.m. - 12:30 p.m.

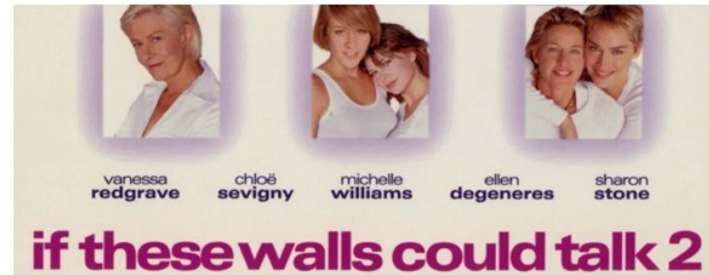
AHF Pharmacy
8212 Santa Monica Blvd.
West Hollywood, CA 90046

Saturdays
2:30 p.m. - 6:30 p.m.

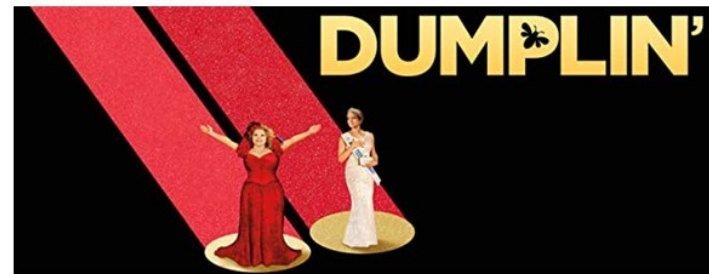
www.beingalivela.org/syringe-service-program/
www.facebook.com/BeingAliveLA/
Instagram: @BeingAlive_LA
Twitter: @BeingAlive1986



September
1



September
8



September
15



September
22



September
29

Chiropractic is BACK!

New Times Start Feb. 7th

MONDAYS 11am—3pm
BY APPOINTMENT ONLY
Very Limited Availability
No Walk-Ins

Call 323-874-4322

for an appointment

Properly fitting masks required.

Bring your proof of vaccination!

Cancellation & No Show Policy

(effective 4/1/22)



Due to the continually high number of NO SHOWS for acupuncture and chiropractic appointments, a fee of \$5 will be charged prior to scheduling your next appointment. This includes last minute cancellations (less than 48 hours).

NO SHOW FEE = \$5

LATE CANCELLATION FEE = \$5

3 NO SHOWS/LATE CANCELLATIONS MAY RESULT IN LOSS OF FUTURE APPOINTMENTS.

(NO SHOWS FEE FOR SCULPTRA = \$100 AND MOVED TO NEXT AVAILABLE APPOINTMENT (1 YEAR WAIT))

Free does not mean valueless. When clients miss appointments, clinicians lose training hours. Being Alive loses numbers for grant reporting, and staff loses valuable time to find someone to fill the spot.