

Hollywood Bowl 2026



Hollywood Bowl Vouchers are now available.

Please review:

- Outstanding late fees must be cleared before RSVPing.
- Only 20 vouchers are available. Act fast!
- Only one voucher per client.
- Each voucher is worth TWO tickets—either two tickets to one performance or one ticket to two performances.
- We will need the name of your guest.
- You pick the performance (Tuesday and Thursday concerts only), and you redeem voucher at the box office.
- Vouchers must be picked up in person at Being Alive no later than Monday, July 13th at 5pm. Unclaimed vouchers will go to the next person on the waitlist.

More information and box office location/hours, will be provided to the lucky first 20 clients who get vouchers.

The list will open at 7:05am on July 1st.

Email becky@beingalivela.org or call Becky at 323-874-4322 to reserve your spot.

July 2026

BA BEING ALIVE! **40!**



Being Alive

7080 Hollywood Blvd., Suite 450 - Los Angeles, CA 90028
(323) 874-4322

Monday - Thursday 10am - 6pm; Friday by appointment only
www.beingalivela.org

Being Alive Harm Reduction Center
7976 Santa Monica Blvd. - West Hollywood, CA 90046
(323) 848-4445 Office: Monday-Saturday 10am - 6pm
Participant Hours: Tuesday - Saturday 1pm - 5pm



BEING ALIVE! WELLNESS CENTER

Acupuncture

Wednesdays 10:00a to 2:00p
By Appointment Only

Pottery at BA Harm Reduction Ctr
7976 Santa Monica Blvd

Saturdays 1:00p to 5:00p
Sundays 1:00p to 5:00p
Mondays 1:00p to 5:00p

Chiropractor

Mondays 10:30a to 4:00p
By Appointment, Walk-Ins appointments
available for returning clients.

New Chiropractic Clinic patients must
arrive at least 15 minutes prior to ap-
pointment time to complete paperwork.

Reiki with Wade

Mondays 11:00a to 2:00p
By Appointment Only

Massage

Wednesdays w/ Mickey 11a - 2p
By Appointment Only

Psychotherapy

Mental Health counseling is provided
by appointment. Couples counseling is
also available. Please call Becky at
(323) 874-4322 for details about Being
Alive's mental health program.

Facial Rejuvenation Clinic

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen,
MD, Sculptra treatment is provided by
appointment and approval only. Call
Silvia at 323-874-4322 for information.
As of December 2024, Galderma, the
pharma company that makes Sculptra,
has ended its patient assistance pro-
gram. NO NEW APPLICATIONS are
being accepted. Clients with existing
product will be scheduled.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your
ADAP and OA-HIPP needs. Please
call 323-874-4322 for more information.



Being Alive's Wellness Center is partially funded by a
generous grant from the City of West Hollywood.

Appointments Required For Wellness Appointments

Call 323-874-4322 for more details

Field Trip



Academy Museum of Motion Pictures

Thursday, July 9th

12 NOON

Free with CalFresh Card - ask how!

Free with Scholarship - ask how!

Food/parking not included.

It's close, so we will meet there!
Deadline to sign up June 11 at 3pm.

Email Becky at becky@beingalivela.org



JAWS! 50th Anniversary

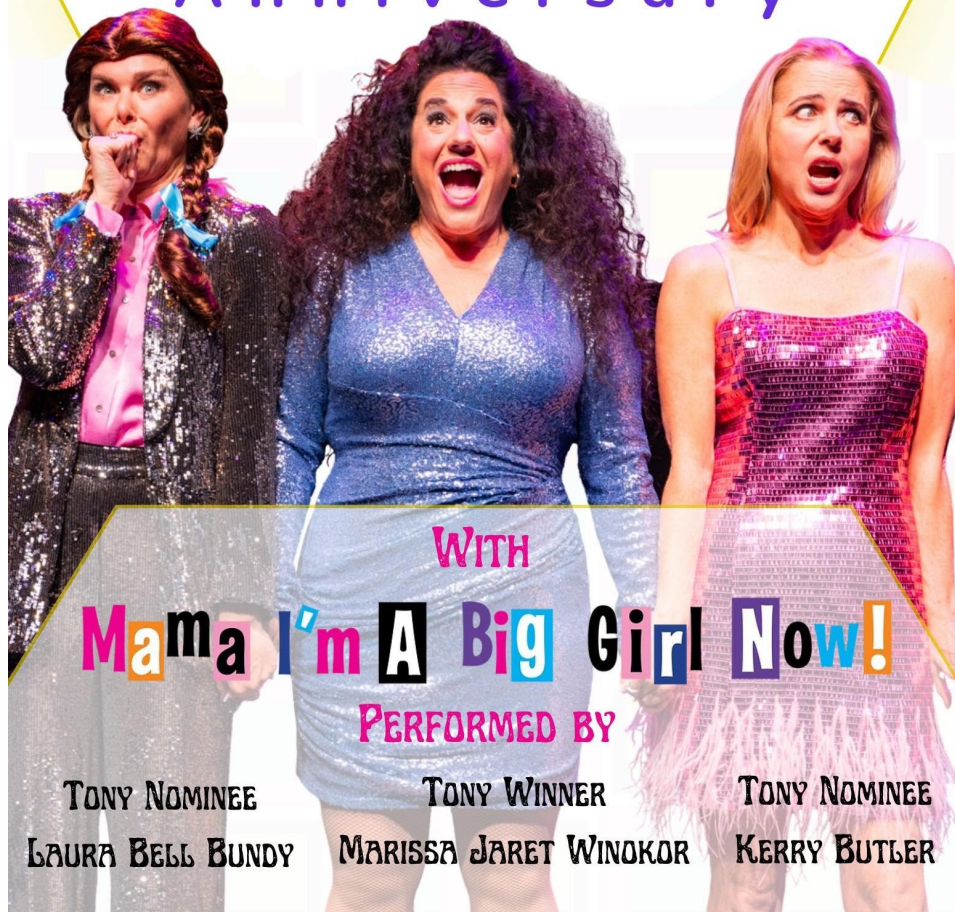
Special Exhibit



Marilyn Monroe

Special Exhibit

BEING ALIVE! 40! Anniversary



WITH
Mama I'm A Big Girl Now!
PERFORMED BY

TONY NOMINEE
LAURA BELL BUNDY

TONY WINNER
MARISSA JARET WINOKOR

TONY NOMINEE
KERRY BUTLER

For event and ticket information,
scan the QR code or go to
www.givebutter.com/BA40th



Events at a Glance

July 2026

- 3 - US Independence Day Closure
- 4 - US Independence Day Closure
- 9 - Academy Museum Meet-Up
- 16 - Medical Update Dinner
- 29 - Yoga for Every Body



August 2026

- 8 - Downey Pride
- 8 - Crossing Paths Book Event
- 21 - Sound Bath
- 26 - Yoga for Every Body

REMINDER: If you are feeling ill, please cancel your appointment.
We will be happy to reschedule your appointment without any penalty
or cancellation fee.

BEING ALIVE MISSION STATEMENT

To eliminate stigma and barriers to care by delivering integrated wellness, mental health, and community support with compassion—ensuring every person living with HIV has the opportunity to thrive.

PUBLICATION	ONLINE
Being Alive Monthly Calendar July 2026 Publisher: Being Alive 7080 Hollywood Blvd., Ste. 450 Los Angeles, CA 90028 323-874-4322	Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates. www.beingalivela.org Or follow us on  

APPOINTMENT & CANCELLATION POLICY

Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation
(or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!

NO SHOWS for Wellness Center require a \$5 fee to reschedule.
NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.
NO SHOWS for events where food is provided will incur a \$20 fee and may result in restriction from future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

LATE POLICY—If you are more than 10 minutes late for an appointment, you may not be seen and will have to reschedule for a future date.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742

Donations are greatly appreciated.

MASSAGE THERAPY AT BEING ALIVE!

Wednesdays from 2:00pm - 5:00pm
with Mickey

Email Becky@BeingAliveLA.org to join the waitlist.

Please arrive 20 minutes early for your first appointment to fill out paperwork.



The Wise Ones



Every Wednesday

7:00pm - 9:00pm

**Email Becky@BeingAliveLA.Org
for the ZOOM link.**

**Now IN PERSON on the
4th Wednesday
of each month.**



“The Wise Ones” is an empowering drop-in social group for individuals over 35 who are long-term survivors living with HIV. Discussion themes include issues related to aging and is an opportunity to meet others and share experiences.

Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email becky@beingalivela.org or (323) 874-4322

Mondays

If you have ideas for a group you would like to see at Being Alive, let us know!

Tuesdays

Queen Bees - 6:00pm—7:30pm (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by Becky. Email becky@beingalivela.org for more information.

Wednesdays

Wise Ones - 7:00pm to 9:00pm - (Virtual on ZOOM - In Person on 4th Wednesdays)

An empowering drop-in social group for individuals over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email Becky@BeingAliveLA.org to join.

Thursdays

Heart2Heart Process Group - 4:00pm to 5:30pm In Person

This is a therapist-led trauma group held weekly at Being Alive. Contact Becky@beingalivela.org with questions.

CMA “Non-God Squad” - 7:30pm to 9:00pm (IN PERSON at BA Harm Reduction Ctr.)

This meeting is both HIV / LGBTQIA + affirmative. 7976 Santa Monica Blvd., West Hollywood. Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.

Fridays

Courage 2 Connect - 6:30pm to 7:45pm (IN PERSON at BA Wellness Center)

Join us for a gentle, spiritually centered exploration of recovery from emotional and relational anorexia. This is a 12-step drop-in group open to all.

Friday Night Lite - 7:00pm to 9:00pm (Virtual on ZOOM)

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Richard. Email richardfnt@gmail.com to join.

Saturdays

CMA “Hollywood Stars” - 7:00pm to 8:00pm (IN PERSON at Being Alive)

This meeting is both HIV / LGBTQIA + affirmative. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028. Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.

	Wednesday - Canada Day 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 7p - 9p Wise Ones on ZOOM
2	Thursday 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
	Friday - Independence Day Closure NO Courage2Connect Group Tonight 7p - 9p Friday Night Lite on ZOOM
	Saturday - Independence Day Closure 1p - 5p Pottery Studio open NO CMA "Hollywood Stars" Tonight
5	Sunday 1p - 5p Pottery Studio Open
6	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open
7	Tuesday 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group
	Wednesday - National Blueberry Day 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 7p - 9p Wise Ones on ZOOM
9	Thursday 11a - 4p Harm Reduction Program at APAIT 12p - 5p Academy Museum Meet Up 4p - 5:30p Heart2Heart Group (in person) 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
10	Friday 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM



No Wait List
No Session Limit
Immediate Openings Available




Mental Health Matters

Free or Low-Cost Talk Therapy for HIV+ Individuals

This mental health program is funded in part by the City of West Hollywood. Through this support, Being Alive is able to offer accessible, affirming mental health services to people living with HIV — ensuring our community has the care, compassion, and resources needed to thrive.

- ✓ HIV-informed & LGBTQIA+ affirming therapists
- ✓ In-person or telehealth options
- ✓ Anxiety, depression, and stress support

 **(323)874-4322**

 beingalivela.org
 becky@beingalivela.org



YOGA



AT BEING ALIVE

YOGA FOR EVERY BODY

Last Wednesday of Every Month
3:30 - 4:30

WE WILL BE OFFERING:

- Yin Yoga
- Adaptive/Chair Yoga
- Pranayama (Breathwork) & Guided Meditations

Ross Meredith began his yoga journey at Being Alive in 2013 and has since deepened his practice through a 200-hour teacher training at YogaUSC and a 60-hour Yin certification from Hot8 Yoga.

Ross' classes will show the transformative power of yoga and emphasize feel-good movement, mindfulness, and breathwork.



Bring yoga mat, blocks, blanket, and water.



RSVP to Ross - 323.874.4322 or email RMeredith@beingalivelife.org

7080 Hollywood Blvd, Suite 450
Los Angeles, CA 90028

July 11	Saturday 12p - 4p Capitol Drugs Health Fair 1p - 5p Pottery Studio open 12p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
	Sunday - Pecan Pie Day 1p - 5p Pottery Studio Open
13	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p- Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open
	Tuesday - Bastille Day 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group
15	Wednesday 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 7p - 9p Wise Ones on ZOOM
16	Thursday 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 6p - 8p Medical Update at Truxtons 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
17	Friday 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM
18	Saturday 12p - 5p Harm Reduction Program at Being Alive WeHo 1p - 5p Pottery Studio open 7p - 8p CMA "Hollywood Stars"
	Sunday - National Ice Cream Day 1p - 5p Pottery Studio Open
20	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p- Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open

	<u>Tuesday - HIV Zero Stigma Day</u> 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group
22	<u>Wednesday</u> 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 7p - 9p Wise Ones IN PERSON
23	<u>Thursday</u> 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
24	<u>Friday</u> 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM
	<u>Saturday - National Carousel Day</u> 1p - 5p Pottery Studio open 12p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
26	<u>Sunday</u> 1p - 5p Pottery Studio Open
27	<u>Monday</u> 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open
	<u>Tuesday - Buffalo Soldiers Day</u> 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group
29	<u>Wednesday</u> 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 3:30p - 4:30p Yoga for Every Body 7p - 9p Wise Ones on Zoom
30	<u>Thursday</u> 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
	<u>Friday - National Avocado Day</u> 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM



COURAGE2 CONNECT

**Sex and Love Addicts Anonymous
Anorexia Step Study Meeting**
Fridays at 6:30 PM - 7:45 PM at Being Alive
Wade, facilitator

Join us for a gentle, spiritually centered exploration of recovery from emotional and relational anorexia.

This weekly group integrates 12-step study, meditation, and spirituality using the Sex and Love Addicts Anonymous Anorexia Step Study Guides.

The meeting offers a space for quiet honesty, shared experience, and connection with others healing from patterns of avoidance, fear of intimacy, and self-protection.

All are welcome — newcomers and long-timers alike.



Heart2Heart Support Group

Are you carrying trauma with you every day? Do you always feel tense or on edge? Do you think you may have PTSD or C-PTSD?

Every Thursday
starting May 7th

In-person at
Being Alive

From 4pm-
5:30pm

Supervised by Barbara Herring
License #109537

DISCLAIMER: This is a support group and cannot
replace individual counseling, or provide
assessments/diagnoses.



For more information contact Becky at
becky@beingalivelva.org or [323-874-4322](tel:323-874-4322)

CHIROPRACTIC CARE



Mondays 10:30AM - 4PM
By appointment and walk-in!



Call 323-874-4322
for an appointment or info.



Reiki
With Wade

Mondays 11am - 2pm

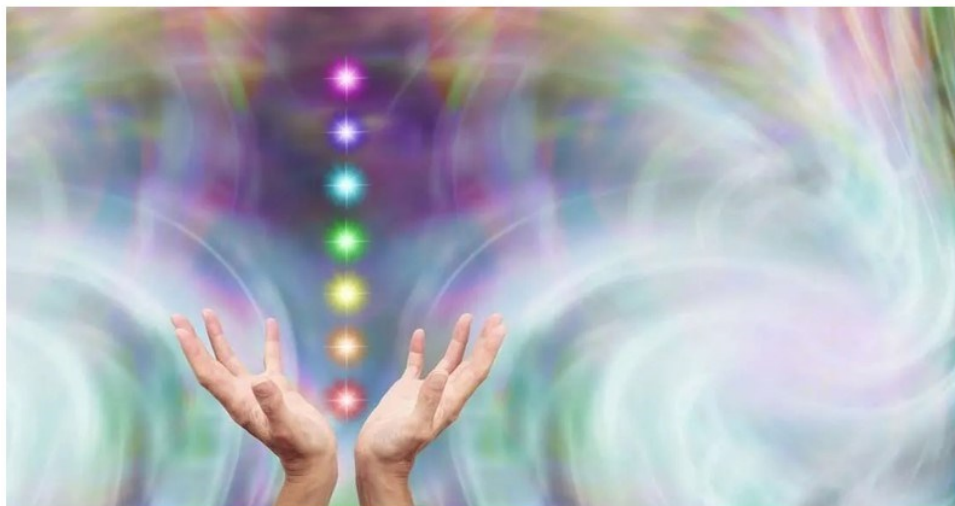
by Appointment Only

Enjoy the gentle and highly powerful natural system of energy healing. Reiki is focused through the hands to create communication with your body's intuitive wisdom, allowing one to balance physically, mentally, emotionally and spiritually.

Email Becky@beingalivela.org

or call 323-874-4322 to book an appointment.

For more information about Reiki Master Wade Cook,
visit WadeEmpowers.com



**Medical
Update**

Cabenuva

Randall McDavid, presenter
Hosted by ViiV Healthcare

**Thursday, July 16th, 2026
6:00pm—8:00pm**

**Truxton's American Bistro
8611 Truxton Ave.
Los Angeles, CA 90045**

(Near LAX - S. Sepulveda/Manchester)

**Email to register:
becky@beingalivela.org**

Limit 40 People
Free 2-hour parking on-site





Have Loose Ends To Tie Up? Need Extra Support? New To HIV?

We're Here to Help.
Case Management & Extra Support for Medical and Social Needs

We can help with:

- Medical care coordination
- Medications & appointments
- Community & social resources
- Ongoing guidance & support



An experienced case manager, treatment educator, and trainer, Ms. Simek has worked in HIV/AIDS for more than 25 years. Prior to joining the staff of Being Alive, she worked at AIDS Research Alliance, AIDS Project Los Angeles, and the UCLA CARE Center. Fluent in Spanish, she is dedicated to helping people living with HIV/AIDS improve their health and well being.



Ending
the
HIV
Epidemic

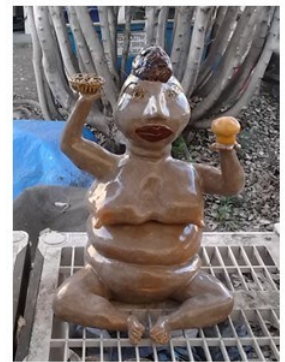
Ending the HIV Epidemic in Los Angeles County
By Utilizing the Right Data, Right Tools, and Right Leadership

Get Creative! Peer Support through Art



POTTERY Studio

7976 Santa Monica Blvd—WeHo
(Behind the Harm Reduction Center)



Exclusively for Being Alive client-members

Drop-in Hours:

Sat, Sun & Mon - 12:00pm to 4:00pm

Facilitated by Jim S.

Contact Being Alive with additional questions

CLOSED DURING INCLEMENT WEATHER
(Rain, extreme heat, high winds, etc.)

Cancellation & No Show Policy

(effective 4/22)



Due to the continually high number of NO SHOWS for acupuncture and chiropractic appointments, a fee of \$5 will be charged prior to scheduling your next appointment. This includes last minute cancellations (less than 48 hours).

NO SHOW FEE = \$5

LATE CANCELLATION FEE = \$5

3 NO SHOWS/LATE CANCELLATIONS MAY RESULT IN LOSS OF FUTURE APPOINTMENTS

NO SHOWS FEE FOR SCULPTRA = \$100 AND NO NEW APPOINTMENTS SCHEDULED

PLEASE CALL 323-874-4322 TO CANCEL - NO EMAILS!

Free does not mean valueless. When clients miss appointments, clinicians lose training hours. Being Alive loses numbers for grant reporting, and staff loses valuable time to find someone to fill the spot.

The Queen Bees!

Women's Support Group

**Tuesdays
6pm—7:30pm
On ZOOM**

**Email
Becky@beingalivela.org
for more information**



**Open to all who express or identify
"female" or "woman"**

Being Alive's Syringe Servicing Program Newly Expanded Hours



Harm Reduction Center
7976 Santa Monica Blvd.
West Hollywood, CA 90046

Tuesdays - Saturdays
12:00 p.m. - 5:00 p.m.

Sundays - Mondays
Closed

AHF Flagship Pharmacy
4905 Hollywood Blvd.
Los Angeles, CA 90028
Tuesdays & Fridays
11:00 a.m. - 4:00 p.m.

Minority AIDS Project
5149 W. Jefferson Blvd.
Los Angeles, CA 90016
Wednesdays
10:00 a.m. - 3:00 p.m.

APAIT
3055 Wilshire Blvd.
Los Angeles, CA 90010
Thursdays
11:00 a.m. - 4:00 p.m.

Four Locations to Serve You



BeingAliveLA



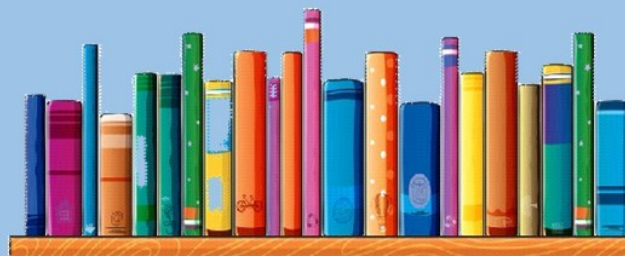
BeingAlive_LA



@BeingAlive1986



LIBRARY



Come borrow a BOOK.
WITH NO TIME LIMITS

Open Mon & Wed
in the main lobby.

Or call to make an
appointment!

Geo at 323-874-4322



YOUR ONE STOP PHARMACY
SI HABLAMOS ESPAÑOL
WE ARE HERE FOR YOU!

GET YOUR
MEDICATION
& VITAMINS
ALL IN
ONE STOP.

ASK ABOUT OUR VITAMIN PROGRAM?
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4454 Van Nuys, Blvd
Sherman Oaks, CA 91403
818-905-8338

CapitolDrugs.com

WE ACCEPT MOST INSURANCE:
PRIVATE, ADAP, MEDI-CAL, CO-PAY ASSISTANCE CARDS

 **BEING
ALIVE!**

ACUPUNCTURE

Get to the point and schedule your
acupuncture appointment today!



WEDNESDAYS 10AM-2PM

with Acupuncturist Dr. Lana, DAOM, LAc
Interns Shellonda, Hunter, and Beth

By Appointment Only!

Call 323-874-4322 for an appointment.

Masking optional but encouraged.

Friday Night Lite

A WEEKLY SUPPORT GROUP FOR PEOPLE LIVING WITH HIV

Every Friday Night ~ 7:00 - 9:00 PM

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Richard who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.



**Email Richard for the Zoom link to join
richardfnlt@gmail.com**

Sponsored by Being Alive
Contact Becky@BeingAliveLA.org
or call 323.874.4322 for more info



BOOK LAUNCH

**Readings by the Authors
from the Vibrant Queer Stories series**

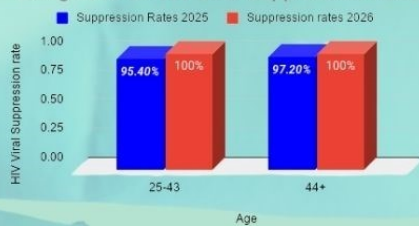
A FREE BOOK-SIGNING EVENT
SATURDAY, AUGUST 8TH
1:30PM - 3:30PM
WEHO AQUATICS CENTER
LA BREA ROOM

NO RESERVATIONS NEEDED

HIV Viral Suppression Rates: Who Is Achieving Viral Suppression?

Viral suppression is one of the most important indicators of successful HIV treatment and prevention. This infographic highlights viral suppression rates among Being Alive Los Angeles clients by age and gender, comparing outcomes from 2025 and the first half of 2026. Understanding these trends helps identify strengths, monitor progress, and support efforts to improve health outcomes for people living with HIV.

Being Alive LA HIV Viral Suppression Rates



This graph displays HIV viral suppression rates among clients served by Being Alive LA, categorized by age group, for calendar year 2025 and the first six months of 2026. Viral suppression is defined as having a viral load of less than 200 copies/mL, indicating effective HIV treatment and a significantly reduced risk of HIV transmission. The comparison highlights differences in viral suppression outcomes across age groups.

Data collected from Being Alive LA 2025-2026 year. Data also pulled from the California Department of Public Health and the Center for Disease Control. Infographic created by Amadeus Outcomes, Your HIV Candidate



What is Viral Suppression?



Viral suppression occurs when HIV treatment reduces the amount of HIV in the blood to fewer than 200 copies/mL, helping people stay healthy and preventing transmission of HIV to others.

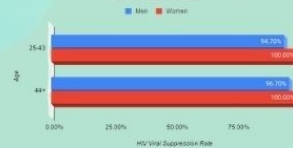
Why does Viral Suppression Matter?

- Improves health outcomes
- Prevents HIV transmission (U=U)
- Reduces HIV-related complications
- Supports national HIV prevention goals

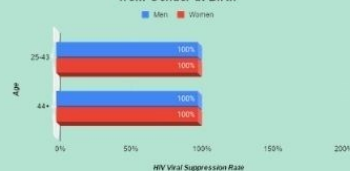
TRACKING PROGRESS TOWARDS ENDING THE HIV EPIDEMIC

Are Age and Gender Related?

2025 Being Alive LA HIV Viral Suppression Rates by Age from Gender at Birth

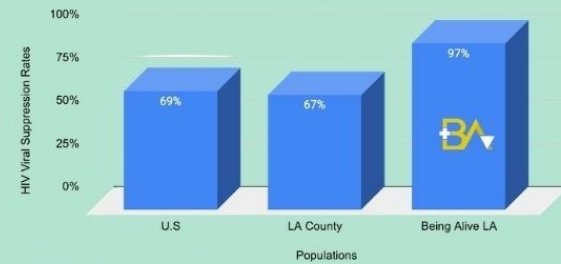


2026 Being Alive LA HIV Viral Suppression Rates by Age from Gender at Birth



HIV Viral Suppression Rates among the U.S and LA County Compared to Being Alive LA

Based on the most up to date Data from the CDC and CDPH



This chart illustrates the gap between population-level surveillance data and localized, client-centered care. While the most recent surveillance reports from the CDC and the California Department of Public Health (CDPH) show overall viral suppression rates hovering at 69% nationally and 67% in Los Angeles County, the 2025 data from Being Alive LA demonstrates a 97% viral suppression rate among its active clients. This significantly outperforms city and national averages, approaching the federal Ending the HIV Epidemic (EHE) milestone target of 95%.

100%

HIV Viral Suppression achieved in the first 6 months of 2026

Key Findings

- Viral suppression rates remained exceptionally high across all age and gender groups, exceeding 95% in both 2025 and the first 6 months of 2026.
- Clients ages 25-43 showed an increase from 95.4% in 2025 to 100% in 2026, while clients ages 44+ improved from 97.2% to 100%.
- Male clients improved from 95.6% viral suppression in 2025 to 100% in 2026, while female clients maintained 100% viral suppression across both years.