

June 2026



THE CITY OF WEST HOLLYWOOD AND WEHO PRIDE PRESENT
KALEIDOSCOPE

WHERE LEGACY LIVES IN COLOR

Join us for a vibrant evening honoring LGBTQ+ elders and building intergenerational connections.

Wear a monochromatic look inspired by a Pride flag color and connect at matching tables. Enjoy dinner, mocktails, dancing, and a heartfelt program.

Celebrate our elders, share your story, and find your people—one color at a time.

THURSDAY, JUNE 11
4PM-8PM

PLUMMER PARK FIESTA HALL
7377 SANTA MONICA BLVD.
WEST HOLLYWOOD

WEHOPRIDE.COM
@WEHOPRIDE

Find out more and RSVP at wehopride.com/events



Being Alive

7080 Hollywood Blvd., Suite 450 - Los Angeles, CA 90028

(323) 874-4322

Monday - Thursday 10am - 6pm; Friday by appointment only

www.beingalivela.org

Being Alive Harm Reduction Center

7976 Santa Monica Blvd. - West Hollywood, CA 90046

(323) 848-4445 Office: Monday-Saturday 10am - 6pm

Participant Hours: Tuesday - Saturday 1pm - 5pm



BA BEING ALIVE!
WELLNESS CENTER

Acupuncture

Wednesdays 10:00a to 2:00p
By Appointment Only

Pottery at BA Harm Reduction Ctr
7976 Santa Monica Blvd

Saturdays 1:00p to 5:00p
Sundays 1:00p to 5:00p
Mondays 1:00p to 5:00p

Chiropractor

Mondays 10:30a to 4:00p
By Appointment, Walk-Ins appointments available for returning clients.

New Chiropractic Clinic patients must arrive at least 15 minutes prior to appointment time to complete paperwork.

Reiki with Wade

Mondays 11:00a to 2:00p
By Appointment Only

Massage

Wednesdays w/ Mickey 11a - 2p
By Appointment Only

Psychotherapy

Mental Health counseling is provided by appointment. Couples counseling is also available. Please call Becky at (323) 874-4322 for details about Being Alive's mental health program.

Facial Rejuvenation Clinic

Tuesdays 10:00a to 12:00p

In partnership with Robert H. Cohen, MD, Sculptra treatment is provided by appointment and approval only. Call Silvia at 323-874-4322 for information. As of December 2024, Galderma, the pharma company that makes Sculptra, has ended its patient assistance program. NO NEW APPLICATIONS are being accepted. Clients with existing product will be scheduled.

ADAP / OA-HIPP Enrollment

Being Alive can assist you with your ADAP and OA-HIPP needs. Please call 323-874-4322 for more information.



Being Alive's Wellness Center is partially funded by a generous grant from the City of West Hollywood.

Appointments Required For Wellness Appointments

Call 323-874-4322 for more details

COME JOIN THE FUN!
BE IN THE PARADE WITH US!

WELLIO PRIDE

LAST CHANCE TO SIGN UP!

Sunday, June 7th, 2026
Time To Be Announced.

Show your pride, celebrate
BEING ALIVE, and ride with us
on the big, butch truck!
Email Jamie to join the fun.
Jamie@beingalivela.org

BA BEING ALIVE!



Heart2Heart Support Group

Are you carrying trauma with you every day? Do you always feel tense or on edge? Do you think you may have PTSD or C-PTSD?

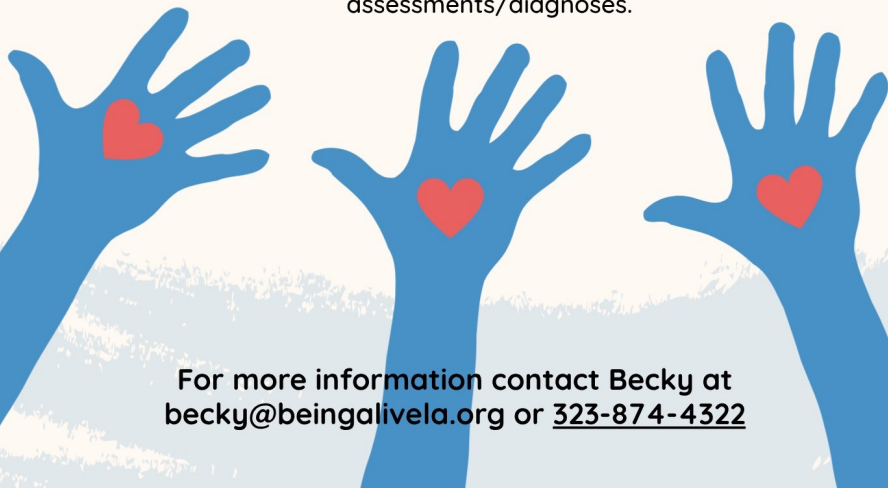
Every Thursday
starting May 7th

In-person at
Being Alive

From 4pm-
5:30pm

Supervised by Barbara Herring
License #109537

DISCLAIMER: This is a support group and cannot
replace individual counseling, or provide
assessments/diagnoses.



For more information contact Becky at
becky@beingalivela.org or [323-874-4322](tel:323-874-4322)



Events at a Glance

June 2026

6-7 - WeHo Pride

14 - The Magic Flute (Tentative)

18 - Medical Update Dinner

19 - Juneteenth Holiday

24 - Yoga for Every Body

25 - Somatic Skills Workshop



July 2026

3 - US Independence Day Closure

4 - US Independence Day Closure

9 - Academy Museum Meet-Up

16 - Medical Update Dinner

REMINDER: If you are feeling ill, please cancel your appointment.
We will be happy to reschedule your appointment without any penalty
or cancellation fee.

BEING ALIVE MISSION STATEMENT

To eliminate stigma and barriers to care by delivering integrated wellness, mental health, and community support with compassion—ensuring every person living with HIV has the opportunity to thrive.

PUBLICATION	ONLINE
<p>Being Alive Monthly Calendar</p> <p>June 2026</p> <p>Publisher: Being Alive 7080 Hollywood Blvd., Ste. 450 Los Angeles, CA 90028 323-874-4322</p>	<p>Clients are encouraged to use the Being Alive website and Facebook for the latest information and updates.</p> <p>www.beingalivela.org</p> <p>Or follow us on</p>  

APPOINTMENT & CANCELLATION POLICY
 Many events, activities, clinics and some groups require reservations.

Please call Being Alive to make a reservation (or call the number referenced, if listed).

PLEASE GIVE 48 HOURS NOTICE IF YOU NEED TO CANCEL!
 NO SHOWS for Wellness Center require a \$5 fee to reschedule.
 NO SHOWS for Facial Rejuvenation Clinic require \$100 to reschedule.
 NO SHOWS for events where food is provided will incur a \$20 fee and may result in restriction from future events.

You may forfeit your right to make reservations if you fail to cancel three or more times. Failing to cancel for an event (field trips, ticketed events) may result in restrictions from future events.

LATE POLICY—If you are more than 10 minutes late for an appointment, you may not be seen and will have to reschedule for a future date.

CONTRIBUTORS MAKE A DIFFERENCE

Contributions come in many forms whether monetary, volunteer time, or expertise. Being Alive sincerely appreciates all forms of contributions to keep our vital programs and services alive.

Donations are tax-deductible to the full extent of the law.

Nonprofit Federal Tax ID # 95-4137742
 Donations are greatly appreciated.

The Wise Ones



Every Wednesday
7:00pm - 9:00pm

Email Becky@BeingAliveLA.Org
for the ZOOM link.

Now IN PERSON on the
4th Wednesday
of each month.



“The Wise Ones” is an empowering drop-in social group for individuals over 35 who are long-term survivors living with HIV. Discussion themes include issues related to aging and is an opportunity to meet others and share experiences.

Heart Health & HIV Prevention & Care in 2026 & Beyond



JOIN US!! Topics will Include:

- Scope of heart & vascular disease in HIV
- Core causes heart & vascular disease in HIV
 - A brief dive into mechanisms.
- Heart & vascular prevention: Basics in the general population
- Applying prevention principals to people with HIV:
 - What's the difference and how we approach it?
 - A deeper dive into DHHS guidelines.
- What does the future hold for heart prevention & care in HIV?
 - Key questions for today & the future

Contact Hours available to: Nurses, CASAC, CAADE, Addiction Professionals, Social Workers ****Must log-in and view entire lecture to receive hrs.****

This nursing continuing professional development activity was approved by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Hours are approved for 2.0 hrs.

Friday, June 5th, 2026

Log-in time: 12:30pm EST / Presentation ends at: 2:30pm EST

Webinar will consist of a 60min lecture followed by a 60min interactive Q & A discussion

Speaker: Matthew Feinstein M.D. MSc FACC FAHA
Cardiology Division Chief Cardiovascular Institute Co-Director
Medtronic Zipes Professor Indiana University School of Medicine - IU Health

[Click Here to Register](#)

This event is free and open to anyone that is interested. Please share with staff, clients and colleagues. Certain states and places overseas are not eligible for contact hours. Please email: register@natap.org to verify if CEUs apply in your area.

Go to NATAP.ORG and click the link at the top of the page or use the link in the email.

Support / Social Groups

All of our peer groups provide a non-judgmental, safe, and confidential space where individuals truly express themselves in an atmosphere of mutual respect and encouragement. All groups are open/drop-in for anyone who has been diagnosed with HIV, whether or not they are client-members of Being Alive. Call or email Being Alive for details on any support group. Email becky@beingalivela.org or (323) 874-4322

Mondays

If you have ideas for a group you would like to see at Being Alive, let us know!

Tuesdays

Queen Bees - 6:00pm—7:30pm (Virtual on Zoom)

A new women's support group for women seeking support and connection in a safe atmosphere. Discussions will be guided by group members and facilitated by Becky. Email becky@beingalivela.org for more information.

Wednesdays

Wise Ones - 7:00pm to 9:00pm - (Virtual on ZOOM - In Person on 4th Wednesdays)

An empowering drop-in social group for individuals over 35. The theme is discussing issues related to aging with HIV and meeting long-term survivors dealing with HIV. Email Becky@BeingAliveLA.org to join.

Thursdays

Heart2Heart Process Group - 4:00pm to 5:30pm In Person

This is a therapist-led trauma group held weekly at Being Alive. Contact Becky@beingalivela.org with questions.

CMA "Non-God Squad" - 7:30pm to 9:00pm (IN PERSON at BA Harm Reduction Ctr.)

This meeting is both HIV / LGBTQIA + affirmative. 7976 Santa Monica Blvd., West Hollywood. Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.

Fridays

Courage 2 Connect - 6:30pm to 7:45pm (IN PERSON at BA Wellness Center)

Join us for a gentle, spiritually centered exploration of recovery from emotional and relational anorexia. This is a 12-step drop-in group open to all.

Friday Night Lite - 7:00pm to 9:00pm (Virtual on ZOOM)



Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way. Kick-off your weekend with encouragement! Facilitated by Richard. Email richardfnt@gmail.com to join.

Saturdays

CMA "Hollywood Stars" - 7:00pm to 8:00pm (IN PERSON at Being Alive)

This meeting is both HIV / LGBTQIA + affirmative. 7080 Hollywood Blvd., Suite 450, Los Angeles, CA 90028 Crystal Meth Anonymous is a non-profit, 12-step fellowship for those in recovery from addiction to crystal meth. Membership in CMA is open to anyone with a desire to stop using drugs.



<p>June 1</p>	<p>Monday 10:30p - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p- Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open</p>
<p>2</p>	<p>Tuesday 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group</p>
<p>3</p>	<p>Wednesday 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 7p - 9p Wise Ones on ZOOM</p>
<p>4</p>	<p>Thursday 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center</p>
	<p>Friday - HIV Long Term Survivors Day 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM</p>
<p>6</p>	<p>Saturday 1p - 5p Pottery Studio open 12p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"</p>
<p>7</p>	<p>Sunday 1p - 5p Pottery Studio Open</p>
<p>8</p>	<p>Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p- Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open</p>
	<p>Tuesday - Donald Duck Day 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group</p>
<p>10</p>	<p>Wednesday 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 7p - 9p Wise Ones on ZOOM</p>

MESSAGE THERAPY AT BEING ALIVE!

**Wednesdays from 2:00pm - 5:00pm
with Mickey**

Email Becky@BeingAliveLA.org to join the waitlist.

**Please arrive 20 minutes early for your first
appointment to fill out paperwork.**



Somatic Skills Workshop: Tools to Sooth and Settle the Nervous System







Thursday, June 25th 11:00am - 1:00pm

Being Alive Meeting Room

Presented by Allyson Kelley

Email msimek@BeingAliveLA.org to register

June 11	Thursday 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
12	Friday 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM
13	Saturday 12p - 4p Capitol Drugs Health Fair 1p - 5p Pottery Studio open 12p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
14	Sunday - National Cucumber Day 1p - 5p Pottery Studio Open 
15	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p- Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open
16	Tuesday 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group
17	Wednesday 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 7p - 9p Wise Ones on ZOOM
18	Thursday 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 6p - 8p Medical Update at Truxtons 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
	Friday - Juneteenth. Being Alive Offices Closed 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM
20	Saturday 12p - 5p Harm Reduction Program at Being Alive WeHo 1p - 5p Pottery Studio open 7p - 8p CMA "Hollywood Stars"

June 21	Sunday - Father's Day & Summer Solstice 1p - 5p Pottery Studio Open 
22	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p- Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open
23	Tuesday 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group
24	Wednesday 10a - 3p Harm Reduction Program at Minority AIDS Project 10a - 2p Acupuncture Clinic. By Appointment Only 2p - 5p Massage w/ Mickey. By Appointment Only 3:30p - 4:30p Yoga for Every Body 7p - 9p Wise Ones IN PERSON!
25	Thursday 11a - 4p Harm Reduction Program at APAIT 4p - 5:30p Heart2Heart Group (in person) 7:30p - 9p CMA "Non-God Squad" at Harm Reduction Center
	Friday - National Food Truck Day (Mmmm...Leo's Tacos) 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6:30p - 7:45p Courage2Connect Group 7p - 9p Friday Night Lite on ZOOM
27	Saturday 1p - 5p Pottery Studio open 12p - 5p Harm Reduction Program at Being Alive WeHo 7p - 8p CMA "Hollywood Stars"
28	Sunday 1p - 5p Pottery Studio Open
29	Monday 10:30a - 4p Chiropractic Clinic. By Appointment and Walk-In 11a - 2p- Reiki with Wade. By Appointment Only 1p - 5p Pottery Studio Open
30	Tuesday 10a - 12p Facial Rejuvenation Clinic 11a - 4p Harm Reduction Program at AHF Hollywood Flagship 6p - 7:30p The Queen Bees Women's Group




No Wait List
No Session Limit
Immediate Openings Available



Mental Health Matters

Free or Low-Cost Talk Therapy for HIV+ Individuals

This mental health program is funded in part by the City of West Hollywood. Through this support, Being Alive is able to offer accessible, affirming mental health services to people living with HIV — ensuring our community has the care, compassion, and resources needed to thrive.

-  HIV-informed & LGBTQIA+ affirming therapists
-  In-person or telehealth options
-  Anxiety, depression, and stress support

 **(323)874-4322**

 beingalivela.org
 becky@beingalivela.org



YOGA

AT BEING ALIVE



YOGA FOR EVERY BODY

Last Wednesday of Every Month
3:30 - 4:30

WE WILL BE OFFERING:

- Yin Yoga
- Adaptive/Chair Yoga
- Pranayama (Breathwork) & Guided Meditations

Ross Meredith began his yoga journey at Being Alive in 2013 and has since deepened his practice through a 200-hour teacher training at YogaUSC and a 60-hour Yin certification from Hot8 Yoga.

Ross' classes will show the transformative power of yoga and emphasize feel-good movement, mindfulness, and breathwork.



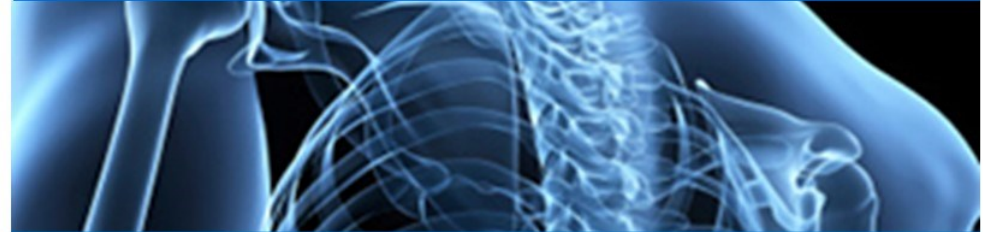
Bring yoga mat, blocks, blanket, and water.



RSVP to Ross - 323.874.4322 or email RMeredith@beingalivela.org

7080 Hollywood Blvd, Suite 450
Los Angeles, CA 90028

CHIROPRACTIC CARE



Mondays 10:30AM - 4PM
By appointment and walk-in!



Call 323-874-4322
for an appointment or info.



Reiki
With Wade

Mondays 11am - 2pm
by Appointment Only

Enjoy the gentle and highly powerful natural system of energy healing. Reiki is focused through the hands to create communication with your body's intuitive wisdom, allowing one to balance physically, mentally, emotionally and spiritually.

Email Becky@beingalivela.org

or call 323-874-4322 to book an appointment.

For more information about Reiki Master Wade Cook, visit WadeEmpowers.com



Field Trip



Academy
Museum
of Motion
Pictures

Thursday, July 9th

12 NOON

Free with CalFresh Card - ask how!

Free with Scholarship - ask how!

Food/parking not included.

It's close, so we will meet there!
Deadline to sign up June 11 at 3pm.

Email Becky at becky@beingalivela.org





June 5 is HIV Long-Term Survivors Awareness Day. First observed in 2014, it's a day to honor long-term survivors of HIV and raise awareness about their needs, issues, and journeys.

The selection of June 5 for this annual observance coincides with the anniversary of the first official reporting of what became known as the AIDS epidemic on June 5, 1981, when the CDC first reported on five cases of a mysterious disease affecting young gay men. June 5, 1981 is considered the start of the AIDS pandemic.

HIV Long-Term Survivors (HLTS) represent a diverse group of people, including:

- People diagnosed with HIV before the advent of Highly Active Antiretroviral Therapy or HAART in 1996. They make up about 25% of all people living with HIV and AIDS. 1.2 million people are living with HIV in the U.S. That makes about 300,000 long-term survivors, defined as individuals who acquired HIV before 1996 and the introduction of HAART.
- People who have been living with HIV for over 10 years are also part of this group.
- People who acquired HIV at birth or as young children, also known as lifetime survivors of HIV or Dandelions.

BEING ALIVE LOVES OUR LONG-TERM SURVIVORS!

WE CELEBRATE YOUR STRENGTH, DETERMINATION, AND CONTRIBUTIONS TO THE ENTIRE COMMUNITY!



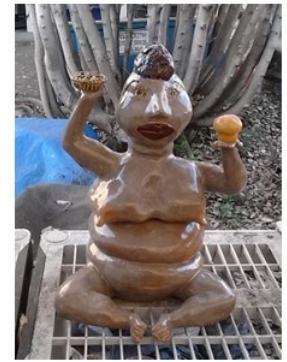
Get Creative!

Peer Support through Art



POTTERY Studio

**7976 Santa Monica Blvd—WeHo
(Behind the Harm Reduction Center)**



Exclusively for Being Alive client-members

Drop-in Hours:

Sat, Sun & Mon - 12:00pm to 4:00pm

Facilitated by Jim S.

Contact Being Alive with additional questions

**CLOSED DURING INCLEMENT WEATHER
(Rain, extreme heat, high winds, etc.)**

QI GONG

NEW at Being Alive

Every Thursday

NEW TIME! 6:00pm

In the Being Alive Room

Wear loose, comfortable clothing!

All abilities welcome!

Sign up with BeingAliveLA.org

Trenton, a Qi Gong practitioner with seven years of experience, is a current acupuncture student at the University of California, Los Angeles. Growing up on a ranch in Oregon, he developed a deep connection to nature, animals, and the rhythm of life, some of which have shaped him.

Qi Gong is often practiced in unison with breath—gentle, flowing movements paired with breathwork to regulate emotions, improve balance, and support overall health. It is both ancient and deeply accessible. Whether solo or in class, Qi Gong meets you where you are. You practice within your own ability, comfort, and boundaries, helping to calm the mind, strengthen the body, and restore harmony between mind, body, and spirit.

Health and Wellness

Improves Energy

Improves Endurance

Improves Cognition

Improves Balance



CANCELLED UNTIL FURTHER NOTICE



Medical Update

“Special Topic To Be Announced”

Dr. Ayana Elliott, presenter
Hosted by ViiV Healthcare

**Thursday, June 18th, 2026
6:00pm—8:00pm**

**Truxton’s American Bistro
8611 Truxton Ave.
Los Angeles, CA 90045**

(Near LAX - S. Sepulveda/Manchester)

**Email to register:
becky@beingalivela.org**

Limit 40 People
Free 2-hour parking on-site





Have Loose Ends To Tie Up? Need Extra Support? New To HIV?

We're Here to Help.

Case Management & Extra Support for Medical and Social Needs

We can help with:

- Medical care coordination
- Medications & appointments
- Community & social resources
- Ongoing guidance & support



An experienced case manager, treatment educator, and trainer, Ms. Simek has worked in HIV/AIDS for more than 25 years. Prior to joining the staff of Being Alive, she worked at AIDS Research Alliance, AIDS Project Los Angeles, and the UCLA CARE Center. Fluent in Spanish, she is dedicated to helping people living with HIV/AIDS improve their health and well being.

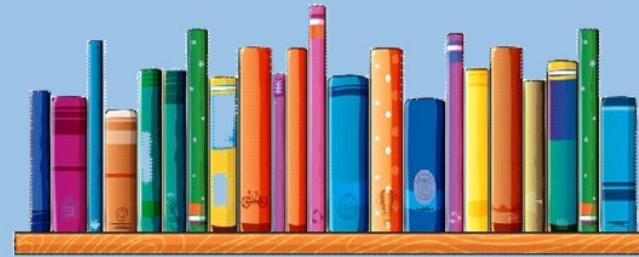


Ending
the
HIV
Epidemic

Ending the HIV Epidemic in Los Angeles County
By Utilizing the Right Data, Right Tools, and Right Leadership

BA BEING ALIVE!

LIBRARY



Come borrow a BOOK.
WITH NO TIME LIMITS

Open Mon & Wed
in the main lobby.
Or call to make an
appointment!

Geo at 323-874-4322



COURAGE2 CONNECT

Sex and Love Addicts Anonymous
Anorexia Step Study Meeting
Fridays at 6:30 PM - 7:45 PM at Being Alive
Wade, facilitator

Join us for a gentle, spiritually centered exploration of recovery from emotional and relational anorexia.

This weekly group integrates 12-step study, meditation, and spirituality using the Sex and Love Addicts Anonymous Anorexia Step Study Guides.

The meeting offers a space for quiet honesty, shared experience, and connection with others healing from patterns of avoidance, fear of intimacy, and self-protection.

All are welcome — newcomers and long-timers alike.

The Queen Bees!

Women's Support Group

**Tuesdays
6pm—7:30pm
On ZOOM**

**Email
Becky@beingalivela.org
for more information**



**Open to all who express or identify
“female” or “woman”**

Being Alive's Syringe Servicing Program Newly Expanded Hours



Harm Reduction Center
7976 Santa Monica Blvd.
West Hollywood, CA 90046

Tuesdays - Saturdays
12:00 p.m. - 5:00 p.m.

Sundays - Mondays
Closed

AHF Flagship Pharmacy
4905 Hollywood Blvd.
Los Angeles, CA 90028
Tuesdays & Fridays
11:00 a.m. - 4:00 p.m.

Minority AIDS Project
5149 W. Jefferson Blvd.
Los Angeles, CA 90016
Wednesdays
10:00 a.m. - 3:00 p.m.

APAIT
3055 Wilshire Blvd.
Los Angeles, CA 90010
Thursdays
11:00 a.m. - 4:00 p.m.

Four Locations to Serve You



BeingAliveLA



BeingAlive_LA



@BeingAlive1986



Cancellation & No Show Policy



(effective 4/1/22)

Due to the continually high number of NO SHOWS for acupuncture and chiropractic appointments, a fee of \$5 will be charged prior to scheduling your next appointment. This includes last minute cancellations (less than 48 hours).

NO SHOW FEE = \$5

LATE CANCELLATION FEE = \$5

3 NO SHOWS/LATE CANCELLATIONS MAY
RESULT IN LOSS OF FUTURE APPOINTMENTS.

(NO SHOWS FEE FOR SCULPTRA =\$100 AND
MOVED TO NEXT AVAILABLE APPOINTMENT
(1 YEAR WAIT)

Free does not mean valueless. When clients miss appointments, clinicians lose training hours. Being Alive loses numbers for grant reporting, and staff loses valuable time to find someone to fill the spot.

Friday Night Lite

A WEEKLY SUPPORT GROUP FOR PEOPLE LIVING WITH HIV

Every Friday Night ~ 7:00 - 9:00 PM

Shake off the weekday dust and get ready for the weekend in a fun, safe environment with other HIV+ people who can support each other in a compassionate and uplifting way.

Join facilitator Richard who will guide you through open, safe conversations to get your weekend kicked-off with encouragement.



**Email Richard for the Zoom link to join
richardfnlt@gmail.com**

Sponsored by Being Alive
Contact Becky@BeingAliveLA.org
or call 323.874.4322 for more info



ACUPUNCTURE

Get to the point and schedule your acupuncture appointment today!



WEDNESDAYS 10AM-2PM

with Acupuncturist Dr. Lana, DAOM, LAc
Interns Shellonda, Hunter, and Beth

By Appointment Only!

Call 323-874-4322 for an appointment.

Masking optional but encouraged.